

BISD Elementary Counselor Lesson Themes - 2023-2024

Month Content Area	Themes		Resources	Lesson Objective
February	Multicultural Awareness	K-5 Lesson 18	QuaverReady/Character Counts/Harmony SEL	Learn about diversity
<i>Interpersonal</i>	Relate Well With Others	Pre-K Lessons 6, 7, 8, 12, 18K-5 Lesson 4	QuaverReady/Character Counts/Harmony SEL	Learn about interpersonal skills
<i>Effectiveness</i>	Communication Skills	K-5 Lessons 3, 19	QuaverReady/On-Line Resources/Harmony SEL	Identify ways to communicate effectively
March	Test-taking skills	K-5 Lesson 27Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn test taking skills
<i>Interpersonal/</i>	Stress Management	K-5 Lesson 17Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn how to manage stress/coping skills
<i>Intrapersonal</i>	Motivation to Achieve	K-5 Lesson 25	QuaverReady/On-Line Resources/Harmony SEL	Learn about self motivation & the feeling of success
<i>Effectiveness</i>				
April	Conflict Resolution	K-5 Lesson 14	QuaverReady/On-Line Resources/Harmony SEL	Learn ways to resolve conflict
<i>Interpersonal</i>	Child Abuse Awareness		Guidance and Counseling Posters/Children's Advocacy	Learn about personal safety & how to report
<i>Effectiveness</i>	Play It Safe	Grades K-5 Lesson 29	QuaverReady/On-Line Resources	Learn about personal safety & how to ask for help
May	Manage Transition	K-5 Lesson 34	Middle School Campus Tour	School Transition
<i>Interpersonal/</i>	Responsible Behavior	K-5 Lessons 5, 8	QuaverReady/Character Counts/Harmony SEL	Identify ways to show responsible behavior
<i>Intrapersonal</i>				
<i>Effectiveness</i>				

Texas Model for Comprehensive School Counseling Programs - Program Balance

Guidance Curriculum 35%-45%	Classroom Presentations
Responsive Services 30%-40%	Academic/Personal Counseling
Individual Planning 5%-10%	Educational/Career/Personal/Social
System Support 10%-15%	Staff Development/Meeting/Parents

* Subject to change based on campus needs

*Additional resources may be used based on student needs