



Kindergarten Back to School Night

August 23, 2023

Laura Daly
Melissa Andrews
Hedeliza Fossaceca



Welcome
Families /
Bienvenidos
Familias



Agenda

- Welcome
- Introduction of the teachers
- Review Curriculum & Specials
- General Information
- Communication with the Teachers
- Questions and Answers



School Office Team



Robyn Holmes
Administrative
Assistant



Principal



Jeff Becher
School Operation
Team Leader



Erica Fowler
Office Assistant
& Community
Worker

Kindergarten Team



Melissa Andrews
Classroom Teacher



Laura Daly
Classroom Teacher



Hedeliza Fossaceca
Special Day Teacher



Kelly Westberg
Literacy Teacher

Laura Daly

- My husband Rob and I have three wonderful children, Victoria, Ryan and Brendan.
- This is my 31st year of teaching! I have been at Meadow Heights for fifteen years and this will be my 12th year teaching Kindergarten.
- I have taught multiple grade levels- K, 1st, 2nd and Middle School Math.
- I enjoy shopping, cooking and spending time with my family.

Melissa Andrews



- My husband Scott and I have three amazing children, Jack (19), Madison (17) and Paige (15).
- I've been teaching elementary school for 15 years! This will be my 9th year teaching kindergarten. 6 of those years were at Audubon Elementary School in Foster City and transferred to Meadow Heights 3 years ago when I learned that my position was being cut due to low enrollment.
- I have taught second grade with Mrs. Daly, preschool at Transfiguration Nursery School for 3 years and kindergarten.
- I enjoy shopping, going to the beach, baking and spending time with my family!

Hedeliza Fossaceca

- My husband Chris and I live in Dublin with our 8-year-old daughter, Chiara, who is attending 3rd grade here at Meadow Heights.
- This is my 23rd year of teaching! I am starting my 18th year at Meadow Heights!
- I have Master's Degrees in Special Education and School Administration.
- I have taught multiple grade levels within Special Education, and I currently teach Kindergarten through 2nd Grade.
- I enjoy spending time with my family, traveling, shopping, and gardening.

Kindergarten Curriculum

- Language Arts
- Social Studies
- Math
- Science
- Social Emotional Learning
- Specials- Art, Library, Music, PE

Schedule

8:20-8:40 Opening/Morning Meeting

8:40-9:25 Math

9:25-9:55 PAF Whole Group

10:00-10:25 Snack and Recess

10:30-11:00 Small Group/PE Group

11:00-11:30 Small Group/ PE Group

11:30-12:00 Science/Social Studies

12:00-12:30 ELA

12:30-12:50 Choice Time

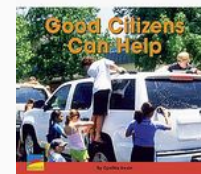
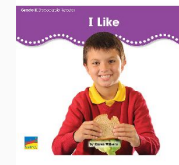
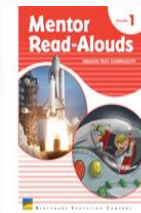
12:50-1:00 Pack up/dismissal

Benchmark English Language Arts And Social Studies



Benchmark Advance is our district adopted ELA curriculum

- Benchmark is a balanced literacy approach to ELA
 - Balanced Literacy has five components:
 - Read Aloud
 - Shared Reading
 - Reading Mini Lesson (Mentor Read)
 - Independent Reading
 - Social Studies curriculum is also embedded in the Benchmark units
- Daily lessons include whole group and small group instruction





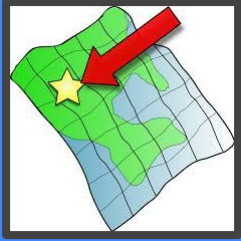
Foundational Skills

PAF is a multisensory phonics-based program in which reading, spelling, and handwriting are taught as one unified lesson. It's a beginning reading program that meets the needs of all children, including those at risk for reading failure, and offers instructional techniques based on the latest scientific research.

PAF Program Implementation

PAF will be implemented as a Tier 1 reading program by kindergarten teachers. PAF lessons will be delivered a minimum of 45 minutes a day, 5 days a week.

Tier 1 instruction for the whole class by the classroom teacher.



Social Studies

Learning and Working Now and Long Ago

- Students understand that being a good citizen involves acting in certain ways.
- Students compare and contrast the locations of people, places, and environments and describe their characteristics.
Maps, symbols and relative location near or far
- Students understand that history relates to events, people, and places of other times.



Zearn Math

Kindergarten mathematics is about:

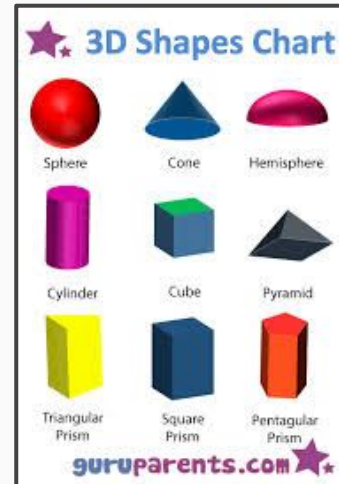
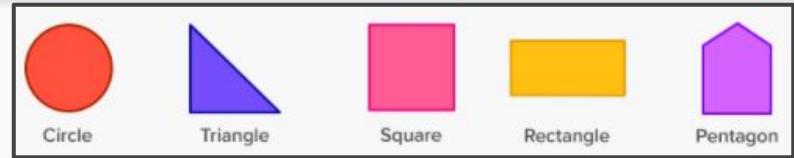
1. Representing, relating, and operating on whole numbers, initially with sets of objects
2. Describing shapes and space

More learning time in Kindergarten should be devoted to numbers than to other topics.

Zearn Math

Kindergarten Missions:

1. Numbers to 10
2. Two-Dimensional & Three-Dimensional Shapes
3. Comparison of Length, Weight, Capacity, & Numbers to 10
4. Number Pairs, Addition & Subtraction to 10
5. Numbers 10-20 & Counting to 100
6. Analyzing, Comparing, & Composing Shapes



Twig Science



1. My Big Nature Adventure

Module Phenomenon: *Different plants and animals live in different places.*

2. Marble Run Engineer

Module Phenomenon: *What happens when we push, pull, and drop objects? How can we change their speed and direction?*

3. Be Prepared

Module Phenomenon: *How do we observe weather and collect data to describe weather patterns over time?*

4. I Can

Module Phenomenon: *How can I protect the environment from changes that harm it?*



Social Emotional Learning

Responsive Classroom

+

PBIS

+

Soul Shoppe

+

We use a variety of
methods to support
the social emotional
learning for our
students

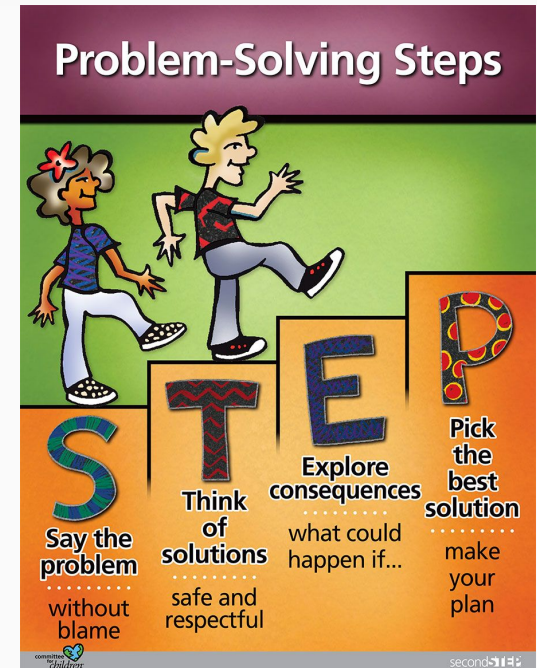


"A world where respect and empathy are the norm, and every child can thrive and shine!" - Soul Shoppe

Social Emotional Learning



- An important part of Kindergarten is the Social Emotional Learning
- We will work on sharing our feelings, building peer relationships, decision making skills, and so much more
- Daily Mindfulness Practices
- 2nd Step Curriculum



Social Emotional Learning

Responsive Classroom

+

PBIS

+

Soul Shoppe

+

New social-emotional learning program. It includes short lessons every day.

Second Step Scope and Sequence

Unit 1: Growth Mindset & Goal-Setting CASEL Core Competencies: Self-Awareness, Self-Management, Responsible Decision-Making

Unit 2: Emotion Management CASEL Core Competencies: Self-Awareness, Self-Management, Responsible Decision-Making

Unit 3: Empathy & Kindness CASEL Core Competencies: Self-Awareness, Social Awareness, Relationship Skills, Responsible Decision-Making

Unit 4: Problem-Solving CASEL Core Competencies: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making



Social Emotional Learning Alignment

Students learn and grow by practicing Life Skills



August/September: Growth Mindset - 2nd Step Unit 1

October: Responsibility/Responsible Decision-Making - 2nd Step Unit 1 and 2

October: Organization and Time Management - 2nd Step Unit 2

November: Emotion Management/Mindfulness

December: Generosity

January: Self-Awareness and Self-Management - 2nd Step Unit 1 and 2

February: Empathy and Kindness - 2nd Step Unit 3

March: Problem-Solving and Perseverance - 2nd Step Unit 4

April: Resourcefulness

May and June: Patience and Flexibility

Soul Shoppe Assemblies

Students learn and grow by practicing Life Skills



- Friday, Sept. 1st** → Growth Mindset
- Fri., Jan. 12th** → Self-Awareness and
Self-Management
- Fri., March 1st** → Empathy and Kindness (or
Problem-Solving and Perseverance)
- Fri., May 10th** → Patience and Flexibility

“A world where respect and empathy are the norm, and every child can thrive and shine!” - Soul Shoppe

Positive Behavioral Interventions & Support

Meadow Heights Mustangs are...

- Safe
- Respectful
- Responsible



The image shows a 'Mustang Ticket' from Meadow Heights Elementary School. It features a circular logo with a horse head and the school's name. The ticket is titled 'Mustang Ticket' and contains a section for reporting behavior. It lists three traits: Safe, Respectful, and Responsible, each with a blank line for a signature. Below this, there are fields for the student's name, grade, date, and staff initials. At the bottom, there is a thank you message for helping to make the school a safe and amazing place to learn and grow.

Meadow Heights Elementary School

Mustang Ticket

You've been caught being ...

____ Respectful/Respetuoso

____ Safe/Seguro

____ Responsible/Responsable

Student name: _____

Grade: _____

Date: _____

Staff Initials: _____

Thank you for helping to make
Meadow Heights a safe and
amazing place to learn and grow!

How are we implementing this?

- Discussion about what these three traits look like around campus
- Literature
- Examples in the classroom
- Mustang Tickets
- Assemblies
- Soul Shoppe

Parents can help by reinforcing these character traits at home!

Specials

Art, Library, Music, and PE

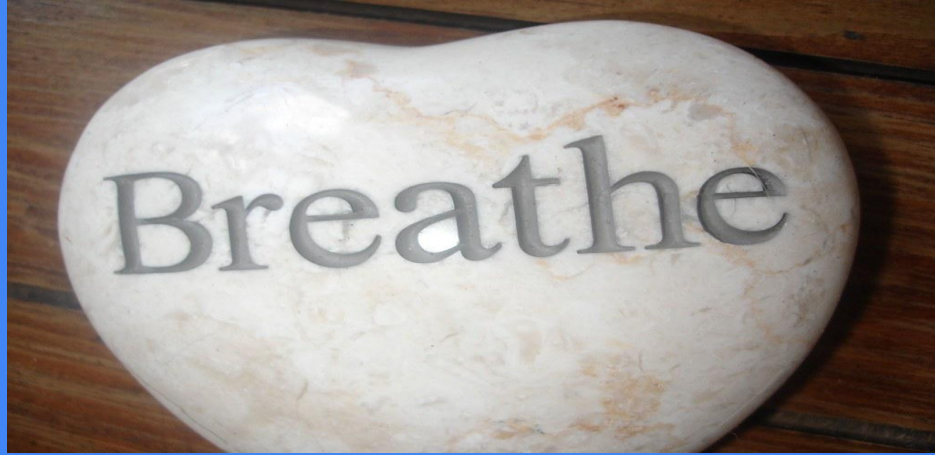
- Art-in Action, Music, Library, Computers, and P.E.
- Art-in Action occurs twice per month
- Library occurs weekly
- P.E. occurs 4 days per week (M,T,TH,F)
- Music occurs weekly



Meadow Heights continues
to develop inclusive
practices school wide.

Students assigned to a
special day class are
included in general
education classes
throughout the school day.







General Information

- Bell Schedule
- Supplies
- Snacks
- Birthdays
- Homework
- Field Trips

- Student Expectations
- Conferences
- Report Cards
- Dress Code
- Volunteer Opportunities
- Helpful Guidelines
- Communication



Bell Schedule for Kindergarten

- Student Supervision on Yard/Gates open 8:00
- Kindergarten hours: 8:20-1:00
- **Minimum Day Schedule:** 8:20-12:30 (Wednesdays)
- Kindergarten students will have recess/brunch 10:00-10:25
- Students who ride the bus will have lunch on campus before boarding the bus
- Inclusion students who are taking the bus will board the bus at 1:00pm (12:30 on Wednesdays)



Snacks



Your child will need a snack every day. Please remember that the students will have about 15 minutes to eat during our morning break. With this in mind, please try to pack a reasonable amount of food for the morning snack. Water and two food items seem to be an appropriate amount. Healthy food and snack choices are encouraged.



Supplies



We have taken care of the supplies needed for each student. Each student have his/her own toolbox for the storage of the supplies. Throughout the year, we will most likely need to reach out to the families to restock some of the supplies.

Please have a backpack, water bottle, and lunchbox for your child. (remember to label these items with your child's first and last name).



Dress Code

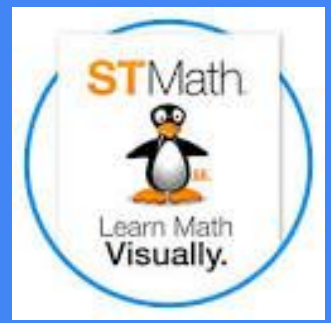


We ask that your child is always appropriately dressed for school. Please remember that all students need to wear running shoes for P.E.

Label sweaters and jackets so they can be returned if left on the yard.



Homework



Official homework will not be assigned in Kindergarten.

We are asking that you and your child practice reading for 15 minutes per day in addition to going to ST Math and Footsteps2Brilliance.



Chromebooks will be sent home daily and are expected to be brought back and forth to school. Please make sure that they are fully charged.

Birthdays



Meadow Heights has a specific policy regarding birthday celebrations. **Food items are not allowed.** Please do not send in any food items for your child's big day. A special birthday crown, pencil and sticker will be given to the birthday child to help celebrate the day.

If you wish to send in goodie bags, please make sure that they do not contain any food items and there are enough bags for all students.

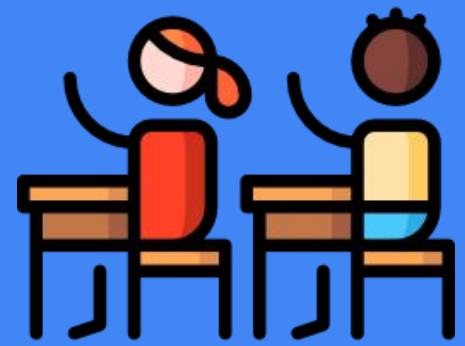


Field Trips



1. Lemo's Pumpkin Patch - October 17th
2. T.B.D

Student Expectations (Behavior)



Whole Body Listening!

Larry wants to remind you to
listen with your entire body



Eyes = Looking
toward the speaker



Ears = Both ears
ready to hear



Mouth = Quiet -
waiting for your turn
to talk



Hands = Quiet and
kept to yourself



Feet = Quiet
and still



Body = Facing
toward the speaker



Brain = Thinking about
what is being said



Heart = Consider
the speaker and
others listening

Lifelong success depends on self-discipline. In Kindergarten every student is given the opportunity to manage his/her own behavior. We will facilitate the children so that they become responsible, mature citizens. Basically the students are expected to:

1. Allow the teachers to teach and the students to learn.
2. Listen to the teachers and follow directions.
3. Work cooperatively with fellow students.
4. Complete assignments.
5. Try their best.



Conferences

- Formal parent-teacher conferences will be take place in September.
- Conferences will last approximately 20 minutes.
- Conference dates: September 7th, 8th, 11th, and 12th **from 1:30-3:30 PM**, Thursday, September 14th from **4:00 PM-6:00 PM**.
- We will do our best to schedule conference times that are most convenient for you.
- **Students will be dismissed at 12:30 PM on conference days.**



Report Cards / Las Boletas de Calificaciones

Report cards are sent home three times per year. Report cards will go home on the following dates:

- December 1, 2023
- March 15, 2024
- June 11, 2024

Las boletas de calificaciones se envían a casa tres veces al año. Se enviarán a casa las boletas de calificaciones en las siguientes fechas:

1 de diciembre 2023
15 de marzo de 2024
11 de junio de 2024

If your student has an IEP, their progress on goals will also be sent together with their report card.



Volunteer Opportunities



From now until we return from the October break, all volunteer opportunities will be in the form of take home projects (cutting, tracing, etc.) If you are interested in helping, please let us know.

Hopefully after the October break, we will have the chance to bring volunteers into the classroom.



Helpful Guidelines

- Please set an early bedtime for your child.
- Encourage your child to eat a healthy breakfast each morning.
- Provide healthy snacks that your child likes and will readily eat.
- Please keep all toys at home.
- Make sure that everything belonging to your child is labeled.
- Make sure that your child is on time for school.

Absence Reminder

The school office needs to be alerted to any student absence:








- Please email or phone the office when your child is absent from class or there are plans to be absent from class.
- Email a copy of doctor's excuse (if applicable) to rholmes@smfcsd.net

Office Email: rholmes@smfcsd.net

Office Absence Number: 650-312-7568 *3

Health and Safety

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
						
Temperature of 100 degrees F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or pus draining from eye	Hospital stay and/or emergency room visit

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free without the assistance of medication for 24 hours (i.e., Tylenol, Motrin, Advil)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home.	Free from drainage and/or have been evaluated by my doctor if needed.	Released by my medical provider to return to school.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.



Communication with the Teacher

Laura Daly: ldaly@smfc.k12.ca.us

Melissa Andrews: mandrews@smfc.k12.ca.us

Hedeliza Fossaceca: hfossaceca@smfc.k12.ca.us



School announcements and information will go through Parent Square this year.



Meadow Heights PTA

where a strong community is a tradition



Join Our PTA

Ice Cream Social
International Food Festival
Myriad Music K-4
Art in Action Teacher
Dad's Club
Gold Rush Days
Staff Appreciation
Peacemakers

Building Community
PTA Meetings
Stampede
Campus Beautification
Field Day
Harvest Carnival
Literacy Week
Book Fair





QUESTIONS? / ¿PREGUNTAS?

Your Support Is Appreciated

Thank you in advance
for your support and
patience.



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