

MENUS FOR SEPTEMBER 2023



ELANCO SECONDARY

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

BREAKFAST ENTRÉE CHOICES:
ASSORTED CEREALS, POP TARTS,
DONUTS & MUFFINS
ASSORTED FRUIT, JUICE AND MILK

MONDAYS: CINNI MINIS OR BAGELFULS

TUESDAYS: BACON EGG AND CHEESE
CROISSANT

WEDNESDAYS: CHOCOLATE CHIP WAFFLE
WITH SAUSAGE

THURSDAYS: BACON EGG AND CHEESE BAGEL

FRIDAYS: SAUSAGE EGG AND CHEESE
CROISSANT

LUNCH ITEMS SERVED DAILY
UNCRUSTABLE SANDWICH
SPECIALTY SALADS
VARIETY OF FRUIT, VEGGIES AND MILK

Featured Specials of the Day

Friday, September 1
NO SCHOOL TODAY

Monday, September 4

★ **LABOR DAY** ★

Tuesday, September 5

1. WALKING TACO WITH DORITOS
2. SPARTAN FILLET SANDWICH

Wednesday, September 6

1. POPCORN CHICKEN BOWL
2. CHCKEN ALFREDO

Thursday, September 7

1. FRENCH TOAST STICKS WITH SAUSAGE
2. CEREAL MEAL

Friday, September 8

1. CHEESE PIZZA
2. NACHOS WITH BEEF OR CHICKEN
AND CHEESE.



Featured Specials of the Day

Monday, September 11

1. CHICKEN QUESADILLA
2. CHEESEBURGER

Tuesday, September 12

1. TACO BOWL WITH TOSTITOS
2. SPARTAN FILLET SANDWICH

Wednesday, September 13

1. PASTA BAR
2. MEATBALL SANDWICH

Thursday, September 14

1. CHEESE PIZZA
2. CHICKEN TENDERS

Friday, September 15

1. GRILLED CHEESE SANDWICH
2. HOT HAM AND CHEESE ON A PRETZEL ROLL



Featured Specials of the Day

Monday, September 18

- 1.ASIAN BAR
- 2.CHEESEBURGER

Tuesday, September 19

- 1.LASAGNA ROLL-UP
- 2.SPARTAN FILLET SANDWICH

Wednesday, September 20

- 1.SUBWAY SANDWICH \$3.50
- 2.PORK BBQ WITH MAC & CHEESE

Thursday, September 21

- 1.OVEN BAKED CHICKEN
- 2.BOSCO STICKS WITH MEATBALLS

Friday, September 22

- 1.SHRIMP POPPERS WITH CORNBREAD AND CHEESE STICK
- 2.CHEESE PIZZA

HEADS UP.

A concussion can occur when you take a hit to the head or when you run into something or someone and stop suddenly. Kids are more vulnerable than adults, and if you get one concussion, you're more prone to get another. Rest – and avoiding another hit – are the keys to recovery.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

MAY CONTAIN PORCUPINE.

The fisher is a cat-sized weasel that lives in wooded areas in New England and elsewhere in the U.S.

Along with the mighty mountain lion, the little fisher is the only predator that regularly preys on porcupines. When the porcupine shows the fisher the deadly quills on its rear, the fisher jumps completely over it to get face-to-face again, and repeats this tactic until the porcupine grows confused and tired and weakens.



Please See The Other Side
For Items Available Daily

Featured Specials of the Day

Monday, September 25

- 1.MAXX STICK WITH MARINARA
- 2.CHEESEBURGER

Tuesday, September 26

NATIONAL DUMPLING DAY

- 1.PORK DUMPLINGS WITH RICE
- 2.SPARTAN FILLET SANDWICH

Wednesday, September 27

- 1.POPCORN CHICKEN BOWL
- 2.CHICKEN ALFREDO

Thursday, September 28

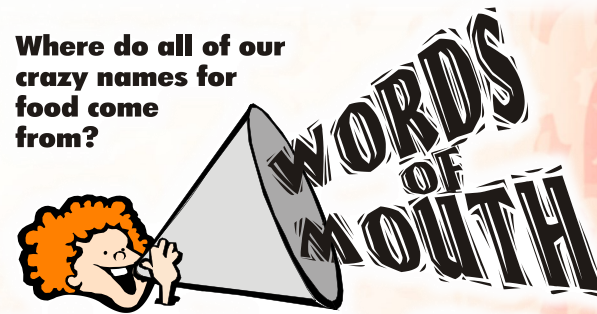
- 1.FRENCH TOAST STICKS WITH SAUSAGE
- 2.CEREAL MEAL

Friday, September 29

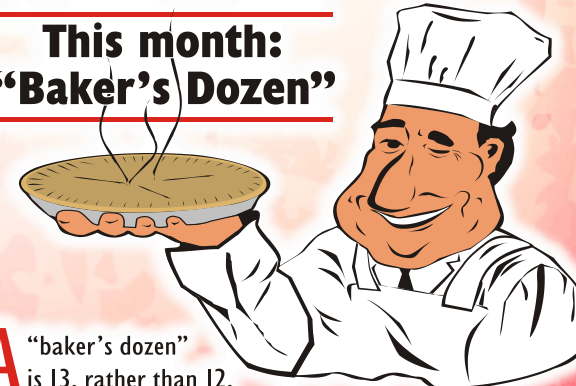
- 1.CHEESE PIZZA
- 2.NACHOS WITH BEEF OR CHICKEN AND CHEESE

ANIMAL APPETITES

Where do all of our crazy names for food come from?



This month:
"Baker's Dozen"



A "baker's dozen" is 13, rather than 12.

The term comes from way back in the 13th century, when bakers in England could be punished severely for not giving their customers as much bread, by weight, as they had paid for. To avoid the punishment, bakers would include an extra piece in each dozen, just to be sure!