## Northern Highlands Regional High School



298 Hillside Ave • Allendale, NJ 07401 Tel: 201-327-8700 • FAX: 201-236-9543 www.northernhighlands.org CEEB Code: 310-001


ADMINISTRATION
Scot Beckerman, Ed.D, Superintendent
Joseph J. Occhino, Principal
Michael T. Koth, Assistant Principal of Athletics
Tony F. LaRocca, Ed.D, Assistant Principal of Student Affairs
Sue Ann Mather, Business Administrator


## ACADEMIC PREPARATION OF FACULTY

$\begin{array}{ll}\text { B.A. } & 15 \\ M . A & 53\end{array}$
M.A. 53
M.A. plus $30 \quad 39$
M.A. plus 6030

Ph.D./Psy.D/Ed.D./J.D. 8

## THE COMMUNITIES

The suburban towns of Allendale, Upper Saddle River, Ho-Ho-Kus and Saddle River are located 20 miles from New York City. Residents are employed primarily in executive, professional, and managerial positions. Northern Highlands is the hub of activity for our students; it serves as both an academic and social community.

## THE HIGH SCHOOL

Northern Highlands Regional High School is a four-year comprehensive public high school that addresses the needs of all of its students and has as its chief emphasis preparation for education beyond high school. Current school population is 1260 with 315 students enrolled in the 12th grade.

## ACCREDITATION

New Jersey State Department of Education
SCHOOL COUNSELOR DEPARTMENT: Christine Wegert, Director of School Counseling

| Laura Eliscu, Counselor | ext. 593 | Daniel Rehain, Counselor | ext. 584 | Maureen Menakis, Adm. Asst. | ext. 509 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Jennifer Ferentz, Counselor | ext. 569 | Denise Talotta, Counselor | ext. 596 | Linda Roberto, Secretary | ext. 556 |
| Brandon Rajkovich, Counselor | ext. 588 | Michele Zungoli, Counselor | ext. 591 | Gina Dekens, Secretary | ext. 519 |

GPA DISTRIBUTION - Northern Highlands does not rank.
GPA is cumulative and comprises final grades from all courses, including Physical Education/Health (courses designated Pass/Fail are not included). Northern Highlands uses a differential weighting system. Courses labeled Honors receive an additional 5 of a quality point, and Advanced Placement, 1 additional quality point. These weights are used solely for the purpose of computing a Grade Point Average (GPA). A 7th semester GPA is forwarded to colleges on the mid-year report.

$$
P=\text { Pass } \quad F=\text { Fail } \quad W F=\text { Withdrawal Fail }
$$

| GPA QUALITY POINTS |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| COURSE LEVEL |  |  |  |  |
| Grades |  | Reg. | Hon. | AP |
| $97-100$ | A+ | 4.3 | 4.8 | 5.3 |
| $93-96$ | A | 4.0 | 4.5 | 5.0 |
| $90-92$ | A- | 3.7 | 4.2 | 4.7 |
| $87-89$ | B+ | 3.3 | 3.8 | 4.3 |
| $83-86$ | B | 3.0 | 3.5 | 4.0 |
| $80-82$ | B- | 2.7 | 3.2 | 3.7 |
| $77-79$ | C+ | 2.3 | 2.8 | 3.3 |
| $73-76$ | C | 2.0 | 2.5 | 3.0 |
| $70-72$ | C- | 1.7 | 2.2 | 2.7 |
| $67-69$ | D+ | 1.3 | 1.8 | 2.3 |
| $63-66$ | D | 1.0 | 1.5 | 2.0 |
| $60-62$ | D- | 0.7 | 1.2 | 1.7 |
| $59 /$ below | F | 0 | 0 | 0 |

## CURRICULUM

Northern Highlands has a four-day rotating schedule. Students are scheduled for eight courses, six of which meet daily. This schedule provides longer segments of time ( 57 minute periods) to engage in higher-order thinking and performance-based learning. Our program of study is designed to serve the interests and needs of all students. To receive a Northern Highlands Regional High School diploma, the class of 2024 must earn a minimum of 125 credits including: four years of English; one year of World History/Cultures; two years of United States History; three years of Mathematics; three years of Science; two years of World Languages; one year of Career Education \& Consumer, Family, Life Skills; one year of Visual and Performing Arts (VPA); and one year of Physical Education and/or Health for each year a student is in attendance at Northern Highlands.

## Elective offerings for the class of 2024 include but are not limited to:

Visual and Performing Arts: All art and music classes, along with Intro to Theater \& Acting and Actors Workshop I, II, \& III.
Career Education and Consumer, Family, and Life Skills: Business Education, Applied Technology, Media Studies, Family and Consumer Sciences classes.
Presently, there are over 42 Honors courses and 28 Advanced Placement courses listed below as well as Economics, Art History, Studio Art, Photography and Computer Programming. Freshmen and Sophomores who meet the appropriate prerequisite may take one AP class; Seniors and Juniors may take 1-5 classes each year. Students also have the opportunity to take a Syracuse University course in Forensic Science, Spanish V, English and Sociology. Other Dual Enrollment courses are also offered through Rutgers University (Hon Dynamics of Health Care, Hon Medical Terminology, Hon Anatomy \& Physiology), Fairleigh Dickinson University (Hon Marketing \& Branding), Bergen Community College (Computer Aided Drawing II, Hon US History II), Seton Hall University (Multi-Variable Calculus). Northern Highlands partnered with Bergen Community College during the 2022-2023 school year to offer the Early College Program to eligible $11^{\text {th }}$ graders interested in earning an Associate Degree.

## ACADEMIC COURSE OFFERINGS 2023-2024

ENGLISH

| COURSES | HONORS | AP |
| :--- | :--- | :--- |
| English 9 | Hon American Literature <br> American Literature <br> (Grade 10 Only) | AP English Literature |
| Literature/Creative Comp. | Hon Modern <br> Literature/Individual <br> Fiction/Non-Fiction <br> Literature/Society <br> Modern Fiction/Non-Fiction <br> Science Fiction/Fantasy | Hon British Literature <br> Hon Humanities <br> Hon Sci Fiction \& Fantasy <br> Hon Reading/Writing* |
| *Syracuse University's Project Advance Course |  |  |

MATHEMATICS

| COURSES | HONORS/AP |  |  |
| :--- | :--- | :---: | :---: |
| Algebra I | Hon Algebra II/Trigonometry |  |  |
| Geometry | Hon Geometry |  |  |
| Algebra II | Hon Pre-Calculus |  |  |
| Algebra II/Trigonometry | Hon Calculus |  |  |
| Advanced Algebra/Trigonometry | Hon Multi-Variable Calculus* |  |  |
| Pre-Calculus | Hon Math Analysis |  |  |
| Statistics/Probability | AP Pre-Calculus |  |  |
|  | AP Statistics |  |  |
|  | AP Calculus (AB) |  |  |
|  | AP Calculus (BC) |  |  |
|  | AP Computer Principles |  |  |
|  | AP Computer Science |  |  |
| *Seton Hall University Course |  |  |  |
| WORLD LANGUAGES |  |  |  |

Students have the opportunity to study languages on several levels. French, Spanish and Italian and American Sign Language are offered for those students with no previous World Languages background. Students who begin high school with courses labeled either II or IIH have already had a minimum of two years in that language.

| COURSES | HONORS/AP |
| :--- | :--- |
| French I, II, III, IV | Hon French II, III, IV |
| Spanish I, II, III, IV, V | Hon Spanish II, III, IV |
| Italian I, II, III, IV | Hon Spanish V* |
| American Sign Language I, II, III, IV | Hon Italian II, III, IV |
| Exploring Languages \& Cultures | AP French |

*Syracuse University's Project Advance Course

## CO-CURRICULAR PROGRAM

Northern Highlands offers over 63 award-winning co-curricular activities and clubs. Our top-ranked athletic program has 16 sports for boys and 16 sports for girls. Over ninety percent of our students participate in one or more of Highlands' co-curricular activities.

## Academic and TestingStatistics

GPA Breakdown for the Class of 2024, Based on Six Semesters

| GPA RANGES | 4.01 \& above | $\mathbf{4 . 0 0 - 3 . 5 1}$ | $\mathbf{3 . 5 0 - 3 . 0 1}$ | $\mathbf{3 . 0 0 - 2 . 5 1}$ | $\mathbf{2 . 5 0 - 2 . 0 1}$ | $\mathbf{2 . 0 0 - 1 . 0 7}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| \# Students (315 as of June 2023) | 115 | 112 | 64 | 23 | 8 | 1 |
| $\%$ of Class | $36 \%$ | $35 \%$ | $20 \%$ | $7 \%$ | $3 \%$ | $.3 \%$ |

College Acceptances for the Class of 2023
Of 340 graduates in the class of 2023, $98 \%$ ( 333 are attending college).

| Total: 340 | $\mathbf{4}$ Year | $\mathbf{2}$ Year | Other |
| :---: | :---: | :---: | :---: |
| ACCEPTED | $96 \%$ | $2 \%$ | $2 \%$ |
| ATTENDING | 327 | 6 | 7 |

Scholastic Assessment Test Results

| SAT I RESULTS FOR THE CLASSES OF $\mathbf{2 0 2 3}$ |  |
| :--- | :---: |
| SAT I MEAN SCORES 2023 | TOTAL $\mathbf{2 0 2 3}$ |
| TOTAL | 1280 |
| EVIDENCE BASED READING AND WRITING | 631 |
| MATHEMATICS | 649 |


| 2021, 2022 and 2023 |  |  |
| :---: | :---: | :---: |
|  | READING \& MATH MEAN SCORES |  |
|  | NORTHERN HIGHLANDS | NEW JERSEY |
| $\mathbf{2 0 2 3}$ | 1280 | 1079 |
| $\mathbf{2 0 2 2}$ | 1304 | 1125 |
| $\mathbf{2 0 2 1}$ | 1285 | 1090 |

ACT Test Results
Test results shown are mean scores.

| TEST YEAR | $\mathbf{2 0 2 3}$ | $\mathbf{2 0 2 2}$ |
| :--- | :---: | :---: |
| English | 27 | 26.8 |
| Math | 27 | 26.0 |
| Reading | 28 | 26.9 |
| Science Reasoning | 27 | 25.6 |
| Composite | 27 | 26.2 |
| Students Tested | 133 | 133 |

Scholastic Assessment Test Results

| SAT SUBJECT TESTS | $\mathbf{2 0 2 1}$ | $\mathbf{2 0 2 2}$ | $\mathbf{2 0 2 3}$ |
| :--- | :---: | :---: | :---: |
| English Literature | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| U.S. History | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| Biology E | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| Biology M | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| Chemistry | 629 | 720 | $\mathrm{n} / \mathrm{a}$ |
| Physics | 713 | 720 | 730 |
| Math Level I | $\mathrm{n} / \mathrm{a}$ | 650 | $\mathrm{n} / \mathrm{a}$ |
| Math Level II | 773 | 784 | $\mathrm{n} / \mathrm{a}$ |
| World History | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| Spanish | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| Mean scores are reported only when there are 5 or more test takers. |  |  |  |

## Advanced Placement Program - Distribution of 2023 AP Test Results

AP courses are offered in freshman, sophomore, junior and senior years. Eligibility requirements include: prerequisite courses, grades, proficiency testing, and/or teacher recommendation. In May 2023, 459 students sat for 960 exams in 28 subjects, some of which are not offered as AP courses at Northern Highlands. Of the 960 AP exams taken by 459 Highlands students, $90 \%$ (867) of those exams were scored 3 or above.

| AP Tests | $\mathbf{5}$ | $\mathbf{4}$ | $\mathbf{3}$ | Total Tests <br> Administered | AP Tests | $\mathbf{5}$ | $\mathbf{4}$ | $\mathbf{3}$ | Total Tests <br> Administered |
| :--- | :---: | :---: | :---: | :---: | :--- | :---: | :---: | :---: | :---: |
| Art History | 3 | 7 | 13 | 31 | Human Geography | 24 | 11 | 3 | 26 |
| Biology | 11 | 24 | 15 | 27 | Music Theory | 3 | 2 | 3 | 4 |
| Calculus AB | 24 | 15 | 10 | 57 | Physics I | 5 | 6 | 6 | 24 |
| Calculus BC | 16 | 9 | 7 | 53 | Physics +C Electricity \& Magnetism | 1 | 3 |  | 4 |
| Chemistry | 7 | 4 | 5 | 21 | Physics +C Mechanics | 4 | 7 | 4 | 17 |
| Computer Science A | 12 | 5 | 5 | 34 | Psychology | 18 | 26 | 6 | 107 |
| Computer Science Principles | 16 | 28 | 17 | 43 | Seminar | 4 | 9 | 6 | 38 |
| Economics: Macro | 40 | 18 | 6 | 52 | Statistics | 17 | 17 | 13 | 38 |
| Economics: Micro | 8 | 4 | 2 | 13 | Studio Art (Drawing) | 3 | 6 | 4 | 14 |
| Eng. Language/Comp | 37 | 36 | 24 | 73 | Studio Art (2D Design) |  | 5 | 5 | 10 |
| English Literature/Comp | 21 | 11 | 6 | 29 | U.S. Govt. \& Politics | 27 | 10 | 25 | 64 |
| Environmental Science | 4 | 8 | 5 | 19 | U.S. History | 21 | 23 | 18 | 55 |
| European History | 7 | 4 | 5 | 17 | World History | 7 | 5 | 3 | 13 |
| French Language and Culture |  | 3 | 4 | 7 |  |  |  |  |  |

## Colleges Acceptances for NHRHS Class of 2023

College Accept
Albany College Pharm/Health Sciences 1
Alvernia University
American University
Appalachian State University
Arcadia University
Arizona State University Phoenix
Arizona State University Main Campus
Auburn University
Babson College
Bard College
Barnard College
Barry University
Bates College
Baylor University
Belmont University
Bennington College
Bentley University
Bergen Community College
Berklee College of Music
Binghamton University
Bloomfield College
Boston College
Boston University
Bowie State University
Brigham Young University
Bryant University
Bucknell University
Caldwell University
California Polytech. State, S. Luis Obispo 2
California State University, Long Beach
Campbell University
Case Western Reserve University
Catholic University of America
Centenary University
Champlain College
Charleston Southern University
Christopher Newport University
Clarkson University
Clemson University
Coastal Carolina University
Colby College
Colgate University
College of Charleston
College of the Holy Cross
Colorado College
Colorado State University, Fort Collins
Columbia University
Commonwealth University, Bloomsburg
Connecticut College
Cooper Union
Cornell University
CUNY Brooklyn College
CUNY City College
CUNY Hunter College
Curry College
Denison University
Dickinson College
Drew University
Drexel University
Duquesne University
Earlham College
East Carolina University
Eckerd College
Elon University
Embry-Riddle Aeronautical University
Emerson College
Emory University
Endicott College
Fairfield University
Fairleigh Dickinson University, Florham 19
Fairleigh Dickinson University, Metro
Fashion Institute of Technology
Flagler College
Florida Atlantic University
Florida Gulf Coast University
Florida Institute of Technology
Florida Polytechnic University
Florida State University
Fordham University
Franklin \& Marshall College
George Washington University

| College Acc | Accept |
| :---: | :---: |
| Georgia Institute of Technology | 3 |
| Gettysburg College | 7 |
| Hamilton College | 1 |
| Hampton University | 1 |
| Hartwick College | 1 |
| High Point University | 9 |
| Hobart and William Smith Colleges | 4 |
| Hofstra University | 6 |
| Howard University | 1 |
| Indiana University, Bloomington | 39 |
| Iona University | 1 |
| Iowa State University | 1 |
| Ithaca College | 6 |
| James Madison University | 33 |
| Johnson \& Wales University, Providenc | dence 1 |
| Kean University | 2 |
| Lafayette College | 5 |
| Lake Forest College | 1 |
| Lawrence University | 1 |
| Lehigh University | 9 |
| Lesley University | 1 |
| Liberty University | 2 |
| LIM College | 1 |
| Lincoln University | 1 |
| Lipscomb University | 1 |
| Long Island University, Post | 1 |
| Louisiana State University | 5 |
| Loyola University Chicago | 1 |
| Loyola University Maryland | 8 |
| Loyola University New Orleans | 1 |
| Lynn University | 3 |
| Manhattan College | 5 |
| Manhattanville College | 1 |
| Marist College | 16 |
| Marquette University | 1 |
| Marymount Manhattan College | 2 |
| Massachusetts College of Art and Desig | Design 1 |
| Massachusetts Institute of Technology | ogy |
| Mercy College | 1 |
| Miami University, Oxford | 3 |
| Michigan State University | 13 |
| Mitchell College | 1 |
| Monmouth University | 15 |
| Monroe College | 1 |
| Montclair State University | 26 |
| Moore College of Art and Design | 1 |
| Mount Holyoke College | 2 |
| Muhlenberg College | 5 |
| New Jersey City University | 1 |
| New Jersey Institute of Technology | 9 |
| New York Institute of Technology | 2 |
| New York University | 6 |
| Nichols College | 1 |
| North Carolina A \& T State University | ty |
| North Carolina Central University | 1 |
| North Carolina State University | 2 |
| Northeastern University | 29 |
| Northwestern University | 3 |
| Notre Dame of Maryland University | , |
| Nova Southeastern University | 1 |
| Oberlin College | 1 |
| Oral Roberts University | 1 |
| Oregon State University | 1 |
| Pace University, New York City | 4 |
| Palm Beach Atlantic University | 1 |
| Parsons School of Design, New School | ool |
| Penn State University, Abington | 1 |
| Penn State University, Berks | 1 |
| Penn State University, University Park | Park |
| Penn State University, World Campus | us |
| Pratt Institute | 3 |
| Princeton University | 1 |
| Providence College | 10 |
| Purdue University, Main Campus | 20 |
| Quinnipiac University | 22 |
| Ramapo College of New Jersey | 27 |
| Reed College | 1 |
| Rensselaer Polytechnic Institute | 8 |
| Rice University | 2 |
| Rider University | 4 |
| Rochester Institute of Technology | 2 |

College
University of Delaware
Accept
University of Denver
University of Florida
University of Georgia
University of Hartford
University of Houston
U of Illinois at Urbana-Champaign
University of lowa
University of Kentucky
University of Louisville
University of Maine
University of Maryland, Baltimore
University of Maryland, College Park 33
University of Massachusetts, Amherst 16
University of Massachusetts, Boston 2
University of Massachusetts, Dartmouth 1 University of Miami
University of Michigan
University of Mississippi
University of Nevada, Las Vegas
University of New Hampshire, Main
University of New Haven
University of North Carolina Wilmington
University of Notre Dame
University of Oregon
University of Pittsburgh, Bradford
University of Pittsburgh, Pittsburgh
University of Rhode Island
University of Richmond
University of Rochester
University of Scranton
University of South Carolina
University of South Florida, Main
University of Southern California
University of Toronto
University of Utah
University of Vermont
University of Virginia, Main Campus
University of Washington, Seattle
University of Wisconsin, Madison
Ursinus College
Utah State University
Vanderbilt University
Villanova University
Virginia Commonwealth University
Virginia Polytechnic Institute
Wake Forest University
Washington University in St. Louis
Wentworth Institute of Technology
Wesleyan University
West Chester University of Pennsylvania
West Virginia University
Wichita State University
Widener University
William \& Mary
William Paterson University of NJ
Worcester Polytechnic Institute
Xavier University
Yale University

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Rosemont College 1

Brunswick
Rutgers University, Newark 6
Sacred Heart University
Saint Joseph's Universit
Saint Louis University
Saint Peter's University
Salve Regina University

Savannah College of Art and Design
School of Visual Arts
on Hall University
Siena College
Soka University of America
Southeastern University
Methodist University
. Bonaventure University
St. John's University
Lawrence University
St. Thomas Aquinas College
Stetson University
Stevens Institute of Technology
Stockton University

Stony Brook University
SUNY at Albany
SUNY at New Paltz
SUNY at Purchase College
University
SUNY College at Brockpor
SUNY College at Cortland
SUNY College at Geneseo
SUNY Polytechnic Institute
SUNY University at Buffalo
acuse University
Temple University
Texas A\&M University
exas State University
The College of New Jersey
The New School
he Ohio State University
The University of Alabama
The University of Tampa
The University of Texas at Austin
The University of West Florida
Thomas Jefferson University, East Falls
Towson University
Trinity College
Tufts University
Tulane University of Louisiana
Union College
United States Coast Guard Academy
US Military Academy, West Point
University of Arizona
University of Bridgeport
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, Los Angeles
University of California, Merced
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz
University of Central Florida
University of Charleston
University of Chicago
University of Cincinnati, Main Campus
University of Colorado Boulder
University of Colorado Denver
University of Connecticut
University of Connecticut, Stamford .
Roger Williams University 4
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