



2nd Grade: Foundations

Growing and Understanding Ourselves

Chapter 1: Wayfinder Mindsets

In this chapter, we will get to know each other and practice our community agreements.

2.1. Intro + Agreements

In this module, we will play some games to begin to get to know each other and practice agreements that support a kind and caring classroom.

2.1.1. Intro: Evolving Together

How will we support each other as we learn and change?

CORE SKILL

Adaptability

2.1.2. Community Agreements

What are our class agreements?

CORE SKILL

Collaboration

Chapter 2: Wayfinder Skills

In this chapter, we will learn a set of skills to explore powerful feelings and important relationships.

2.2. Feelings + Follow-Through

Second grade is full of fun and exploration! In this module, we will explore feelings as superpowers and practice actions so we are all safe and cared for.

2.2.1. Feelings Are Powerful

How powerful are we when we feel?

CORE SKILL

Self-Awareness

2.2.2. Superpower Care

How do emotions connect to what we care about?

CORE SKILL

Purpose

2.2.3. Harness the Power CORE SKILL
What can we do with our feelings? Empathy

2.2.4. Feeling, Thinking, Doing CORE SKILL
How can our feelings and thoughts work together? Adaptability

2.3. Friends + Family

We all have important people in our lives. In this module, we will reflect on our friends and family and take action to deepen connections.

2.3.1. Superpower Family CORE SKILL
What makes the people in our families super? Self-Awareness

2.3.2. When You Were My Age CORE SKILL
What can we learn from our elders? Purpose

2.3.3. Friendship Challenge CORE SKILL
How can we be good friends to others in different groups? Empathy

2.3.4. Practicing Kindness CORE SKILL
How can we show other people that we care about them? Empathy

2.4. Growing + Adapting

Learning new things can be challenging. In this module, we will focus on patience for ourselves and others and practice persistence when learning new skills.

2.4.1. Make Space for Patience CORE SKILL
How can we be more patient with others? Adaptability

2.4.2. Patience With Yourself CORE SKILL
How can we be more patient with ourselves? Agency

2.4.3. Persistence CORE SKILL
What can we achieve when we don't give up? Agency

2.4.4. Patience With Others CORE SKILL
How can our patience help others? Empathy

2.5. Wonder + Exploration

The world is full of wonder! In this module, we will explore the world beyond ourselves through stories from across the globe and examining our own values, strengths, and interests.

2.5.1. Taking Risks CORE SKILL
Why should we take risks? Collaboration

2.5.2. The Power of Stories CORE SKILL
Why do we tell stories? Collaboration

2.5.3. Curiosity CORE SKILL
What happens when we explore with wonder and curiosity? Self-Awareness

2.5.4. Awesome! CORE SKILL
How does joy fuel our learning? Purpose

Chapter 3: Wayfinder Reflections

In this chapter, we'll reflect on the past year and celebrate our time together!

2.6. Closing Reflections

In this module, we will reflect on what we've learned the past year and celebrate and appreciate one another.

2.6.1. Personal Reflection: My Classroom Ecosystem CORE SKILL
How can we share what we've learned about caring for ourselves and others? Self-Awareness

2.6.2. Community Closing: Imaginary Amazing Race CORE SKILL
How can we celebrate all we have learned? Collaboration
