BISD Elementary Counselor Lesson/SEL Themes 2023-2024 with Quaver SEL integration								
Counselor Name:	E. Fischer & S. Padilla	Campus: Ortiz Elementary						
Principal's Name/D	Principal's Name/Date: Julie Peña 8/24/23							
Month Content Area	Themes	QuaverSEL	Resources	Lesson Objective				
August	School Rules	Pre-K Lesson 1K-3 Lesson 2	QuaverReady/Campus Handbook/Orientation	Understand the importance of rules				
	Student Expectations	Pre-K Lessons 5, 15, 16K-5 Lesson 27	QuaverReady/Campus Handbook/Orientation	Learn strategies to improve				
Personal Health	Personal Boundaries	K-5 Lesson 29	QuaverReady/Cameron County Children's Advocacy	Learn about personal space				
and Safety	School Safety - Safe & Trusted Adult		Sandy Hook Promise Safe & Trusted Adult/TX School Safety Center/Supplementals	Learn about school safety & trusted adults				
September	Self-Confidence	Pre-K Lesson 4K-5 Lesson 6, 21	QuaverReady/On-Line Resources/Character Counts	Discuss self-confidence				
Intrapersonal	Mindfulness	Resources in Teacher Toolbox	QuaverReady/Breathe With Me/On-line resources	Learn breathing techniques				
Effectiveness	Coping with Anger/Frustration Emotions & Self-Care	Grades 2-5 Lesson 1K-5 Lesson 32	QuaverReady/On-Line Resources/ Harmony SEL	Learn coping skills				
October	Bus Safety	Song "Our School"	BISD Transportation/Supplementals	Learn BISD Rules about Bus Safety				
Personal Health	Fire Prevention	Grade 3 Lesson 29	Fire Dept/Supplementals/On-Line Resources	Identify fire hazards & safety rules at school/home				
and Safety	Red Ribbon Week	Grade 2 Lesson 24Grade 4 Lesson 24	On-line Resources/Community Outreach Partners	Making responsible choices				
Intrapersonal	Anti-Bullying	K-5 Lesson 28	Bully Free & Anti-Violence Resources	Identify bullying & making good choices				
Effectiveness	DUKE TIP		Informational fliers/Guidance & Counseling	Academic Achievement				
Post Secondary Ed.								
November	1 1	Pre-K Lessons 7, 8 K-5 Lesson 4	QuaverReady/Character Counts/Harmony SEL	Identify characteristics of a good friend				
Interpersonal	Respect others/Empathy	Pre-K Lessons 11, 13, 14, 18K-5 Lessons 18, 23	QuaverReady/Character Counts/Harmony SEL	Learn about others feelings				
Effectiveness	Giving/Peace	Pre-K Lessons 17, 18K-5 Lesson 9	QuaverReady/On-Line Resources/Harmony SEL	Learn the value of giving				
	Grief/Hope	K-5 Lesson 35	QuaverReady/On-Line Resources/Harmony SEL	Discuss feelings and positive thinking				
December	College 101	K-5 Lessons 21, 25, 27	BISD Powerpoint/Guidance & Counseling resources	Discuss post secondary education				
Post Secondary Ed.	College /Career Fair		Community Outreach Partners	Identify and learn about different careers				
Career Readiness								
January	STEM	Grade 5 Lesson 22	BISD Informational flier	Discuss middle school STEM program				
Post Secondary Ed.	Choice Slips		Middle School Choice Slips/Course Listing Guide	Inform students of classes & electives				
Career Readiness	Set Goals, Planning	K-5 Lessons 7, 12	QuaverReady/On-Line Resources/Harmony SEL	Identify goal setting & planning				
Intrapersonal	Problem Solving	K-5 Lessons 15, 20	QuaverReady/On-Line Resources/Harmony SEL	Learn how to solve problems				
Effectiveness	Decision Making	K-5 Lessons 5. 20. 24	QuaverReady/On-Line Resources/Harmony SEL	Learn steps in the decision making process				
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BISD Elementary Counselor Lesson Themes - 2023-2024						
Month Content Area	Themes		Resources	Lesson Objective		
February	Multicultural Awareness	K-5 Lesson 18	QuaverReady/Character Counts/Harmony SEL	Learn about diversity		
Interpersonal	Relate Well With Others	Pre-K Lessons 6, 7, 8, 12, 18K-5 Lesson 4	QuaverReady/Character Counts/Harmony SEL	Learn about interpersonal skills		
Effectiveness	Communication Skills	K-5 Lessons 3, 19	QuaverReady/On-Line Resources/Harmony SEL	Identify ways to communicate effectively		
March	Test-taking skills	K-5 Lesson 27Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn test taking skills		
Interpersonal/	Stress Management	K-5 Lesson 17Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn how to manage stress/coping skills		
Intrapersonal	Motivation to Achieve	K-5 Lesson 25	QuaverReady/On-Line Resources/Harmony SEL	Learn about self motivation & the feeling of success		
Effectiveness						
April	Conflict Resolution	K-5 Lesson 14	QuaverReady/On-Line Resources/Harmony SEL	Learn ways to resolve conflict		
Interpersonal	Child Abuse Awareness		Guidance and Counseling Posters/Children's Advocacy	Learn about personal safety & how to report		
Effectiveness	Play It Safe	Grades K-5 Lesson 29	QuaverReady/On-Line Resources	Learn about personal safety & how to ask for help		
May	Manage Transition	K-5 Lesson 34	Middle School Campus Tour	School Transition		
Interpersonal/	Responsible Behavior	K-5 Lessons 5, 8	QuaverReady/Character Counts/Harmony SEL	Identify ways to show responsible behavior		
Intrapersonal						
Effectiveness						

Texas Model for Comprehensive School Counseling Programs - Program Balance

Guidance Curriculum 35%-45%	Classroom Presentations	
Responsive Services 30%-40%	Academic/Personal Counseling	
Individual Planning 5%-10%	Educational/Career/Personal/Social	
System Support 10%-15%	Staff Development/Meeting/Parents	

^{*} Subject to change based on campus needs

^{*}Additional resources may be used based on student needs