

Playing Multiple Sports

Competing in a variety of sports can help you develop different senses of leadership. For example, in a sport where you are less skilled than your teammates, you may become more of a vocal, emotional leader, while in your stronger sport, you might be able to lead more by physical example.

In sports and beyond, both forms of leadership are valuable, and you will find yourself in situations that call for one or the other...and sometimes the need to smoothly transition back and forth in the same day