

WHAT'S NEW



Join us in celebrating the rich tapestry of cuisines from eleven vibrant cities across North

America. The best part? Every month, we will introduce new cities and their delectable culinary delights for both students and staff to explore and indulge in at all grade levels. To kick off this mouth-watering journey, let's begin with September's offering - the renowned **Boston's Big-City Bite's Chicken Breast Parmesan**. This iconic dish will be available for you to savor on two special dates, September 11th and 25th. Prepare your taste buds for an unforgettable experience as we embark on this flavorsome adventure together.

National Whole Grains Month

September brings excitement for National Whole Grains Month - a celebration of the goodness of whole grains. These grains contain nutrients like fiber, vitamins, minerals, and antioxidants. This month encourages trying a variety of grains beyond wheat and rice, such as quinoa, barley, oats, farro, and brown rice. Let's celebrate the health benefits of whole grains and commit to nurturing our wellness one grain at a time.



LUCKY TRAY DAY

MONTHLY



Introducing "Lucky Tray Day": A Monthly Surprise for Elementary Students!

Lucky Tray Day is all about bringing joy, excitement, and a sense of surprise to our students lunchtime experience. Starting this October, it will become a monthly tradition, providing an opportunity for two lucky students per lunch to win fantastic prizes if they find a hidden sticker under their tray. Let's come together as a school community to celebrate these moments of delight, making lunchtime a memorable and enjoyable affair for all involved.

Fresh Pick The Apple

This round, vibrant, and delectable fruit has been a symbol of health, nutrition and temptation for centuries. They are low in calories, high in fiber, rich in vitamins C & B-complex, as well as potassium. Apples come in a kaleidoscope of colors, shapes, and flavors.

September 20 is National Pepperoni Pizza Day

Get ready to satisfy your taste buds and indulge in a delicious celebration as National Pepperoni Pizza Day is here! On this mouthwatering occasion, pizza lovers all around the nation come together to pay tribute to one of the most iconic and beloved pizza toppings-pepperoni. Whether you enjoy it in a classic, deep-dish, or thin crust, pepperoni pizza has earned its place as an all-time favorite. It's a day to gather with friends and family, share laughs, end enjoy pizza. So, go ahead and treat yourself to this delightful dish.

Nutrition Services nutrition Information is available upon request.

