



# ELEMENTARY MENU

2023



Mon	Tue	Wed	Thu	Fri
<p>4</p> <p><b>LABOR DAY</b></p>	<p>5</p> <p><b>Breakfast</b> Mini Strawberry Bagel/ Yogurt</p> <p><b>Lunch</b> Corn dog Goldfish Crackers</p>	<p>6</p> <p><b>Breakfast</b> Funky Monkey Parfait</p> <p><b>Lunch</b> Ham &amp; Cheese Ripper Homemade Cookie</p>	<p>7</p> <p><b>Breakfast</b> Mini Blueberry Waffle Sausage Links</p> <p><b>Lunch</b> Chicken Nuggets Scratch Dinner Roll</p>	<p>8</p> <p><b>Breakfast</b> Egg &amp; Cheese Burrito</p> <p><b>Lunch</b> Cheeseburger Sunchips</p>
<p>11</p> <p><b>Breakfast</b> Pancake Wrap on a stick</p> <p><b>Lunch</b> Chicken Patty Sandwich Animal Cracker</p>	<p>12</p> <p><b>Breakfast</b> Granola Bar Yogurt</p> <p><b>Lunch</b> Walking Taco Refried Beans</p>	<p>13</p> <p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Bagel Lunch</p>	<p>14</p> <p><b>Breakfast</b> French Toast Mini Sausage Links</p> <p><b>Lunch</b> Cheesy Breadsticks Marinara Sauce</p>	<p>15</p> <p><b>Walk-in lunches available</b> 11:00-12:30 at Ponderosa and Seltice Elementary</p>
<p>18</p> <p><b>Breakfast</b> Breakfast Burrito</p> <p><b>Lunch</b> Ribbq Sandwich Baked Beans</p>	<p>19</p> <p><b>Breakfast</b> Poptart Variety Yogurt</p> <p><b>Lunch</b> Bean &amp; Cheese Burrito</p>	<p>20</p> <p><b>Breakfast</b> Strawberry Chocolate Over night Oats</p> <p><b>Lunch</b> Homemade Pizza</p>	<p>21</p> <p><b>Breakfast</b> Mini Blueberry Waffle Sausage Links</p> <p><b>Lunch</b> Sweet &amp; Sour Chicken Rice Bowl</p>	<p>22</p> <p><b>Walk-in lunches available</b> 11:00-12:30 at Ponderosa and Seltice Elementary</p>
<p>25</p> <p><b>Breakfast</b> Pancake Wrap on a stick</p> <p><b>Lunch</b> Mini Corn Dogs</p>	<p>26</p> <p><b>Breakfast</b> Mini Strawberry Bagel /Yogurt</p> <p><b>Lunch</b> Ham &amp; Cheese Ripper</p>	<p>27</p> <p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Chicken Nuggets Scratch Dinner Roll</p>	<p>28</p> <p><b>Breakfast</b> French Toast Mini Sausage Links</p> <p><b>Lunch</b> Cheeseburger</p>	<p>29</p> <p><b>Walk-in lunches available</b> 11:00-12:30 at Ponderosa and Seltice Elementary</p>

**ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK**

**ALL LUNCHESES COME WITH FRUIT, VEGGIES AND MILK**

See the Nutrition Services homepage at [www.pfsd.com](http://www.pfsd.com) for more information.

<b>Meal Prices:</b>	
Milk—	\$0.60
Breakfast—	\$1.95
Reduced	\$ .30
Lunch—	\$3.15
Reduced	\$ .40
Adult lunch—	\$4.70

**Alternate lunch choices:**

**Uncrustable PB&J**

**ALL MENUS ARE SUBJECT TO CHANGE**

*This institution is an equal opportunity provider.*