



Centers for Disease Control and Prevention
Your Online Source for Credible Health Information

Designed for parents and coaches, the [HEADS UP Concussion and Helmet Safety app](#) provides instant access to concussion safety info—when and where you need it—so you can:

- Spot a possible concussion.
- Respond if you think an athlete has a concussion or other serious brain injury.
- Help an athlete return to school and play safely.

Featuring

A new 3D helmet fit feature that teaches about proper helmet fit, safety and care.

Download for FREE Today!



(Coming soon to the Google Play store!)

Help Spread the Word

Facebook

- New CDC app puts concussion safety info in the palm of your hand. Download it today for instant access to the information you need to help spot and respond to a concussion: <http://go.usa.gov/3weAJ>
- Introducing the newest CDC HEADS UP resource: a free, interactive app that provides concussion safety info when and where you need it. Download yours today! <http://go.usa.gov/3wesQ>

Twitter

- New #CDCHEADSUP app offers 24/7 access to concussion safety info, when & where you need it: <http://go.usa.gov/3wesw>
- Announcing the new #CDCHEADSUP app. Latest info on concussion safety available @ your fingertips: <http://go.usa.gov/3wese>
- The new #CDCHEADSUP app = instant access to the latest info on concussion safety. Download for free today! <http://go.usa.gov/3weHj>



Connect with the CDC Injury Center