

Parents of Students with Food Allergies:

As a parent of a student with food allergies, I have a few suggestions for you that will help me in providing emergency nursing care for your child while at school.

Please make sure your child's EPIPEN and Benadryl are at TMS in the beginning of the school year along with the completed forms.

Please choose and complete the form that applies to the needs of your child. All forms are downloadable at the TMS clinic website. They need to be completed and signed by MD and parent

- [Food Allergy Action Plan](#)
- [EPI-PEN Permission](#) (Emergency Alert and Plan for Self-Administered EPI-PENS). Additional EPIPEN should be left in the clinic for the students who self- carry.
- Two medication sheets (one for EPIPEN and one for Benadryl) Benadryl must be kept in the clinic, whether EPIPEN is in clinic or Self-carry.
[Medication Form](#),
- [Special Dietary Needs Form](#). This needs to be filled out and signed by MD and parent. I share the Dietary Form with the cafeteria manager to clearly mark their lunch accounts with their food allergy.

Please inform your child's teachers, bus driver, and coaches of their food allergy. The teacher's email address is their first initial and last name @ycsd.york.va.us.

If you would like to communicate with me, please call 867-7456 or you can email me at

plocher@ycsd.york.va.us. The forms may be faxed to TMS Clinic at 855-369-2609.

Thank you,

Pamela O. Locher RN, BSN