

SUPPLY CHECKLIST FOR STUDENTS WITH DIABETES

Students must have these items with them on arrival day

Student Carries in Backpack:

- BLOOD GLUCOSE TEST KIT (must stay with student at all times)
- BLOOD GLUCOSE TEST STRIPS (min. of 10 per day, must stay with student at all times)
- ZIP LOCK BAGGIE (to put in B.G test kit for used test strips)*
- GLUCAGON (must stay with the student at all times; a second kit can stay with shadow)
- GUCOSE TABS or GEL (some with student, some with shadow)
- SNACKS (fast-acting sugars as well as protein snacks)
- PUMP (if the student uses one)

Shadow Carries OR Stays in the Health Office:

- INSULIN (Rapid-acting and long-acting; bring as back-up even if the child uses a pump)
- NEEDLES OR PEN (bring enough tips and/or doses for 5 per day)
- PUMP SITE CHANGE SUPPLIES & EXTRA BATTERIES (if applicable)
- KETONE TEST STRIPS (bring enough for 3 per day)
- EXTRA SNACKS (fast-acting as well as proteins, juice if possible, no nut-based snacks)
- COPIES OF NECESSARY PAPERWORK (24 hour careplan, shadow designee agreement, etc.)

Please make sure the student has personally visualized that they have everything they need before departure!

There are sharps containers available in the Foothill Horizons Health Office.