



# September 2023

# **Jericho Elementary School Lunch Menu**

#### Daily Lunch Offerings

- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Turkey, Ham or Tuna Sandwich
- Sunbutter & Jelly Sandwich
- **Grilled Cheese**
- Bagel w/String Cheese & Yogurt
- Chef Salad served with a WG dinner roll(s).

Student Lunch \$3.15 **Adult \$5.50** 

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

# **Powering** potential.

MON	TUES

## **WED**

## **THURS**

### FRI

#### August 30th

Chicken Bites with WG Dinner Roll Smiler Fries Strawberries

#### August 31st Homemade Mac &

Cheese with WG Dinner Roll Tomato Wedges Watermelon

Homemade Cheese or Pepperoni Pizza Romaine Caesar Salad Apple Slices

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**Grilled Cheese** Sandwich Roasted Broccoli **Cucumber Coins** Apple Slices

#### **Brunch For Lunch** WG Dutch Waffle Chicken Sausage **Patties Baby Carrots**

Watermelon

Meatball(B) Hero with melted mozzarella Roasted Zucchini Garbanzo Bean Salad Orange Wedges

Homemade Cheese or Pepperoni Pizza Spinach Salad Anjou Pear

#### Crispy Chicken Patty on WG Bun Vegetarian Beans Sweet Red Pepper Strips

General Tso's 12 Chicken (popcorn chicken with sauce) Fluffy Brown Rice

Steamed Broccoli Peach Cup

#### **Brunch For Lunch** WG Cinnamon French

Toast Sticks **Baked Tater Tots Cucumber Coins** Apple Slices

#### Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) with WG Dinner Roll Celery Sticks Mandarin Oranges

Homemade Cheese or Pepperoni Pizza Romaine Caesar Salad Anjou Pear

# National Cheeseburger

Canteloupe

Cheeseburger or Veggie Burger Crinkle Cut Fries Apple Slices

#### Chicken Nachos (tostitos w/ seasoned diced chicken, cheese & salsa)

Black Beans Orange Wedges

### Brunch For Lunch

WG Pancakes w/syrup Chicken Sausage **Patties** Tomato Wedges Watermelon

#### 21 Homemade Mac & Cheese with WG Dinner Roll **Cucumber Coins** Applesauce Cup

22 Homemade Cheese or Pepperoni Pizza Spinach Salad Anjou Pear

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Cheese Quesadilla served with salsa and sour cream Seasoned Corn

Apple Slices

### **Brunch For Lunch**

WG Dutch Waffle with cheese sticks Sweet Potato Fries **Cucumber Coins** Strawberries

Chicken Bites with WG Dinner Roll

Steamed Green Beans Honeydew Melon

29 Homemade Cheese or Pepperoni Pizza Romaine Caesar Salad Orange Wedges

### Menus are subject to change.



#### Available Daily:

Assorted Fruits/Vegetables Apples, Oranges, Pears, Baby Carrots and Celery Sticks, Assorted Drinks:100% Apple Juice,100% Tropical Punch, 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk Items with a (P) contain pork. Items with a (B) contain beef Items with a (V) are vegetarian WG denotes Whole Grain rich products



This institution is an equal opportunity provider