



822 E MASON BENSON RD GRAPEVIEW, WA 98546  
(360) 426-4921 • WWW.GSD54.ORG

## Athletics Permission Slip

*\*Please note: the Athletics Permission Slip is required for every season. If your student plans on participating in more than one sport, **one permission slip will be accepted.** Permission slips are required to be returned to the school office prior to the start of the season. **\*Athletic packets only need to be completed once per year.***

Sport (check all that apply):

- Volleyball
- Flag football (co-ed)
- Girls' basketball
- Boys' basketball
- Track and field (co-ed)

**Parent: Please complete and return this form to the school office**

I, \_\_\_\_\_, give permission for my child \_\_\_\_\_ to  
(parent/guardian name) (student name)

participate in \_\_\_\_\_ at Grapeview School during the \_\_\_\_\_  
(sport)

school year.

If my child is participating in a sports or athletic activity my signature indicates that I understand that each participating student must have a current sports physical from a licensed physician on file in the school office **before the first practice of the first sport played each school year.**

If your child has participated in athletics at Grapeview School before, and you have questions as to whether your child's physical is current, please contact the Athletic Director, Mrs. Breeze, via email at [cbreeze@gsd54.org](mailto:cbreeze@gsd54.org).

My signature below also indicates my child has arranged transportation home from practices and games. Grapeview School does not provide activity busing home from practices nor games. Transportation *to and from* away games to Grapeview School is provided.

\_\_\_\_\_  
(parent signature)

\_\_\_\_\_  
Date

\_\_\_\_\_  
(parent name)

## Administration only:

Date received by the office: \_\_\_\_\_

### Athletic Participation Standards of Grapeview School

Participation in interscholastic sports is an extension of the academic curriculum and is designed for players to learn and apply the skills of a specific sport while enjoying healthy competition. The following standards are in place to promote these goals. All students who participate in the athletic program of Grapeview School District will comply with the rules and regulations and will submit to the reasonable discipline of school authorities. Any student having registered and/or participated in the athletic program is subject to the athletic code for athletes from the first participation until graduation from middle school. In other words, the student is giving their word and agreeing to abide by this code from the moment they complete the registration forms for their first sport or activity, until they graduate from middle school. The Activities Code represents minimum standards. Individual head coaches may require additional written standards that are unique to a particular sport or activity.

### Academic Standards:

1. Please see the revised academic and behavioral tracking process below. To prepare our students for the transition to high school, we have adapted our academic and behavioral tracking process from North Mason School District.
2. Absences:
  - a. Coaches must be informed of an absence from practice for any reason, in advance or absence will be unexcused.
  - b. An excused absence from school is also an excused absence from practice.
  - c. Players must be at practice the day before a game/meet to be eligible.
  - d. We support our student athletes playing multiple sports. The student athlete will work with the coaches to ensure they meet the required practices to compete in games.
3. Players are expected to follow school and bus rules. Failure to follow school and bus rules may result in the player being suspended from participating in practice and/or removal from the team.
4. Players are required to complete any homework assigned during their absence, even though players will be released early from school to travel to games.
5. Cell phones or other electronic devices (Airpods, ect.) are not permitted during practice nor games, except to inform family members of return times/pickup times with permission from coaches. Cell phones on buses: Players are allowed to bring a cell phone, but it must remain in their backpack/bag and not used until the bus driver gives the "okay" that it is an appropriate time to call or text home. This will occur when we are 15-20 minutes from Grapeview. That is the only time the phones are allowed, if they are used any other time they will be taken away.

**Academic and Behavioral Tracking Process (updated August 2023):** All student athletes will have their classroom participation checked on the first Wednesday after the activity sign up closing date and each subsequent week during the activity/sports season. Classroom participation scores are evaluated using missing assignments and classroom behavior. Classroom participation scores **do not** mean "grades." Classroom participation score is defined as an "effort" score.

**Classroom participation placement on a “Warning List”:** For any classroom participation score below “3”, students will initiate a meeting with each teacher (at an agreed time) to make sure they know what needs to improve to ensure they know how to receive a classroom participation score of 3 or better in all courses to keep from progressing to other levels of sports/activity warning or ineligibility.

**Exceptional Misconduct Placement on a “Warning List”:**

Students initiate a meeting with the Principal to understand how to avoid receiving office referrals. This meeting can be documented by the Principal. Note: This is a progressive system designed to re-teach expectations and hold students accountable to school success behavior in and out of the classroom.

Coaches will require students to meet with teachers to understand what is causing the student to receive classroom participation scores below 3 or “Exceptional Misconduct” office referrals (meet with Principal). A student will stay at one of these levels for the entire sports season if they comply with classroom participation score requirements at weekly checks and refrain from any “Exceptional Misconduct” office referrals.

**1. Athletic Code Progression:**

a. **IN GOOD STANDING (GREEN):** At the beginning of the season, students who demonstrate a classroom participation score of 3 or higher and no “Exceptional Misconduct” office referrals will be considered in good standing (green). Students can stay at this level throughout the duration of the activity or sports season by maintaining classroom participation scores of 3 or better in all classes and receiving no Exceptional Misconduct office referrals resulting in suspension (including inhouse) for the duration of the activity or sports season.

b. **FIRST WARNING LIST (YELLOW):** Student’s classroom participation score for any course is *below* a 3 during the weekly check or receive an “Exceptional Misconduct” office referral, for the first time, they will be on a warning list (yellow). On “First Warning List,” a student can practice and participate in contests or performances with the team.

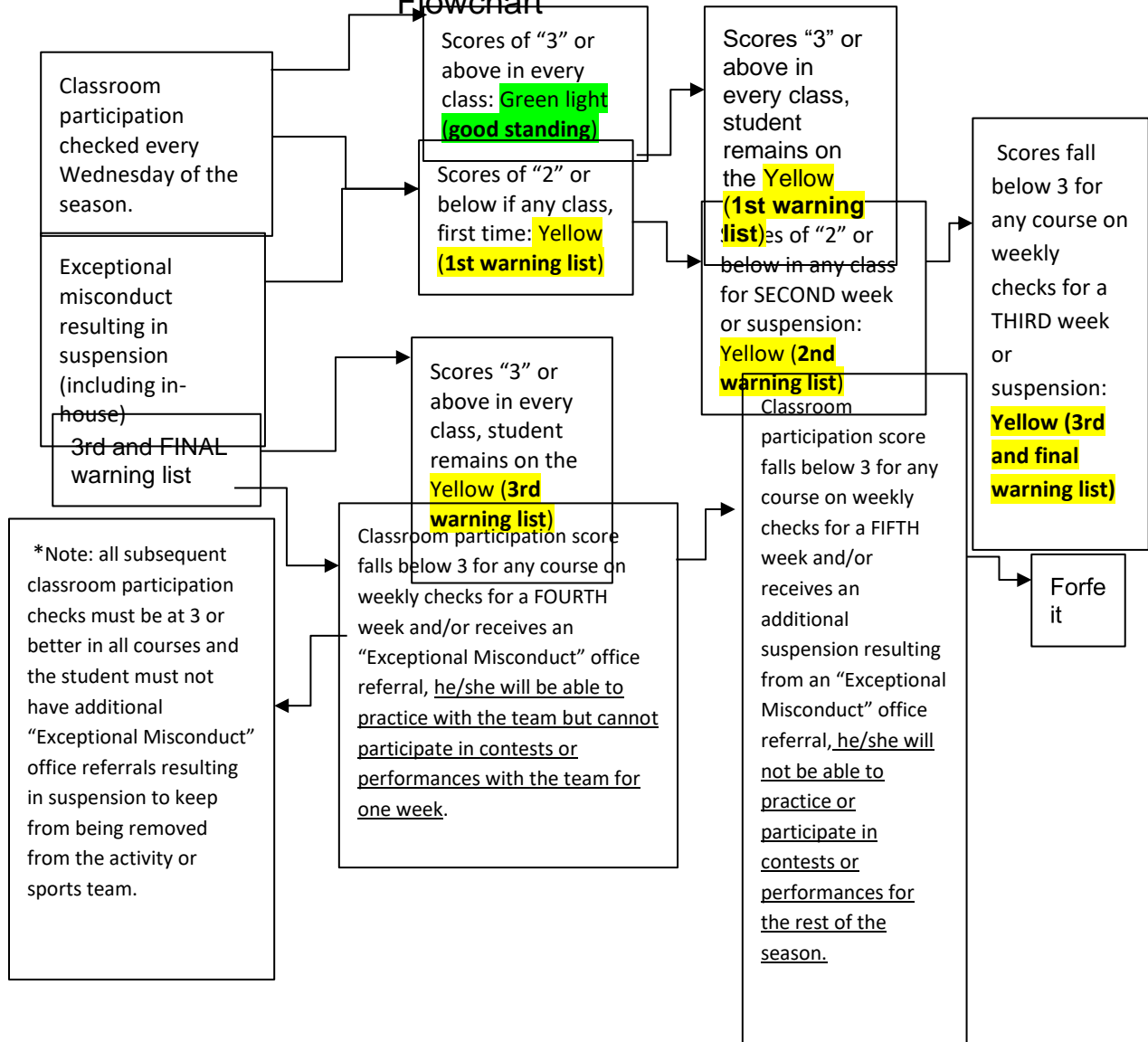
c. **SECOND WARNING LIST (YELLOW):** Student classroom participation score falls below 3 for any course on weekly checks for a SECOND week and/or receives a second suspension (including in-house), they will be able to practice and can participate in contests or performances. The Coach, Athletic Director, and/or Principal will hold participants accountable and reteach skills as needed to ensure the student stays at this level for the duration of the season.

d. **THIRD & FINAL WARNING LIST (YELLOW):** Student classroom participation score falls below 3 for any course on weekly checks for a THIRD week and/or receives an “Exceptional Misconduct” office referral, they will be able to practice with the team and can participate in contests or performances with the team. The Coach or Athletic Director will apply appropriate consequences in order to ensure the student stays at this level. Student must be warned that any additional infractions will result in losing participation in a performance or competition.

e. **INELIGIBLE:** Student classroom participation score falls below 3 for any course on weekly checks for a FOURTH week and/or receives an “Exceptional Misconduct” office referral, they will be able to practice with the team but cannot participate in contests or performances with the team for one week. If all classroom participation scores are at a 3 or better at the end of this week and the student has no additional “Exceptional Misconduct” office referrals, they will be able to practice and participate in performances. Note: all subsequent classroom participation checks must be at 3 or better in all courses and the student must not have additional “Exceptional Misconduct” office referrals to keep from being removed from the activity or sports team.

f. **FORFEIT:** Student Classroom participation score falls below 3 for any course on weekly checks for a FIFTH week and/or receives an “Exceptional Misconduct” office referral, they will not be able to practice or participate in contests or performances for the rest of the season.

# Athletic Participation Flowchart



**Athletic Standards:**

1. Players must have all the necessary physical exams, liability waivers, concussion documents, permission slip, and other related documents completed and returned to the main office prior to their participation in practices and games.
2. Players will adhere to the principles of good sportsmanship both at practices and interscholastic competitions. Players are representatives of Grapeview School and will conduct themselves in a manner that will not bring discredit upon themselves, their team, and/or their school. Unsportsmanlike conduct in either a practice or a game may result in the loss of opportunity to play in the following contest.
3. Players must dress down for practice in proper athletic attire. Players who forget their required equipment at a game will not be allowed to play. Proper athletic attire is also required to practice.
4. Coaching staff determines playing time and JV/Varsity status. Play time is earned through grades, skill, attendance, and attitude/behavior, not by the grade the student is in. Not all players who turn out for sports will be given equal playing time.

I have read the above standards and agree to comply with them to participate in sports at Grapeview School.

Student signature \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Grapeview School District**  
**Sports Liability Waiver**

Dear Parent/Guardian:

Grapeview School District #54 recognizes that certain risks are associated with participation in interscholastic sports. It must be understood that a student may sustain a head, neck, or spinal injury as a result of his/her participation that could cause permanent or crippling injury.

While the District will strive to prevent injuries and accidents to students, each parent/guardian will be required to sign an "Assumption of Risk" statement which indicates that the parent assumes all risks for injuries resulting from such participation. In addition, each participant shall be required to furnish evidence of physical fitness prior to becoming a member of an interscholastic team.

Hannah Nelsen

Principal

We, \_\_\_\_\_, as  
parents/legal guardians of \_\_\_\_\_  
\_\_\_\_\_ hereby assume all  
risks which may arise from any injuries that may result from our child's participation in the  
sports offered at Grapeview School.

We have insurance coverage for our child? \_\_\_\_\_ Yes \_\_\_\_\_ No

Name of Insurance company \_\_\_\_\_

Our child has completed a physical exam which allows him/her to participate in sports. The  
physical was conducted on \_\_\_\_\_ (date) by \_\_\_\_\_.

Signature of Parent \_\_\_\_\_ Date \_\_\_\_\_

## Medical Emergency Authorization Form

*To be completed by parent and returned to school office/athletics department*

NAME of student athlete: \_\_\_\_\_

In the event of an emergency, and a parent/legal guardian is not available, permission is granted for necessary medical care for my child. I understand that the school district will make every reasonable effort to provide a safe environment. I am also aware of the potential dangers and risks inherent in participating in the activity. Every effort will be made to contact a parent or guardian to explain the nature of the problem prior to any involved treatment.

Signature of parent \_\_\_\_\_ date \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Secondary Phone Contact Number \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Relationship to athlete \_\_\_\_\_

Emergency contact person phone numbers Primary# \_\_\_\_\_ Secondary# \_\_\_\_\_

Family Physician Name: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Hospital if necessary \_\_\_\_\_



# Grapeview School District

## Concussion Information Form

### **What can happen if my child keeps on playing with a concussion or returns to soon?**

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries and concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a student-athlete's safety.

### **If you think your child has suffered a concussion**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. **No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear without prior medical clearance.** Close observation of the athlete should continue for several hours. The new "Zachery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well established return to play concussion guidelines that have been recommended for years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from the competition at that time"

And

"...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider"

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out!

For current and up-to-date information on concussions:

<http://www.cdc.gov/ConcussionInYouthSports>

\_\_\_\_\_  
Student-Athlete Name Printed

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian Printed

\_\_\_\_\_  
Parent of Legal Guardian Signature

\_\_\_\_\_  
Date

Adapted from the CDC and 3<sup>rd</sup> International Conference on Concussion in Sport  
Document created 06/15/2009 Rev 09/2016

**Grapeview School Uniform Agreement**

The uniform you are issued is the property of Grapeview School and its Athletics Department. Each student-athlete issued a uniform is responsible for properly handling and caring for it throughout the duration of that sport’s season. All student-athletes must abide by the following terms and conditions while borrowing a Grapeview uniform:

1. You are responsible for any stains, tears, or other damages to the uniform while in your care.
2. You are to keep the uniform clean and in its issued condition. Follow the washing instructions.
3. Uniforms are to be worn for designated activities/events only. Do not wear your uniform unless a coach has given you permission to do so.
4. Do NOT alter any part of your uniform.
5. Remove all knots from drawstrings before returning.
6. Any damages and/or unapproved alterations of a uniform or any uniform that is not returned by the due date will be subject to a replacement fee of up to \$100.

Uniforms will not be distributed to a student-athlete until this form has been signed by both the student-athlete and the parent.

I have read and understand the above terms and conditions for borrowing a Grapeview uniform, and I agree to abide by this Uniform Agreement. I understand that if I violate these terms, I am financially responsible for any damages or loss caused.

Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_