

## Your Child as a Leader

Help your children prepare for a wide variety of roles on their teams. They will not all be all-stars all of the time.

Sometimes they will lead physically, perhaps pushing teammates through those last grueling drills. Other times they will lead vocally, starting chants or filling their teammates' Emotional Tanks. And still other times they may lead by simply serving quietly, deferring in circumstances when certain teammates are better equipped to deliver the type of leadership the team needs.

The more prepared your children are to lead in these different ways, the more likely they will lead in sports and beyond.