

The mpass

SEPTEMBER OCTOBER NOVEMBER DECEMBER

Fall 2023



**Scan here to
get started
with our
new online
registration
site!**

In-person
& virtual
classroom
options



www.pcschools.us

Welcome! Life is a non-stop learning experience. Our classes help you develop new skills and talents for work or pleasure.

The Compass is open for registrations and we want you to know that the health and wellbeing of our students, our teachers and our community is our top priority. We've designed classes and programs to help you connect with your talents, your passions, and people in this community who share your interests. We are offering our classes in both virtual and in person classrooms. Your peace of mind is of utmost importance to us. We always value your feedback and ideas.

Todd Klarich,
Director of Community Education
 Contact me at tklarich@pcschoools.us
 435.615.0216



Jane Toly,
Leisure Learning Coordinator
 Contact me at jtoly@pcschoools.us
 435.615.0215

Abbreviations Used in Course Descriptions:

EHMS: Ecker Hill Middle School at 2465 West Kilby Rd.
 JRES: Jeremy Ranch Elementary School at 5060 Rasmussen Rd.
 MPES: McPolin Elementary School at 2270 Kearns Blvd.
 PCAC: Park City Aquatic Center at 2465 West Kilby Rd.
 PCHS: Park City High School at 1750 Kearns Blvd.

PCLC: Park City Learning Center at 2400 Kearns Blvd.
 PPES: Parley's Park Elementary School at 4600 N. Silver Springs Dr.
 TSES: Trailside Elementary School at 5700 Trailside Dr.
 TMJH: Treasure Mountain Junior High at 2530 Kearns Blvd.
 Essence Pilates at 597 Parkway Dr. Suite C in Silver Creek
 Powder Paws Vet Clinic 2780 Rasmussen Road, Unit B6

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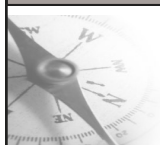


Chart Your Course!

Adult Leisure Courses
 Aquatic Center
 Adult High School
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Ed2go Online Courses
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Have You Registered in Eleyo?

- Scan the QR Code below to get started!
- You can create an account for yourself and each member of your family, manage contacts, pick ups and more.
- Scroll down and select The Compass.



Adult High School

PCSD Adult Education helps you earn your high school diploma or prepare to take the GED exam. For more information please see page 10.

Computer Skills



[Learn More](#)

Ed2go offers on-line classes with over 300 instructor-facilitated courses that are informative, fun, convenient and interactive.

All courses run six weeks so you can learn more in-depth. You can complete any course from your home or office, any time of the day or night. Visit our online courses at:

www.ed2go.com/pcschoools.

Accounting Fundamentals

Learn the basics of bookkeeping, financial reporting and more.

Computer Skills for the Workplace

Gain the computer skills needed to succeed in today's job market.

Intro to Microsoft PowerPoint

Create exciting slide presentations that includes animation, sound, charts and hyperlinks.

Intro to Microsoft Word

Learn to type, edit, format spell check professional looking documents, letter and reports.

Intro to QuickBooks

Learn the ins and outs of this widely-used accounting software.

Intro to Photoshop CC

Learn the world's best graphics program to edit and process photos.

Blogging & Podcasting for Beginners

Learn to create your very own blog and podcasts using tools you already have on your computer.

Write Effective Web Content

Learn to write and produce multimedia elements to make your website or blog better.

Culinary Arts

The Art of Tamales 101

Come join us and learn to make the ancient Mayan staple for celebratory feasts, tamales! Tamales are a favorite comfort food of Central America, consisting of a corn-based dough stuffed with either sweet or savory filling of your choice. This hands-on class covers everything from making fresh masa (dough), classic fillings, wrapping techniques and more. The possibilities are endless and perfect for any occasion! The instructor is Elizabeth M. Thompson. Register early for this popular class! It's only offered once per year and has a limit of twelve students.

Thur. • Nov. 2

6:00 - 9:00 pm • PCHS • \$59

Fitness



Essence Pilates

Pilates is a systematic exercise method designed to stretch, strengthen and balance the body. It was created by German-born Joseph H. Pilates in the early 1900s and brought to the United States in 1926. Practiced on the mat or on apparatus (such as the Reformer, Chair, Towers or Trapeze) with or without props (resistance bands, magic circle, blocks and light weights), it is for *everybody* regardless of age and fitness level. Pilates has been proven invaluable not only as a fitness endeavor but also as an important adjunct to all types of physical rehabilitation and professional sports training. Develop core strength, improve balance, flexibility, joint stability, bone density, coordination and body awareness through this gentle yet invigorating and challenging practice that emphasizes quality of movement over quantity, proper alignment and breath. Classes are held at Essence Pilates in Silver Creek (597 Parkway Drive, Suite C (upstairs). at Wasatch Physical Therapy, Instructor: Dani LoFeudo, NCPT (Balanced Body/PMA) gives you individualized attention that gives you the best results.

Fitness

Pilates for Your Core & More!

Your choice of sessions.

All levels mat class. Please bring a mat. Class size is limited to 8.

Wed. • Sept. 13 – Nov. 1

6:00 – 7:00 pm • Essence • \$160

Wed. • Nov. 8 – Dec. 27

6:00 – 7:00 pm • Essence • \$160

Reformer All Levels

Your choice of sessions.

Challenge your body while exercising on Joseph Pilates' most popular piece of equipment—the Reformer. Some mat or reformer experience recommended. Class size is limited to 4.

Mon. • Sept. 11 – Oct. 30

6:00 – 7:00 pm • Essence • \$240

Mon. • Nov. 6 – Dec. 18

(+ Sat. Dec. 23 at 11:00 am)

6:00 – 7:00 pm • Essence • \$240

Tues. • Sept. 12 – Oct. 31

5:00 – 6:00 pm • Essence • \$240

Tues. • Nov. 7 – Dec. 26

5:00 – 6:00 pm • Essence • \$240

Reformer Intermediate

Your choice of sessions.

Challenge your body while exercising on Joseph Pilates' most popular piece of equipment - the Reformer. Mat or reformer experience is required. Class size is limited to 4.

Mon. • Sept. 11 – Oct. 30

5:00 – 6:00 pm • Essence • \$240

Mon. • Nov. 6 – Dec. 18

(+ Sat. Dec. 23 at 10:00 am)

5:00 – 6:00 pm • Essence • \$240

Tues. • Sept. 12 – Oct. 31

6:00 – 7:00 pm • Essence • \$240

Tues. • Nov. 7 – Dec. 26

6:00 – 7:00 pm • Essence • \$240

Fri. • Sept. 15 – Nov. 3

7:45 – 8:45 am • Essence • \$240

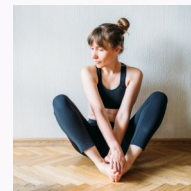
Fri. • Nov. 10 – Dec. 29

7:45 – 8:45 am • Essence • \$240

Essence Pilates Pop-Up Workshops

Keep your eyes open for specialty workshops offered in collaboration with local, renowned wellness practitioners.

Topics include; Aging Gracefully and Gratefully, Pilates and Osteoporosis, Balance and Coordination Nutrition, Breath, Qigong, Meditation and more! Check our website at: pcschools.us, (then click on Community/Community Education/The Compass Leisure Learning) and our email blasts for pop-up specifics!



Mindful Yoga for Beginners & Beyond

Relax, refresh and re-energize! Yoga is not just a physical practice; it's also a journey of self-discovery and reconnecting. This multi-level class is perfect for people who have never done yoga before and those who have experienced the benefits of yoga and desire a basic yoga practice. Instructor Randi Jo helps you develop strong foundations, solid alignment and a deeper understanding of the yoga tradition. Bring your mat to class.

No class 10/16, 11/20.

Mon. • Oct. 2 – Dec. 4

6:00 – 7:00 pm • EHMS • \$125

Tai Chi & Chi Gung

Learn the Fu style 24 form Tai Chi and its relation to the well-known Yang style. We begin with important breathing and energy movement Chi Gung exercises and transition into the 25-movement form of Fu Tai Chi. The main focus is concentrated on the health and well-being aspects of Tai Chi. Martial arts aspects are introduced. Instructors, Dave and Emma Gardner are certified to teach 25 form, 105 form, Lightning Palm Tai Chi and Lingyi Chuan (or harmonized opposites boxing) and have been certified as Sifu level. They have also studied Bagua forms and push hands. You should end the session with enough information for self-practice between sessions.

Tues. • Oct. 17 – Dec. 5

6:00 - 7:30 pm • PCHS • \$125

Languages

Beginning French

Whether for business, travel or personal enrichment, Beginning French is the place to start. This fun class gets you started speaking, reading and understanding French. Class includes insights into French culture, regions and history. The instructor is Whitney Krahn. Whitney holds a Ph.D. in French Literature and French Studies and is a licensed teacher in the Park City School District French Dual Language Immersion program. Please plan to purchase and bring the book Learn French the Fast and Fun Way ISBN: 13: 9781438074948.

No class 10/19, 11/23.

Tues. & Thur. • Oct. 3 – Nov. 30

6:30 – 8:00 pm • TMJH • \$275



French Conversation

This is a French conversation class for those who speak some French already and want to continue with more sentence structure, pronunciation, and vocabulary through conversation in an informal setting. Topics are oriented to the group's interests and abilities. The instructor is Whitney Krahn. Whitney holds a Ph.D. in French Literature and French Studies and teaches in the Park City School District French Dual Language Immersion program. Register early for this popular class! No class 10/19, 11/23.

Thur. • Sept. 28 – Dec. 14

5:00 – 6:30 pm • TMJH • \$199

Spanish 101 *

¡Hola! Whether for business, travel or personal enrichment, Spanish 101 is the place to start. This fun class gets you started speaking, reading and understanding Spanish. Note: Please plan to purchase and bring the book Practice Makes Perfect Verb Tenses ISBN-13: 978-1260452457. This class is held on Zoom on Monday and Wednesday or in person on Tuesday and Thursday. A meeting ID is emailed prior to class start date for the virtual classroom. The instructor for virtual classes is Hannah Schindler. The instructor for in person classes is Monica Jensen.

Virtual class option: Mon. & Wed.

Sept. 27 – Dec. 4

(No class 11/13, 11/15, 11/21, 11/22)

3:00 – 4:30 pm • Virtual Classroom

\$199

or

In Person class option: Tue. & Thur.

Sept. 26 – Nov. 30

(No class 10/19, 11/7, 11/9, 11/23)

3:30 – 5:00 pm • TMJH • \$199

Spanish 201 *

Use it or lose it! This is an intermediate class designed for those who have had some Spanish and want to continue with more verb tenses, vocabulary and conversation. Note: Please purchase and bring the book Practice Makes Perfect Verb Tenses ISBN-13: 978-1260452457. Prerequisite: Spanish 100 series. This class is held on Zoom. A meeting ID is emailed prior to class start date. The instructor is Hannah Schindler. No class 11/14, 11/16, 11/21, 11/23.

Tue. & Thur. • Sept. 26 – Nov. 30

3:00 – 4:30 pm • Virtual Classroom • \$199

***Note:** Spanish classes have been formatted to be progressive throughout the year. For example: Spanish 101 and 201 continues with Spanish 102 and 103 and 202 and 203. If you wish to begin at a higher level, please email the instructor, Hannah Schindler at soyhannahschindler@gmail.com.

Spanish Beginning Conversation

This class is designed for those who have completed the Spanish 200 series, or those who have some Spanish language experience but are not yet fluent in the Spanish language. Enhance your conversation skills by studying common, everyday dialogue along with continued grammatical and vocabulary material. The instructor is Monica Jensen. Monica is a licensed teacher and holds a Masters of Ed. from UCLA. Her credentials include Bilingual Cross Cultural / Emphasis in Spanish. No class 11/7.

Tues. • Sept. 26 – Nov. 28

5:00 – 6:30 pm • TMJH • \$145

Spanish Intermediate Conversation

This is an intermediate to advanced class designed to enhance conversation skills by studying more complex dialogue and subjects along with continued grammatical and vocabulary material. This class is held on Zoom. A meeting ID is emailed to registered students prior to class start date. The instructor is Hannah Schindler. No class 11/13, 11/20.

Mon. • Oct. 2 – Dec. 4

5:00 – 6:30 pm • Virtual Classroom • \$135

We have a new registration system! Please scan this QR code to to create your new account and to register. ou can also type into your search bar:

pcschoools.reg.eleyo.com





Advanced Therapy Dog Training

This 5 week class is for dogs that have completed the intermediate training and are ready to receive their Therapy Dog Certification. The first two classes will be held at Powder Paws Veterinary Clinic and the last three classes are at a location to be determined. Classes are taught at Powder Paws Veterinary Clinic (2780 Rasmussen Road, Unit B6 Park City, Utah 84098) Minimum of 4 dogs per class. Class may be postponed until minimum participants are signed up. Participants must have completed an intermediate level class to qualify to attend. The instructor is Siri Zakaras of Life's Trail Dog Training.

Wed. • Sept. 20 – Oct. 18 • 6:30 - 7:30 pm
Powder Paws Clinic • \$220



Basic Puppy Training

This 6 week class is for puppies 8 weeks to 5 months old. Each class starts with supervised off-leash socializing. Puppies learn a range of topics including potty and crate training, chewing and jumping. Obedience training includes basic training with verbal and hand commands. Safety skills like recall, leash walking, stay and leave-it are emphasized. Please limit the people who will be working with your pup to two. Children can attend class if they are old enough to participate and with the supervision of an adult. This class is taught at Powder Paws Veterinary Clinic located at 2780 Rasmussen Road, Unit B6 Park City, Utah 84098. The instructor is Siri Zakaras of Life's Trail Dog Training.

Tues. • Sept. 19 – Oct. 24 • 6:30 - 7:30 pm
Powder Paws Clinic • \$220

Teacher profile!



As a military public affairs specialist, Colton Elliott is responsible for creating digital print journalism, photography, videography and graphic design media products for worldwide distribution via traditional, digital and social media channels, in direct support of National Guard public affairs objectives and Air Force Mobility Commands public affairs objectives. Colton has been awarded several distinguished awards for his photography, including Military Photographer of the Year in 2018. In addition, he has photos published in the Air and Space Smithsonian museum, New York Times, Department of Defense, Air Force Magazine, and several other world publications.

Composition & Creativity Photography Lab

Create a memorable photograph instead of just taking a picture. Learn basic photography skills including how to hold a camera, differences between aperture, shutter speed and ISO speed and more. Delve deeper and expand your knowledge on tips, tricks and techniques used to compose a fantastic photograph. Learn more advanced ways to manipulate your camera's settings to achieve results. Class includes: depth of field, close up photography, lighting, ISO settings and different lenses. The instructor is Colton Elliott. See our teacher profile and Colton's work at silverslopesphotography.com

Wed. • Oct. 4 – Nov. 1
6:00 – 8:30 pm • TMJH • \$199

Discover Fly Fishing

(Under age 18 okay with parent)
Discover fly fishing and have fun in the outdoors! Learn about the local trout and where they live. Explore what fish eat and how to catch them on flies. We cover what gear and flies are needed to catch trout locally. Learn to cast and, most importantly, how to present flies so trout will eat them. The last day includes a half-day field trip on Sat., Oct. 21, with professional fishing guide Steve Caldwell. After taking this class you can expect to have the skills to go out and catch fish on your own. Materials extra - to be discussed in first class meeting.

Tues. & Thur. • October 10 - 19
& Sat. Oct. 21
6:30 - 8:15 pm • TMJH • \$179



Eligible for Medicare, Now What?

Does the thought of Medicare and all its moving parts intimidate you? Are you frustrated trying to find answers on the website? Dr. Nancy A. Taylor guides you through the basics to give you better insight with your Medicare choices.. She is the founder and CEO of Taylormade Senior Advocacy & Consulting LLC. Learn more about Dr. Taylor and her services on her website drtadvocacy.com.

Wed. • Oct. 11
6:00 – 7:00 pm • PCHS • \$29

Landscape Design & Refresh

Develop your customized master layout and a planting plan. Learn to create a pleasing spatial relationships and plant selections that generate seasonal interest and visual curb-appeal. Begin with a site plan of your property drawn to scale and advance each week through the design, decision and sketching process. Each session includes lecture, hands-on development and planning time. Bring your property dimensions, building footprint and current photos of environmental conditions. Taught by Bruce L. Maw, ASLA, PLA.

Mon. • Oct. 2 – 23
5:30 – 8:00 pm • EHMS • \$179



National Safety Council

CPR / AED & First Aid

The National Safety Council CPR/AED course prepares you to be an emergency responder for choking, breathing and cardiac emergencies. This course covers basic life support as well as proper AED use. The National Safety Council First Aid course trains you on bleeding control, injuries, wound care, burns, poisons, and sudden illness. Recognize everyday emergency situations and take appropriate action until professional help arrives. This class meets for two evenings. Please plan to attend both nights to receive your two-year certification.

Tue. & Wed. • Nov. 7 & 8

6:00 - 9:00 pm • PCAC • \$99

POWER CHESS



PowerChess for Adults

Learning chess as an adult has been proven to help improve memory, planning, problem-solving, and creativity. Learn the fundamentals of chess including basic piece movement, checkmating patterns and other foundational principles of the game. You can master the foundational principles of the game of chess and be ready to play in tournament chess games. Children are welcome to also register for this class if accompanied with an adult student. For more information please contact Powell Walker, PowerChess, LLC 602-989-5228 walker@powerchess.com. No class 11/22.

Wed. • Oct. 25 – Dec. 6

6:30 - 7:30 pm • JRES • \$99



The instructor, Stacy Dymalski is a story developer in Hollywood and best-selling author of "The Memoir Midwife: Nine Steps to Self-Publishing Your Book." She is an active member

of the Writers Guild of America, and a producer, screenwriter and publishing consultant, as well as a corporate speaker and comedian.

Nine Steps to Self-Publishing Your Book

If you want to get your book out quickly, this workshop is for you. Learn only what you need to know by systematically walking you through the self-publishing process, using practical examples that you can apply to your own manuscript. By the end of the workshop, you know exactly what it takes, and how much it costs, to self-publish your book. This class is held on Zoom. A meeting ID and password is emailed to registered students prior to the class start date. The instructor is Stacy Dymalski. *Please note that this virtual workshop is held in Mountain Time.*

Sat. • Oct. 21 • 11:00 am - 1:00 pm

Virtual Classroom • \$49

Turn Your Story Into a Book

Do you have a story idea that should be a book or movie? Every story has to have a message and a story arc that logically flows from beginning to middle to end. This course shows you first how to find your story's overall message and then how to structure your story so that it logically progresses and supports your message. This is not just a writing class, but a story development class, designed to give you clarity when you sit down to write your story. This class will be held on Zoom. A meeting ID and password will be emailed to registered students prior to class start date. The instructor is Stacy Dymalski. *Please note that this virtual workshop is held in Mountain Time.*

Sat. • Oct. 7 • 11:00 am - 1:00 pm

Virtual Classroom • \$49

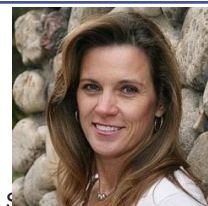
Reiki 1st & 2nd Degree Practitioner

Learn to channel Reiki Energy, a light touch therapy from Japan. Reiki Level One begins with an initial attunement process. This process opens you to the Reiki Healing Energy. Once you are attuned to Reiki, you can channel the Reiki Energy (Universal Life Force) energy into your physical body and then transfer this energy to others. The afternoon is dedicated to gaining the tools for self-empowerment, deeper mindfulness and a stronger connection to our essence. Learn the three powerful healing symbols (Empowerment, Mental/Emotional and Distance/Absent) that support healing, calmness and clarity for yourself and others. Reiki 2nd level is best for offering healing to those that you cannot touch using the Distant/Absent symbol. The instructor is Crys Sacco who has been teaching all levels of Reiki to students for over 9 years.

Sat. • Oct. 7

9:00 am - 4:00 pm • PCLC • \$85

Sue Ann Kern is a professional speaker, speaking coach, award-winning Toastmaster, and National Speakers Association Candidate. She was a Distinguished Toastmaster Award in 2017, the highest level of achievement in this international organization which promotes public speaking and leadership skills.



Speaking with Clarity with Sue Ann Kern

Learn to speak clearly and confidently in public! Whether you have an upcoming presentation for work, or you are trying to perfect your keynote address or TedX talk, this class helps you overcome your fear and become a confident and competent speaker. Learn about organizing, wordsmithing, body language, and other important tips and tactics to make your presentation powerful. Register early! Class is limited to 6 students.

Sat. • Nov. 4

9:00 - 5:00 pm • PCLC • \$299

Youth Classes



Art Haven Total Art Experience

(Grades 1 - 5)

Art Haven has all new multi-medium experiences every class session, with both two and three-dimensional art. Includes sculpture, metal, printmaking, charcoal, watercolors, acrylic, chalk, pastels and more! Discover art history and culture and use your imagination to turn your ideas into reality. Combining fine art with sculpture and mixed media provides each child with the knowledge and skills needed to unleash their creativity and the ability to produce beautiful works of art. Dress for mess and join us for creativity and fun! No class 10/20.

Fri. • Sept. 29 – Nov. 17
12:40 – 1:40 pm • TSES • \$129

Art Haven Holiday Workshop

(Grades 1 - 5)

Join us for this festive and fun gift making workshop. Get into the holiday gift giving spirit while creating a one-of-a-kind art project, worthy of displaying in your home. Parents, grandparents, friends, or neighbors will be excited to receive this priceless piece of art from your child. All projects come home gift wrapped and ready for gift-giving.

Fri. • Dec 8
12:40 – 2:10 pm • TSES • \$29

Babysitting Training

(Ages 11 & up)

Become a first-class, reliable babysitter. This Red Cross course teaches how to babysit children and infants. Enhance your knowledge of safe and responsible babysitting and develop skills to cope with common emergencies. You receive a Red Cross babysitter's handbook, babysitter's messenger bag and a certificate upon completion - valued at \$40. Bring snacks and a lunch.

Fri. • Oct. 6
2:00 – 8:00 pm • PCAC • \$89



Have fun learning to dance with poise, develop concentration, memory and balance. Melissa Nester's Dancing Little Stars program teaches Jazz, Tap and Ballet in a child-friendly and fun environment. Your child can also participate in the dance recital at the end of the dance season. Melissa Nester has over 20 years of dance training and has performed professionally. Class will not be held on school closure days. Classes start the third week of September and run through the school year. Students will need tap or ballet shoes, any color is acceptable; however, these need not be purchased immediately. Leotards (any color or style) are acceptable for dance class, but not required. Please see www.dancinglittlestarsutah.com for more information regarding attire and to register.

Ballet, Jazz & Tap for Beginners

(Grades K - 5)

Class time is 3:15-4:30 pm.

Register with Dancing Little Stars at www.dancinglittlestarsutah.com.
Cost is \$35 per month.

MPES • Mon. • Begins September 11
JRES • Tue. • Begins September 12
PPES • Wed. • Begins September 13
TSES • Thu. • Begins September 14

Ballet & Tap for Beginners

(Ages 3 - 5)

Class time is 4:30-5:30 pm.

Register with Dancing Little Stars at www.dancinglittlestarsutah.com.
Cost is \$35 per month.

MPES • Mon. • Begins September 11
JRES • Tue. • Begins September 12
PPES • Wed. • Begins September 13
TSES • Thu. • Begins September 14



Kids Yoga (Grades K - 5)

Join Randi Jo's yoga class that has kids saying "I can do it!" Yoga encourages children to explore their bodies, hearts and minds. Yoga for kids teaches patience, imagination, focus, flexibility, balance and strength! Children learn to become quiet or energized through exercises and breath work they can do anywhere. For more information go to www.yogawithrandijo.com. Bring a mat. All elementary program sessions meet from 3:15 - 4:15 pm. Cost is \$125.

Fall:

PPES • Mon. • Oct. 2 – Dec. 4
(No class 10/16, 11/20)
MPES • Tue. • Oct. 3 – Dec. 5
(No class 10/17, 11/21)
TSES • Wed. • Oct. 4 – Dec. 6
(No class 10/18, 11/22)
JRES • Thur. • Oct. 5 – Dec. 7
(No class 10/19, 11/23)

Winter:

PPES • Mon. • Jan. 29 - Mar. 25
(No class 2/19)
MPES • Tue. • Jan. 30 - Mar. 26
(No class 2/20)
TSES • Wed. • Jan. 31 - Mar. 27
(No class 2/21)
JRES • Thur. • Feb. 1 - Mar. 28
(No class 2/22)

Spring:

PPES • Mon. • Apr. 1 – June 3
(No class 4/15, 5/27)
MPES • Tue. • Apr. 2 – May 28
(No class 4/16)
TSES • Wed. • Apr. 3 – May 29
(No class 4/17)
JRES • Thur. • Apr. 4 – May 30
(No class 4/18)

Youth Classes

KIMBALL ART CENTER

Art After School with Kimball Art Center

(Ages 6-11)

Come join us for some creative and fun-filled art lessons in drawing, painting, sculpture, mixed media and more! Kids learn skills to build their confidence and imagination in art by developing techniques taught by trained Kimball Art Center instructors while working on inspiring art lessons. This program is for kids who are enthusiastic about art and excited to explore a variety of art media! It is also created for the busy parent who may not be available to drive their art student to the KAC for an art class. Convenience is key! All art materials will be included. Limit of 12 artsy kids. All elementary program sessions meet from 3:15 - 5:00 pm. Cost \$205.

Fall:

JRES • Mon. • Oct. 2 – Dec. 4
(No class 10/16, 11/20)
TSES • Tue. • Oct. 3 – Dec. 5
(No class 10/17, 11/21)
MPES • Wed. • Oct. 4 – Dec. 6
(No class 10/18, 11/22)
PPES • Thur. • Oct. 5 – Dec. 7
(No class 10/19, 11/23)

Winter:

JRES • Mon. • Jan. 29 - Mar. 25
(No class 2/19)
TSES • Tue. • Jan. 30 - Mar. 26
(No class 2/20)
MPES • Wed. • Jan. 31 - Mar. 27
(No class 2/21)
PPES • Thur. • Feb. 1 - Mar. 28
(No class 2/22)

Spring:

JRES • Mon. • Apr. 1 – June 3
(No class 4/15, 5/27)
TSES • Tue. • Apr. 2 – May 28
(No class 4/16)
MPES • Wed. • Apr. 3 – May 29
(No class 4/17)
PPES • Thur. • Apr. 4 – May 30
(No class 4/18)

POWER CHESS

Power Up Chess (Grades K - 5)

Learn the FUNdamentals of chess including basic piece movement, checkmating patterns and other foundational principles of the game in a dynamic and engaging environment. Documented benefits of chess instruction are improved critical thinking skills, increased math and verbal test scores and a myriad of varied life skills. This program is a perfect fit for any student who wants to PowerUp their mind while having fun and learning the basics of chess! For more information please contact Powell Walker, PowerChess, LLC 602-989-5228 walker@power-chess.com. All elementary program sessions meet from 3:15 - 4:15 pm. Cost \$99.

Fall:

TSES • Mon. • Oct. 23 – Dec. 4
(No class 11/20)
PPES • Tue. • Oct. 24 – Dec. 5
(No class 11/21)
JRES • Wed. • Oct. 25 – Dec. 6
(No class 11/22)
MPES • Thur. • Oct. 26 – Dec. 7
(No class 11/23)

Winter:

TSES • Mon. • Jan. 29 - Mar. 11
(No class 2/19)
PPES • Tue. • Jan. 30 - Mar. 12
(No class 2/20)
JRES • Wed. • Jan. 31 - Mar. 13
(No class 2/21)
MPES • Thur. • Feb. 1 - Mar. 14
(No class 2/22)

Spring:

TSES • Mon. • Apr. 1 – May 13
(No class 4/15)
PPES • Tue. • Apr. 2 – May 14
(No class 4/16)
JRES • Wed. • Apr. 3 – May 15
(No class 4/17)
MPES • Thur. • Apr. 4 – May 16
(No class 4/18)

POWER CHESS

Tournament Chess

Grades K - 5)

The Tournament Chess is designed for students that have completed at least one semester of the PowerChess PowerUp program or have chess experience, knowledge of how all the pieces move and an understanding of check, checkmate and stalemate. In the Tournament Chess program students can expect to play in weekly chess tournament games and learn new tactical patterns that enhances their knowledge of chess and game strategy. This program is geared toward students who know how to play chess and want to take their chess to the next level by practicing their skills against other students. For more information please contact Powell Walker, PowerChess, LLC. 602-989-5228 walker@power-chess.com. All tournament classes are held from 4:25-5:25 pm at Jeremy Ranch Elementary School. Cost is \$99.

JRES • Wed. • Oct. 25 – Dec. 6
(No class 11/22)
JRES • Wed. • Jan. 31 - Mar. 13
(No class 2/21)
JRES • Wed. • Apr. 3 – May 15
(No class 4/17)



Registration
Information on
Page 15



PARK CITY SCHOOL DISTRICT
AFTER-SCHOOL PROGRAMS

Registrations Accepted All Year
Based on Availability



STEM &
LITERACY



HOMEWORK
HELP



PHYSICAL EDUCATION
& EXERCISE



FIELD TRIP &
ACTIVITIES

Available at All Four Elementary Schools

Monday-Friday \$325/Month (3:05-6:00pm/12:30-6:00pm Friday)
Monday-Thursday \$225/Month (3:05-6:00pm)
Friday only \$125/Month (12:30-6:00pm)

Financial assistance available to those who qualify. Transportation, homework help, & snacks provided.

Click [here](#) to register.



DISTRITO ESCOLAR DE PARK CITY
**PROGRAMAS PARA DESPUES
DE LA ESCUELA**

Se Aceptan Registraciones Durante todo el Año
Basado en Disponibilidad



Tecnología y
Conocimientos Prácticos



Ayuda de Tareas



Educación Física y
Ejercicios



Viajes de estudios y
Actividades

Disponibles en todas las Cuatro Escuelas Elementales

Lunes-Viernes \$325/Mes (3:05-6:00pm/12:30-6:00pm Viernes)
Lunes-Jueves \$225/Mes (3:05-6:00pm)
Solo Viernes \$125/Mes (12:30-6:00pm)

Asistencia financiera para aquellos que califican. Se provee transportación, ayuda con tareas, y refrigerio.

Pulse [aquí](#) para registrarse



We are currently hiring for our After-School program. We have rewarding job openings, some that include Park City School District benefits.

Many children are in need of After-School programming. Sadly, we have a lengthy waitlist of children whose needs are not being met due a staffing shortage. People make the difference in the work we do. If you are aged 16 and over, you can join our After-School team and make a positive difference to kids.

Please scan the QR code to apply online, or for more information contact:

Michelle at (435) 615-0213 mcoy@pcschools.us

or

Todd at (435) 615-0216 tklarich@pcschools.us



Good Neighbors Program

*Empowering Others,
Building Community*

The Good Neighbors Program is seeking volunteers to tutor and students who would like individual help.



Volunteer to Tutor

Help ADULT English language learners or adults with limited literacy develop skills and confidence to live and thrive in our community. Tutor conversational English, English grammar, reading and/or writing.

Morning, afternoons, evenings, or weekend sessions are available. Time commitment is approx. 3-4 hours per week.

Why Volunteer?

- Help build our community
- Gain professional teaching experience
- Augment your resume
- Broaden your horizons
- Flexible schedule times
- Connect with your neighbors
- Help people gain important skills

English Tutoring Help Students

This is a 1 to 1 or small group program for adults. Work with a tutor at your own pace! Conversational English, English grammar, reading and/or writing. Apply now to be matched with a tutor.

Morning, afternoons, evenings, or weekend sessions are available. Tutoring sessions are about 1 hour with flexible scheduling.

Contact Information:

www.pcschools.us under Community, Good Neighbors.

PCSD Community Education,
Alison (435) 615-0209

Adult High School

PCSD Adult Education helps you earn your high school diploma or prepare to take the GED exam.

- **Starts September 5** and continues through June - except on holidays and school breaks.
- **Days:** Tuesday and Thursday.
- **Times:** Open 5:00 - 8:00 p.m.
- **Location:** Park City Learning Center located at 2400 Kearns Blvd. Enter through the west doors located in the back of the building.
- **Registration:** Register on any evening of the program, in person at the school.
- **Cost:** \$50 and includes a GED study book and educational materials.
- GED offered in both English and Spanish.

For more information see www.pcschools.us under community, Adult Education and GED or call 435-615-0209.

*Improve your
education and you
improve your
opportunities and
earning power!*



Park City Aquatic Center

(435)645-5617 • 2465 W. Kilby Rd. (at Ecker Hill Middle School)

Lap Swim

Mon, Wed & Fri 6:00 am - 2:00 pm
Tue & Thur 6:00 am - 9:30 am

Please check out our online calendar at pcschools.us/aquaticcenter for specific program times, updates and changes.

Prices

	Open & Lap Swim	Water Fitness	20 Pass Lap	20 Pass Water Fitness
Adult	\$6.00	\$7.00	\$100.00	\$120.00
Senior (65+)	\$5.00	\$6.00	\$80.00	\$90.00
Youth	\$5.00	\$5.00	\$70.00	N/A

Children 3 years and under are free!

Annual Passes

\$300	Individual pass for lap or open swim
\$250	Senior Individual lap or open swim (65+)
\$300	Senior H2O Fitness (65+)
\$350	Senior lap and H2O Fitness(65+)
\$400	Individual pass for lap and H2O Fitness
\$500	Family pass for lap and open swim
\$600	Family pass for lap, open swim and H2O Fitness

Private Swim Lessons *Available for all ages!*

Please call (435) 645-5617 for more information.

Swimming Lessons for Kids

We offer lessons for swimmers of all ages and abilities. Swimmers who graduate from our program will be safe and confident swimmers, able to enjoy leisure swimming, join a competitive swim team or water polo team.

Classes are 40 minutes and run Tuesdays and Thursdays between 4:00 - 6:00 pm.

Registration for each session opens 3 weeks before the session start date and close 1 week before the session start date. **For pricing and to register visit pcswimschool.com.**

Dates and prices for sessions:

- October 24 - November 16
- January 23 - February 15
- February 27 - March 21
- April 23 - May 16

Additional sessions and class times will be posted on our website pcswimschool.com.

Join Our Team! (Ages 15+)

If you are interested in being a lifeguard or a swim instructor we are always looking to grow our program. Please call (435) 645-5617 for more information.



Park City Swimming is a small elite year-around USA Swim Team providing a healthy approach to competitive swimming by guiding and supporting all our swimmers, regardless of their abilities, as they strive to reach their potential. We offer the opportunity to learn valuable and transferable life lessons while learning proper techniques and challenging oneself to attain a higher

level of fitness and performance.

Our swim team welcomes swimmers age 7-18, all levels welcome from beginner to elite competition swimmers. Start your swimming journey with Park City Swimming. All interested swimmers need to complete a short try-out with one of our coaches. We are currently hosting individual tryouts, please contact us to schedule a try-out today. Email at pccoach@pcschools.us.

For more information about our team, please visit our website www.ParkCitySwim.net or send us an email with any questions.

Park City Water Polo Team



Park City Water Polo is a USA Water Polo sanctioned competitive club dedicated to teaching young athletes the fundamentals of water polo, and developing players' skills, fitness and game sense toward advanced levels of play. For more information please visit our website parkcitywaterpolo.com or email parkcitywaterpolo@gmail.com.

Water Fitness Classes *For a great workout - just add water!*

Build muscle, improve flexibility and boost stamina.

Exercises performed in water create muscle resistance with little or no after-exercise stiffness. No swimming experience is needed to participate. Taught by certified and awesome water fitness instructors.

M, W & F	6:45 to 7:45 am (Higher intensity)
M, W, & F	8:00 to 9:00 am (Arthritis)
T & Th	8:00 to 9:00 am (Higher intensity)



Learn to Scuba!

Learn scuba diving or get a scuba certification to turn your vacations into adventures, exploring the underwater world. For more information see CDScuba.com.

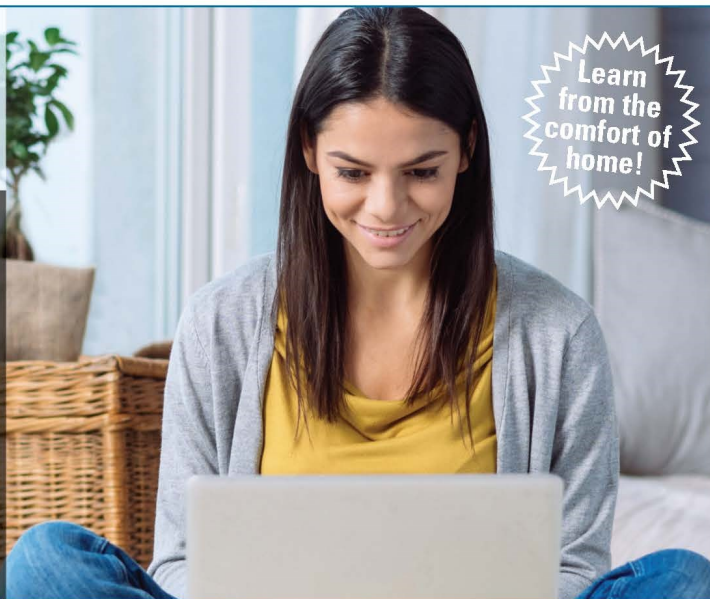
Very Important Dates September through January

Sept. 4	Labor Day	Closed
Sept. 29	Swim Meet	Closed at 3:00 pm
Sept. 30	Swim Meet	Closed
Nov. 23	Thanksgiving	Closed
Dec. 25	Holiday	Closed
Dec. 31	New Years Eve	Closed at 2:00 pm
Jan. 1	New Years Day	Closed

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from the
comfort of
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ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

- 6-18 Month Format
- All materials included
- Prepare for certification
- Student advisors

Categories Include:

- Arts and Design
- Business
- Computer Applications
- Computer Programming
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology

**JUMP START YOUR CAREER
OR FIND A NEW ONE!**

Visit our website for program details!

careertraining.ed2go.com/pcschoools

INSTRUCTOR-LED ONLINE SHORT COURSES

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

- 6 Week Format
- Discussion Areas
- Monthly start sessions
- Expert Instructor

Categories Include:

- Accounting and Finance
- Business
- College Readiness
- Computer Applications
- Design and Composition
- Healthcare and Medical
- Language and Arts
- Personal Development
- Teaching and Education
- Technology

Visit our website to find a course!

ed2go.com/pcschoools



Free Mindfulness Classes for All

No registration needed. Choose a virtual classroom or join in person at Park City Library located at 1255 Park Avenue, Park City Utah 84060. Meet in the Community Room on the 3rd floor. Join anytime! Inperson sessions are lead by Rebecca Brenner and Randi Jo Greenberg.

For link for the morning online sessions, please email: rebeccasbrenner@gmail.com.

For more information visit the website at mindfulsummitcounty.org or email to rebeccasbrenner@gmail.com.

Online:

Mon. • On going

6:00 – 7:00 am • Online • Free

In Person:

Wed. • Begins Sept. 13

6:00 – 7:00 pm • Park City Library • Free



Rebecca Brenner, MA, is an author and mindfulness meditation teacher, speaker, and practitioner. She is the president and a co-founder of Mindful.

Summit County. She has earned a BA and MA in

dance and theatre, and certifications in yoga through the Himalayan Institute, the Sivananda Yoga Vedanta Centers, Mindful Schools and The Dalai Lama Center for Peace + Education.



Randi Jo is a certified yoga and mindfulness meditation teacher and practitioner. She has been teaching yoga and mindfulness for Adults, kids and families for over 20

years. She is one of the co-founders of Mindful. Summit County. Look for her 2023 -2024 Mindfulness Yoga class for adults on page 3 and Kids Yoga on page 7.



September 30th

6:00PM-11:00PM

Please join us for an evening to benefit the Park City Education Foundation.

- BLACK TIE OPTIONAL -

COCKTAILS, DINING, DANCING, AND SILENT AND LIVE AUCTION BIDDING

Limited Red Apple Gala Accommodations provided by Montage Deer Valley for \$260. Please call 435-604-1300 and ask for a Red Apple Gala reservation.

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Summit





We're changing the equation

ALL PROCEEDS BENEFIT PARK CITY EDUCATION FOUNDATION

Registration Information & Policies

Cancellation & Refund Policy

Students receive a 100% refund of tuition if a request to withdraw is received no later than 7 days prior to the first day of the course. Any cancellation less than 7 days before the first class is not eligible for a refund. If you register for a class within 1 week of the class start date, this cancellation policy still applies. Occasionally we may find it necessary to cancel a class due to low enrollment or other scheduling conflicts. If this occurs, registered students will be contacted and a full refund will be issued.

Enrollment Policy

Class sizes are limited and enrollment is a first come first served basis. We cannot prorate students for missed classes or classes that they are unable to attend.

Inclement Weather

If we must cancel or reschedule a class, a makeup class will be scheduled if at all possible. If students are unable to attend the makeup class, they will be refunded the missed portion of their class fee. If the class is cancelled entirely, a full refund will be issued.

Missed Days

PCSD Community Education is unable to prorate students for missed classes or classes that they are unable to attend.

Media Release Statement

I understand and agree that when I register, I agree to the following: Student / parent guardian releases to Park City School District the students name, picture, art written work, voice, verbal statements, portraits (video or still) and consent to their use by the Park City School District. (PCSD). PCSD agrees that the students name, picture, art, written work, voice verbal statements, portraits, (video or still) shall only be used for public information, school or district promotion, publicity and instruction. Student and parent/ guardian understand and agree that the use of the student's name, picture, art written work, voice, verbal statements, portraits: 1. No monetary consideration shall be paid. 2. Consent and release have been given without coercion or duress. 3. This agreement is binding up heirs and/or future legal representatives. 4. The photo, video art student statements or portraits may be used in subsequent years. If the student parent/ guardian wish to rescind this agreement they may do so at any time with written notice to Jane Toly at jtoly@pcschoools.us

Important Message Regarding Child Safety

Park City School District does not assume responsibility for any child dropped off unattended. Please check with the instructor to make sure the class schedule has not changed before leaving your child at a facility.

Please pick up your child promptly after the class. In case of emergencies, contact the Park City School District at (435) 645-5600 or at the Aquatic Center at (435) 645-5617.

Safe School Policy

Park City School District's Community Education programs comply with the Safe Schools Policy #10100. Participants in violation of this policy may be excluded from participation. Copies of this policy are available at www.pcschoools.us or in the Park City School District office.

Notice of Non-Discrimination

Park City School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Todd Klarich, Director, Community Education. 2700 Kearns Blvd. Park City, Utah 84060.

Reasonable Accommodation

Reasonable accommodations will be made for persons with disabilities. Please notify Jaclyn Knapp at (435) 645-5600 ext. 1438 of your request in advance.



Register Now! Don't Miss Your Opportunity!



5 Easy and Fast Registration Options!

Online:

1. Go to www.pcschools.us
2. Click on "Community Ed"
3. Click on "Compass / Leisure Learning"
4. Click on "View Catalog and Register On-line"



By Phone:

Call 435-615-0215



In Person Noon - 4:00 pm

Park City School District Office
Jane Toly - Community Education
2700 Kearns Blvd.
Park City, UT 84060



By email: jtoly@pcschools.us

(Must include Visa, MC ,
American Express or Discover number.)

By Mail: Remit registration form below to:

PCSD Community Education,
Attention: Jane Toly,
2700 Kearns Blvd., Park City, UT 84060



Remit registration form to:

PCSD Community Education, Attention: Jane
2700 Kearns Blvd, Park City UT 84060
(Duplicate form as needed for multiple registrations.)

Class desired: _____

Class day/date/time: _____

Name of participant: _____ Age/Grade (if child): _____

Name of parent/guardian: _____

Address: _____

City / zip code: _____

Home telephone: _____ Other telephone: _____

E-mail: _____

(This is important to have and is not used for any other purpose than to correspond with you about your class.
You will receive an e-mail giving you directions to the class and other helpful information.)

**Park City School District
Community Education
2700 Kearns Boulevard
Park City, Utah 84060**

* 435-615-0215 *

435-615-0216

www.pcschools.us

(click on "Community")

We want you to like our programs!

If you are not satisfied with the quality of the program, full credit will be given to you for another Park City School District Community Education class.

Please contact Jane Toly within one week of the class end date to get full credit and give us another chance.

Your satisfaction is important to us.

Payment methods:

Credit Cards / Check / Cash

Please make checks payable to:

PCSD Community Education.

If we receive a notice of "Insufficient Funds," PCSD will charge a \$20 fee to reprocess the check. If a second "Insufficient Funds" notice is received, another \$20 fee will be charged and a cash payment will be required.

Class confirmation:

A minimum number of students is required to carry every class. If a sufficient number of students do not register, you will be notified and your fees refunded. **Consider yourself enrolled unless you are notified that the class is filled or cancelled.**

Further questions?

Contact Jane at the PCSD
Community Education office at
(435) 615-0215 or e-mail
jtoly@pcschools.us.



The Compass

Park City School District
2700 Kearns Boulevard
Park City, UT 84060

www.pcschools.us

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Here is a sample of popular classes!

Intro to Microsoft Excel 2019/Office 365

Learn dozens of shortcuts and tricks for setting up fully formatted worksheets that will have you using Excel like a pro.

Intermediate Microsoft Excel

Work faster and more productively with Excel.

Introduction to Microsoft Word

Learn to create and modify documents with the world's most popular word processor.

Computer Skills for the Workplace

This course includes a great introduction to Windows 10 and Office 2016 to provide computer skills needed to prosper in a modern workplace.

Achieving Top Search Engine Positions

This course gives you the knowledge you need to boost website visibility with proven SEO strategies you can implement immediately.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

LEARN MORE WITH ON-LINE INSTRUCTION

ed2go.com/pcschools

View & Register for online classes

1. **Get online.** Go to **ed2go.com/pcschools**
2. **Find a class.** Browse the catalog or search for a specific course. Select a course to view more information.
3. **Enroll.** Click "Enroll Now" to enroll and complete the process.
4. **Check your email.**
You will receive an email confirmation from ed2go.



A-Z Grant Writing

Research and develop relationships with potential funding sources, organize grant writing campaigns and prepare proposals.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting and more.

Blogging & Podcasting for Beginners

Learn how to create your very own blog and add a podcast too using the tools that you already have available on your computer.

E.S.L. for Adults Learn to Speak, Read and Write English!

Fall Term: September 6 - December 13.

Registration is on August 21, 22, 23, 24, 29, 30, 31 from 5:00 - 7:00 p.m.

Program held at **Park City Learning Center** located at 2400 Kearns Blvd.

- Classes are Monday and Wednesday nights from 6:00 - 9:00 p.m.
- Beginning through Intermediate English levels offered.
- Cost is \$40 per term* for residents of Utah.
- People here as temporary employees or visitors can join for \$250 per term.
- Free child care for ages 3 and up.

Registration and testing (oral and written) are done at the school. *You must bring \$40 cash or check and identification with your Utah address and your social security card when registering.*

Contact Alison 435-615-0209 (English) for more information.

*If students attend 75% of the classes in a term, no charge for the next term.