

August & September 2023 Waterbury Public Schools Lunch Menu K-8

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>This Institution is an equal Opportunity provider</p>	<p>August 28</p> <p>Chicken & Waffles with Syrup Carrots & Coleslaw Low Fat Milk 100% Fruit Juice <i>1st Day of School Cookie</i></p>	<p>August 29</p> <p>Meatball Parm on a WG Hot Dog Bun Italian Style Green Beans Beet Salad Low Fat Milk Fruit</p>	<p>August 30</p> <p>Mini Chicken Corn Dogs Buttered Carrots Fresh Broccoli w/ Ranch Dip Low Fat Milk Fruit</p>	<p>August 31</p> <p>Beef Chili Buttered Corn Scoops & Salsa mini corn muffin Low Fat Milk Fruit</p>	<p>September 1</p> <p>Turkey Sausage Pizza Chopped Romaine Cucumbers Ranch Dressing Low Fat Milk 100% Fruit Juice</p>
	<p>Second Choice Meals Are Available 5 days per week</p>	<p>September 4</p> <p>Labor Day</p> <p>No School</p>	<p>September 5</p> <p>Cheeseburger with Turkey Bacon on a WG Bun Corn & Vegetarian Beans Low Fat Milk Fruit</p>	<p>September 6</p> <p>BBQ Chicken & Brown Rice California Blend Veggies WG Dinner Roll Cherry Tomatoes w/ Ranch Dipping sauce Low Fat Milk Fruit</p>	<p>September 7</p> <p>Penne with Meat Sauce Garlic Butter Green Beans WG Dinner roll Cucumbers w/ Ranch Dipping sauce Low Fat Milk Fruit</p>
<p>The City of Waterbury Public Schools Food Service is "pork free". No pork is served or sold through the Child Nutrition Programs in Waterbury.</p>		<p>September 11</p> <p>Chicken Strips w/ Cheese On a WG Hot Dog Bun w/ peppers & onions sweet potatoes Low Fat Milk 100% Fruit Juice</p>	<p>September 12</p> <p>Beef & Cheese Taco Stick w/ Salsa Refried vegetarian beans corn Low Fat Milk Fruit</p>	<p>September 13</p> <p>Penne & Turkey Meatballs In Marinara sauce Green beans, diced carrots WG Dinner Roll Low Fat Milk Fruit</p>	<p>September 14</p> <p>Grilled Cheese Potato Salad & Fresh Baby Carrots Low Fat Milk Fruit</p>
	<p>Milk Choices: Fat Free chocolate Fat Free Strawberry 1% white</p>	<p>September 18</p> <p>Grilled Chicken Patty On WG Hamburger Bun Homemade Macaroni Salad Red & Green peppers, Carrots Low Fat Milk 100% Fruit Juice</p>	<p>September 19</p> <p>Beef & Bean Burrito w/ salsa Corn Low Fat Milk Fruit <i>Cookie</i></p>	<p>September 20</p> <p>Alfredo Mac & Cheese Buttered Peas Cherry Tomatoes w/ Ranch Dip WG Dinner Roll Low Fat Milk Fruit</p>	<p>September 21</p> <p>Sweet & Sour Beef Meatballs WG Hamburger Bun California Blend Veggies Fresh Broccoli w/ Ranch Dip Low Fat Milk Fruit</p>
<p>Welcome back to School!</p>		<p>September 25</p> <p>Chicken Smackers BBQ Sauce Snap Peas w/ Ranch Dip Three Bean Salad WG Dinner Roll Low Fat Milk 100% Fruit Juice</p>	<p>September 26</p> <p>Joanne's Special Black Bean Fiesta Wrap Avocado & Diced tomatoes Low Fat Milk Fruit</p>	<p>September 27</p> <p>Mini breaded raviolis w/ Marinara Dipping Sauce Vegetable Blend peas WG Dinner Roll Low Fat Milk Fruit</p>	<p>September 28</p> <p>Meatloaf w/ gravy Garlic Green Beans Diced carrots WG Hamburger Bun Low Fat Milk Fruit</p>