

Community Day Charter School

<p>Breakfast Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p>Lunch Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 28	August 29	August 30	August 31	September 1
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Mix Vegetables, Peaches, Milk</p>	<p>Breakfast: Banana Bread, Orange, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Sweet Potato Fries, Mandarin Oranges, Milk</p>	<p>Breakfast: Breakfast Buns, Apple Slices, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
September 4	September 5	September 6	September 7	September 8
HOLIDAY	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Mandarin Oranges, Milk</p>	<p>Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
September 11	September 12	September 13	September 14	September 15
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk</p>	<p>Breakfast: Pancakes, 100% Fruit Juice, Milk Lunch: American Chop Suey, Broccoli, Pears, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk</p>	<p>Breakfast: Banana Bread, Apple Slices, Milk Lunch: Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
September 18	September 19	September 20	September 21	September 22
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk</p>	<p>Breakfast: Breakfast Buns, Apple Slices, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Pears, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Mandarin Oranges, Milk</p> <p style="text-align: center;">HALF DAY Lunch Will Be Served</p>	<p>Breakfast: Pancakes, Apple Slices, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Fresh Pear, Milk</p>
September 25	September 26	September 27	September 28	September 29
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk</p>	<p>Breakfast: Banana Bread, Orange, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Sweet Potato Fries, Mandarin Oranges, Milk</p>	<p>Breakfast: Breakfast Buns, Apple Slices, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider