




SEPTEMBER

Post Falls School District
Nutrition Services



NEW VISION MENU

2023

| Mon | Tue | Wed | Thu | Fri |
|--|---|---|---|--|
| 4 LABOR DAY  | 5 Breakfast Mini Strawberry Bagel Yogurt Lunch Corndog Homemade Dinner Roll | 6 Breakfast Breakfast Sandwich Lunch Domino's Pizza | 7 Breakfast Mini Blueberry Waffle Sausage Links Lunch Buffalo Chicken Nacho's | 8 Breakfast Fruit Parfait Lunch Cheeseburger Potatoes |
| 11 Breakfast Pancake Wrap on a stick Lunch German Hot Dog Baked Chips | 12 Breakfast Mini Cream Cheese Bagel Yogurt Lunch Walking Taco | 13 Breakfast Breakfast Sandwich Lunch Domino's Pizza | 14 Breakfast Mini French Toast Sausage Links Lunch Cheesy Breadsticks Marinara Sauce | 15 Walk-in lunches available 11:00-12:30 at Ponderosa and Seltice Elementary |
| 18 Breakfast Breakfast Burrito Lunch Cheeseburger Potatoes | 19 Breakfast Mini Cream Cheese Bagel Yogurt Lunch Bean & Cheese Burrito Tater Tots | 20 Breakfast Breakfast Sandwich Lunch Domino's Pizza | 21 Breakfast Mini Blueberry Waffle Sausage Links Lunch Sweet & Sour Chicken Rice Bowl Garlic Bread | 22 Walk-in lunches available 11:00-12:30 at Ponderosa and Seltice Elementary |
| 25 Breakfast Pancake Wrap on a stick Lunch Corndog Baked Chips | 26 Breakfast Mini Strawberry Bagel Yogurt Lunch Buffalo Chicken Nachos | 27 Breakfast Breakfast Sandwich Lunch Domino's Pizza | 28 Breakfast French Toast Sticks Sausage Links Lunch Cheeseburger | 29 Walk-in lunches available 11:00-12:30 at Ponderosa and Seltice Elementary |

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK

See the Nutrition Services homepage at www.pfsd.com for more information.

Meal Prices:

| | |
|--------------|--------|
| Milk— | \$0.60 |
| Breakfast— | \$2.20 |
| Reduced | \$0.30 |
| Lunch— | \$3.60 |
| Reduced | \$0.40 |
| Adult lunch— | \$4.70 |

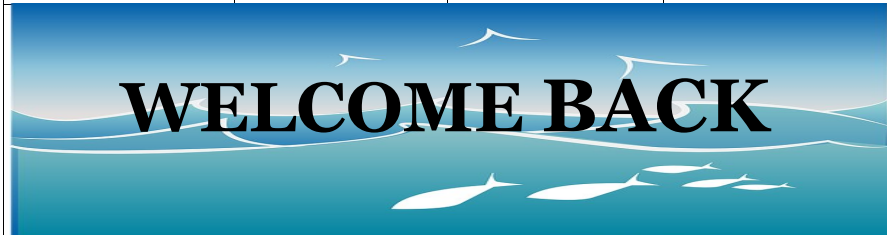
Alternate lunch choices:

M/TH—Chicken Sandwich,

Salad, or PB&J

WED—PIZZA, Salad, or PB&J

TUES—Chicken Nuggets, Salad, or PB&J



ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.