

- 2023 -

SEPTEMBER

FRIDAY

TELL CITY JR-SR HIGH SCHOOL

September Breakfast Menu

Meal includes choice of milk.

Menus are subject to change due to availability or weather.

This is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

CEREAL
TOAST
BANANA/
PEARS
JUICE/MILK

4

NO SCHOOL
LABOR DAY

5

BREAKFAST
TORNADO
APPLESAUCE/
STRAWBERRY
JUICE/MILK

6

CHOCOLATE DONUT
PEACHES/
ORANGE
JUICE/MILK

7

BACON BISCUIT
FRUIT COCKTAIL/
APPLE SLICES
JUICE/MILK

8

POP TART
PEARS/
BANANA
JUICE/MILK

11

BREAKFAST
BURRITO
PEARS/
CANTALOUPE
JUICE/MILK

12

CINNAMON
DANISH
APPLESAUCE/
STRAWBERRIES
JUICE/MILK

13

CHEESE OMELET
BACON & TOAST
PEACHES/
ORANGE
JUICE/MILK

14

DONUT HOLES
FRUIT COCKTAIL/
APPLE
JUICE/MILK

15

POP TART
PEARS/
BANANA
JUICE/MILK

18

BELGIAN WAFFLE
PEARS/HONEYDEW
JUICE/MILK

19

BREAKFAST PIZZA
APPLESAUCE/
STRAWBERRIES
JUICE/MILK

20

POWDERED DONUTS
PEACHES/
ORANGE
JUICE/MILK

21

HAM & CHEESE
BISCUIT
FRUIT COCKTAIL/
APPLE
JUICE/MILK

22

BISCUIT & GRAVY
HASH BROWN
PEARS/ORANGE
JUICE/MILK

25

OATMEAL
TOAST
BLUEBERRIES/
APPLE SLICES
JUICE/MILK

26

BANANA MUFFIN
APPLESAUCE/
APPLE SLICES
JUICE/MILK

27

PANCAKE ON A
STICK
PEACHES/
ORANGE
JUICE/MILK

28

PULL A PART DONUT
FRUIT COCKTAIL/
APPLE
JUICE/MILK

29

CROISSANT W/
EGG, BACON, CHEESE
PEARS/
ORANGE
JUICE/MILK