



WHAT DO YOU DO NOW?

Get Connected! Make Good Habits.

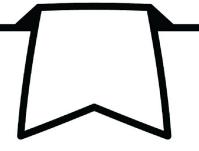
HOW DO YOU FEEL?

I AM EXCITED! Lots to learn!

@ Counselor Clique

BIG DIFFERENCES as you move into HIGH SCHOOL

- more independence
- more self-advocacy needed...
 speak up when you need help!
- more expected of you in school



- be yourself and be patient (making friends takes time!)
- introduce yourself to someone new with a smile
- ask someone a question about themself or ask about an interest of theirs
 - · be observant of social cues
- join a club, sports team, or extracurricular

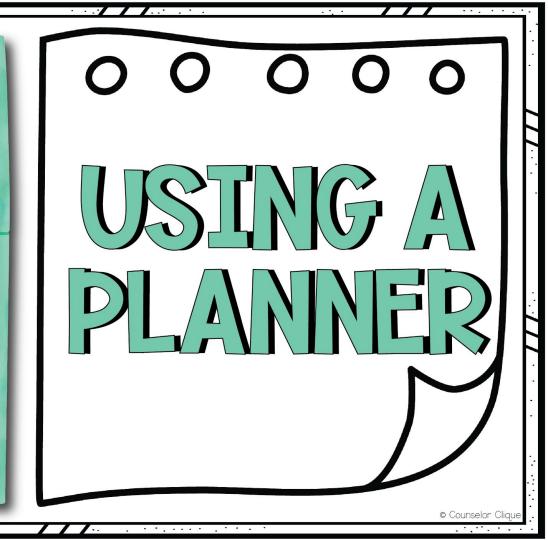
- pack your lunch and backpack the night before school
 - practice setting your alarm and waking up on your own
- use an agenda, planner, or calendar
- don't rely on others to manage your responsibilities for you

BONUSthis can go a long way in earning trust with your parents

PRACTICE TIME — MANAGEMENT

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- record homework, projects, quizzes, and tests
- plan out when you're going to study a few days before the test
- keep track of your work schedule
- keep track of your practices, games, and meetings



Get Involved!





bit.ly/rhs27tg

ASKING FOR HELPS

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Who Can Help Me If?

connected to

high school.

programs?

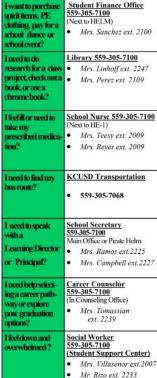
tutoring, sports,

I need to clear my attendance?	Attendance Secretaries 559-305-7100 Located in Admin Bldg. Miss Carrillo ext. 2250 Ms. Cabrera ext. 2244	A A
I need to talk about my schedule?	Counseling 559-305-7100 Sec. Mrs. Ramirez ext. 2234 Sec. Mrs. Reyes ext. 2240 Sto. Tadade Mr. Perez 10th Grade Mrs. Locra 11th Grade Mr. Campos 12th Grade Mrs. Lundeberg	
I want information about a sport?	Athletics Director 559-305-7100 Located in Science Bldg • Sec. Mrs. Davis ext. 2134 • Mr. Minami ext. 2134	
I want to know who a club advisor is or how to join a club?	Activities Director 559-305-7100 Room HE-2 • Mr. Stepp ext. 2425	
I need to talk to somebody about bullying, vandalism, or illegal activity?	Ms. Lopez	
I need help getting	Student Transition Program Mr. Hiett # 305-7019	

Mr. Saenz # 305-7018

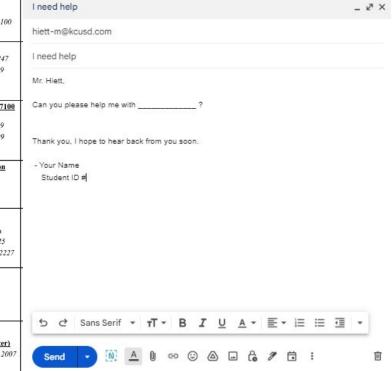
Ms. Resendiz # 305-7017

Mrs. Rodriguez # 305-7023



Mrs. Rodriguez

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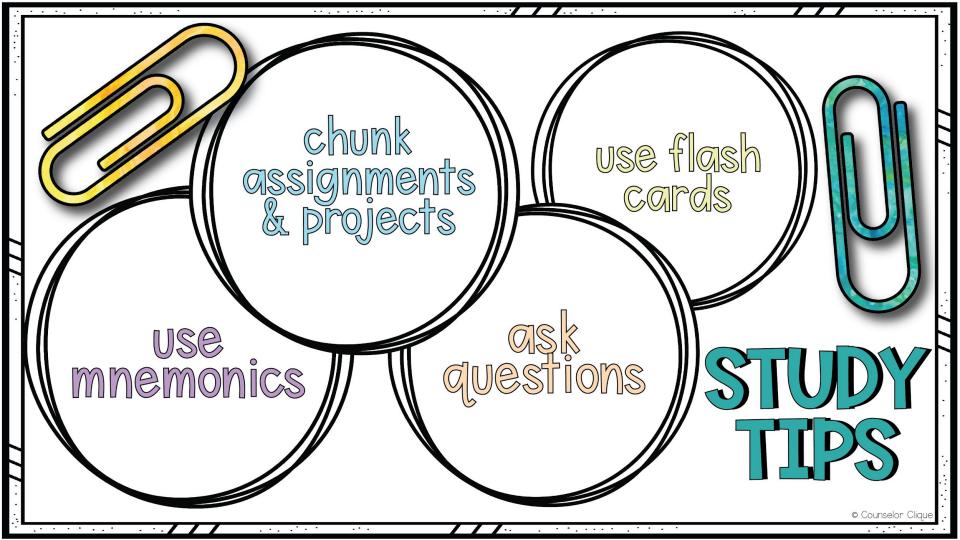


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NAGE YOURST

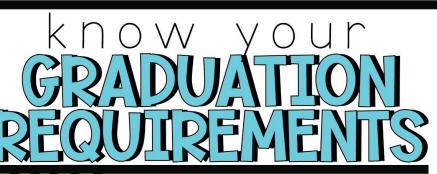
- practice mindfulness by being aware of your stress levels
 - get enough sleep (at least 8 hours per night!)
 - exercise or do something active

 - learn how you study best
 talk to your school counselor



GRADUATION REQUIREMENTS

- credits needed for graduation
 - · importance of good grades
- start thinking about future plans



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B English 4 Years Required







3 Years Recommended F Visual and Performing Arts 1 Year Required

G College Prep

Elected 1 Year Required

















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Reedley High School - Course Progression A-G & Graduation Requirements

	9th Grade	10th Grade	11th Grade	12th Grade
(A) History (2 years)	Geography (1 Sem) AP Human Geography	World History P World History AP	U.S. History U.S. History AP	Government & Politics AP US Government P Ag Government P
(B) English (4 years)	English 1P/(1E)	English 2P/(2E)	English 3P/(3E)	American Literature (AP) English Language (AP) Expository Reading &- Writing Course P
(C) Math (3 years)	Math 1P/(1E)	Math 2P/(2E)	Math 3P/(3E)	Pre Calculus P Calculus AP Statistics
(D) Science (2 years)	Biology P Ag Biology P	Chemistry P/(H)	Physics P Physics AP Physiology P (Human Anatomy) Biology AP	Physics P Physics AP Physiology P (Human Anatomy) Biology AP
(E) Foreign Language (2 years)	Spanish 1 P French 1 P German 1 P Spanish 1 Native- Speaker P	Spanish 2P French 2P German 2P Spanish 2 Native- Speaker P	Spanish 3P (H) French 3P (H) German 3P (H)	French Language AP German Language AP Spanish Language AP Spanish Lit. AP
(F) Visual & Performing Arts (1 year)	Art Digital Art Photography Pottery Choir Drawing & Painting Band Video Production	Art Digital Art Photography Pottery Choir Drawing & Painting Band Video Production	Art Digital Art Photography Pottery Choir Drawing & Painting Band Video Production	Art Digital Art Photography Pottery Choir Drawing & Painting Band Video Production
(G) College Prep Elect (1yr)	AVID	AVID Choice of 1 more class from a-f	AVID Choice of 1 more class from a-f	AVID Choice of 1 more class from a-f
Other Graduation Requirements	PE	PE	*3rd year PE	

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- brush your teeth at least
 2 times per day
- shower at least once per day
 - wash your face in the morning and at night
 - wash your hands with soap frequently
 - wear deodorant
 - wash your clothes regularly

ACTICE

OTHER THINGS TO KNOW

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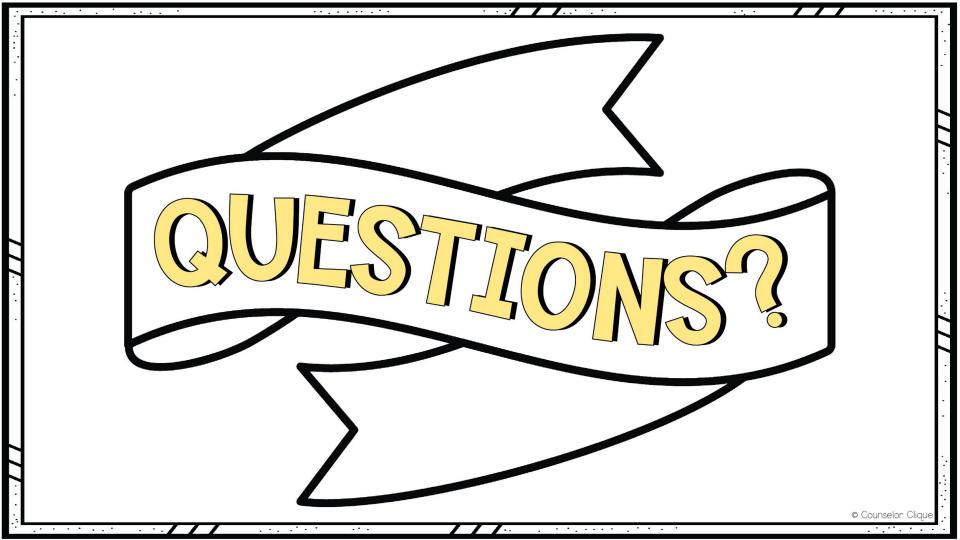
Fall Sports
Boys X-Country
Girls X– Country
Boys Waterpolo
Girls Waterpolo
Girls Volleyball
Girls Tennis
Girls Golf
Football
Cheer

WINTER			
Winter Sports			
Boys Soccer			
Girls Soccer			
Boys Basketball			
Girls Basketball			
Wrestling			



SPRING			
Spring Sports			
Boys Track			
Girls Track			
Boys Swim / Dive			
Girls Swim / Dive			
Boys Volleyball			
Boys Tennis			
Boys Golf			
Badminton			
Baseball			
Softball			

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Reedley High School

BELL SCHEDULE

2022 - 2023

MON

Period 1 (8:00 - 8:55) Period 2 (9:00 - 9:50)

Break (9:50 - 10:01)

Period 3 (10:06 - 10:56)

Period 4 (11:01 - 11:51)

Period 5 (11:56 - 12:46)

Lunch (12:46 - 1:21)

<u>Period 6 (1:26 - 2:16)</u>

Period 7 (2:21 - 3:11)

TUES

Period 1 (8:00 - 8:55)

<u>Period 2 (9:00 - 9:50)</u> Break (9:50 - 10:01)

Period 3 (10:06 - 10:56)

<u>Period 4 (11:01 - 11:51)</u>

Period 5 (11:56 - 12:46)

<u>Lunch (12:46 - 1:21)</u>

<u>Period 6 (1:26 - 2:16)</u>

<u>Period 7 (2:21 - 3:11)</u>

WED

Period 1 (8:00 - 8:44)

Period 2 (8:49 - 9:29)

Break (9:29 - 9:40)

<u>Period 3 (9:45 - 10:25)</u>

<u>Period 4 (10:30 - 11:10)</u> Period 5 (11:15- 11:55)

Lunch (11:55 - 12:31)

Period 6 (12:36 - 1:16)

<u>Period 7 (1:21 - 2:01)</u>

THURS

Period 1 (8:00 - 8:55)

Period 2 (9:00 - 9:50)

Break (9:50 - 10:01)

Period 3 (10:06 - 10:56)

<u>Period 4 (11:01 - 11:51)</u> Period 5 (11:56 - 12:46)

Lunch (12:46 - 1:21)

Period 6 (1:26 - 2:16)

Period 7 (2:21 - 3:11)

FRI

Period 1 (8:00 - 8:55)

Period 2 (9:00 - 9:50)

Break (9:50 - 10:01)

Period 3 (10:06 - 10:56)

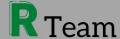
Period 4 (11:01 - 11:51)

Period 5 (11:56 - 12:46)

Lunch (12:46 - 1:21)

Period 6 (1:26 - 2:16)

Period 7 (2:21 - 3:11)







other things to know about our school

Student Transition Program Team

- Ms. Resendiz
- Mrs. Rodriguez
- Mr. Hiett

*Student Transition Center B-3

*We have fun events planned for YOU!

ASKING FOR HELPS

teachers school counselors administrators nurse

who else could help & how?

Counselor Clique