

SOCCKER RULES

SOCCKER POSITIONS

1. There are 11 players on the field during the game.
2. There are 3 lines of players and responsibilities:
 - a. **FORWARDS/STRIKERS** – to score goals
 - b. **HALFBACKS/MIDFIELDERS** – play both offense & defense
 - c. **FULLBACKS/DEFENDERS** – play defense
 - d. **SWEEPER** – position not used all the time that plays behind the fullbacks.

RULES OF THE GAME

1. A coin toss decides which team wins the decision of which goal to attack first.
The team that did not win the coin toss receives the kick off.
2. The **KICKOFF**:
 - a. Starts the game.
 - b. Is after a goal has been scored
 - c. Starts the second half
 - d. Starts Overtime
3. **KICKOFF PROCEDURE**:
 - a. All players must be in their half of the field.
 - b. The ball is in the center of the circle
 - c. Ball must move forward the circumference of the ball
 - d. The kicker cannot touch the ball again until another player touches it.
4. **DIRECT FREE KICK** – A kick taken from where the penalty occurred and a player can score directly off the kick.
Direct free kicks are taken when:
 - a. Kicking or attempting to kick another player
 - b. Trips or attempts to trip a player
 - c. Pushes another player
 - d. Holds another player
 - e. Swings or punches another player
 - f. Handball
5. **INDIRECT FREE KICK** – A kick taken from where the penalty occurred but the ball must touch another player before scoring a goal.
Indirect free kicks are taken when:
 - a. There is dangerous play
 - b. Blocking the progress of another player

6. **PENALTY KICK** – Taken from the penalty kick line 12 yards out in front of the soccer goal. Only the goalkeeper and player kicking the ball are in this area.
 - a. Awarded when a major infraction occurs in the penalty area
 - b. Awarded when a handball occurs in the penalty area
7. **GOAL KICK** – Awarded to the defensive team when the offensive team kicks or heads the ball over the end line.
 - a. All players must be outside the penalty area on a goal kick
 - b. Ball cannot be touched until it is outside the penalty area on a goal kick
 - c. Ball is placed on the goal box line on the side of the field where it went out of bounds.
8. **CORNER KICK** – Awarded to the offensive team when the defensive team kicks or heads the ball over the end line.
 - a. Players are allowed in the penalty area on a corner kick.
 - b. Ball is kicked from the corner on the side of the field where it went out of bounds.
9. **THROW IN** – Awarded to the opposing team of the player who last touched the ball before it went out of bounds over the touch or side line

****** ON ALL DIRECT & INDIRECT KICKS DEFENDING PLAYERS NEED TO BE AT LEAST 10 YARDS AWAY FROM THE BALL UNTIL IT HAS BEEN KICKED ******

LINES OF SOCCER FIELD

