

Sample of Mental Health Service Providers in the YCSD Community and Surrounding Area

For general information purposes only. Appearance on this list does not constitute an endorsement and descriptions of services from providers is not exhaustive.

Williamsburg	Specialties/Types of Services Provided
Teri Ancellotti, LCSW 757-608-8659	Grief/loss, military, ADHD, LD, play therapy, psychological testing
Avalon: Youth Services 757-258-5022 Help Line: 757-258-5051 (24 hour) avaloncenter.org/avalon-youth-services	Domestic violence, sexual assault/trauma and shelter youth; individual/group, supervised visitation and custody exchange
Bacon Street Family & Youth Services 757-253-0111 baconstreet.org	Substance use assessment, parent program & support group, individual/family therapy
Center for Child & Family Services 757-229-7940 kidsandfamilies.com	Mood disorders, trauma, grief/loss, anger management, groups, child case resource/referral
Colonial Behavioral Health Children's Services and Greater Williamsburg Child Assessment Center 757-253-4047; Crisis Line 757-378-5555 https://www.colonialbh.org/	Emergency services, Psychiatric treatment, Outpatient Counseling/Ind. & Family, Case Management, Video conferencing and teletherapy options, Trauma, substance use
Colonial Psychiatric Associates of Williamsburg 757-645-4715 colonialpsychiatricassociates.com	Individual counseling, family counseling, psychological testing, medication assessment and management
Deborah Elder Le Calm, LCSW 757-208-5118	Family/co-parenting issues, foster care and adoption, trauma, grief/loss, anxiety, depression, mood d/o, adoption
Family Living Institute 757-229-7927 www.familylivinginstitute.com	Med Management Services, certified play and art therapist, bilingual-Spanish, multi ethnic and male therapists, substance use, ADHD, trauma, anxiety, PTSD, anger and stress management
Genesis Counseling Center Williamsburg (757) 564-3100 www.genescounselingcenter.com	Christian-based counseling services, Child, adolescent, and adult therapy, Individual, couples, marriage and family counseling Neurofeedback, Psychological testing, male therapist, ADHD, substance use, depression/anxiety, anger management, trauma, grief/loss
Helen Henrich, LCSW 757-634-1780	Foster care, adoption, anxiety, depression, grief/loss, trauma, EMDR
Historic Triangle Counseling Kerri Willis-Higgon, LPC 757-828-0446	Depression, anxiety, mood d/o, trauma, attachment, foster care, adoption, divorce, hospitalizations, out of home placement, sexuality, gender, identity, ASD
Hope-Filled Futures Christine Hallman, LCSW 757-871-3027 www.hopefilledfuture.net	Child-Family therapy, play therapy, child anxiety, developmental issues, challenging behaviors, ADHD, trauma, parenting

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Independence Child Therapy Services 757-345-6428 www.independencepsych.com	Psychological, educational evaluation, autism, behavior treatment programs, educational consultation, attachment and abuse issues
New Horizons Family Counseling Center 757-221-2363 education.wm.edu/centers/newhorizons	College of William and Mary students under supervision, family therapy, anger management, families may be referred to the clinic by school staff
New Town Counseling Center Rebecca Sheffield LPC 757-345-5588 www.newtowncc.com	Anxiety, depression, parenting, coping skills, divorce, grief/loss, trauma/abuse, codependent, gender, sexuality
Paul Reilly, MD 757-253-0691 www.paulreillymd.com	Offers Med Management and therapy services, call for consult
Peninsula Counseling Center of VA Donna Grisct, LPC 757-655-4104 peninsulacounselingcenter.com	Relational issues, divorce, anger management, ADHD, substance use, trauma, PTSD, sexuality
Peninsula Pastoral Counseling Center 757-873-2273 peninsulapastoral.org	Faith bases, depression/anxiety, grief/loss, substance use, military, parenting
Pine Tree Counseling 207-852-1889	Specializing in addiction, eating disorders, dual diagnosis, multicultural, individual, group
Popular Creek Counseling Center 757-564-8522	Therapy services, male therapist
Richmond Road Counseling Center 757-220-2669 www.richmondroadcounseling.com	ADHD, anger, anxiety, ASD, bipolar, depression, attachment issues, grief/loss
Safe Harbor Counseling Center Lisa Frazier, LPC, LMFT 757-645-7722 www.safeharborcounselingcenter.com	Anxiety, depression, family conflict, sexuality, eating disorder, loss/grief, self-harm/suicidal ideation, OCD, ADHD, certified therapy dog, art & play modalities, individuals, couples, family, group
Sunflower Counseling 757-585-4026 www.sunflowercounselingservices.com	Individual & family psychotherapy, trauma, PTSD, sexual abuse, borderline personality
Rachel Teagle, LPC 804-843-7164	Family therapy, adoption and foster care
Trust Tree Counseling 804-318-3699 www.coupledomcounseling.com	Cognitive behavioral, Individual, couples, family, group
Vita Bella Counseling 757-758-6635 tonivitalelcsw.com	Anxiety, depression, grief/loss, substance use, relationships, attachment, school-related issues

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Williamsburg Centre for Therapy 757-253-0371 williamsburgcenterfortherapy.com	Grief/loss, military, ADHD, LD, Psychological testing, EMDR, substance use, sexuality, bilingual services
Williamsburg Counseling 757-903-2406 williamsburgcounseling.com	Individual, couples, and career counseling, Faith-based/Christian counseling, Specialties in military life, anxiety, depression, ADHD
Williamsburg Psychiatry 757-645-3795	Med Management Services
Williamsburg Wellness Counseling Center 757-345-2460 williamsburgwellness.net	Trauma, EMI, EMDR, substance use, PTSD, anxiety, depression, grief/loss
Williamsburg Youth Counseling 757-870-5203 williamsburgyouthcounseling.com	Specializing in adolescent counseling services
Yorktown	Specialties/Types of Services Provided
Anchor Counseling and Consulting 757-768-6878 anchorccs.org	Comprehensive Assessment and Diagnosis, Individual Counseling, Family Counseling, Mobile counseling options
Associates of York 757-865-1843	Individual counseling services (ages 3+), male counselor on staff
Colonial Behavioral Health 757-898-7926 https://www.colonialbh.org/	Psychiatry services, attachment, trauma therapy, individual/family therapy, case management
Genesis Counseling Center 757-598-2244 www.genescounselingcenter.com	Faith based, military background, depression, anxiety, PTSD, trauma, bipolar
Hampton Roads Counseling Center 757-877-9140 hamptonroadscounseling.net	Individual, couples, marriage, and family therapy, Psychological Testing and Assessment, hypnosis, substance use (13+), ADHD, LGBTQ, anxiety, depression, grief loss, eating disorders, ASD, multi-ethnic therapists, sexual offender therapy
Poquoson	Specialties/Types of Services Provided
Betty Eastman & Associates 757-868-0072 bettyeastman.com	Faith-based, domestic violence, sexual assault, trauma, mood disorder, depression, eating disorders, divorce, PTSD, DBT, ADD, substance use

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Newport News	Specialties/Types of Services Provided
Artisan Counseling Services 757-503-2819 artiscounseling.com	Individual, family, couples, and group counseling, art therapy, CBT, depression, anxiety, parenting, grief/loss, male counselor, REBT, solution focused, substance abuse, sex offender treatment
Bon Secours Bereavement Center 757-947-3420 bonsecours.com/locations/community-services/hampton-roads/bon-secours-bereavement-center	Children's grief groups, Kidz'N Grief and Mikey's camp
The Center for Sexual Assault 757-236-5260 www.visitthecenter.org	Victim advocacy, individual and group counseling for sexual assault and domestic violence survivors
Clinical Associates of Tidewater 757-877-7700 catnn.com	Eating disorders, hypnosis, LGBTQ, anxiety, depression, grief/loss, EMDR, psychological testing
Colonial Psychiatric Services 757-873-1958 colonialpsychiatricassociates.com	Individual counseling, family counseling, psychological testing, medication assessment and management
Ft. Eustis Family Advocacy 757-764-6840	Parenting classes for active and retired military families
Hampton-Newport News Community Services Board 757-788-0300 www.hnnccb.org	Psychiatric services, individual/family therapy, case management
Peninsula Pastoral Counseling Center 757-873-2273	Faith based, depression, anxiety, grief/loss, substance use, military, parenting, divorce, anger management, PTSD
Peninsula Therapy Center 757-873-3353	Adolescent sex offender treatment, substance use, grief/loss, mood disorders, parenting, 12+
Rock Landing Psychological Group 757-873-1736 www.rocklandingtherapy.com	Wide range of individual and family counselors, multi-ethnic and male therapists, substance use, trauma, mood disorders, ADHD
Therapy Associates of Denbigh, Inc 757-874-1676 www.therapyassociatesofdenbigh.com	Individual therapy for children, adolescents, adults, family therapy, psychological testing, medication management
TPMG – Behavioral Health 757-595-3900	Medication management, eating disorders, trauma, grief/loss, mood disorders, depression, anxiety, ADHD, substance use, anger management
Virginia Psychological Services 757-873-4744	Individual and family therapy, anger management, substance use services, parenting, psychological testing, drug screen

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Hampton	Specialties/Types of Services Provided
Center for Child & Family Services 757-838-1960 kidsandfamilies.com	Mood disorders, trauma, grief/loss, anger management, groups, child case resource/referral
Dr. King & Associates 757-825-2444	Offers medication management services, outpatient services
Genesis Counseling Center 757-827-7077 www.genescounselingcenter.com	Faith based, military background, depression, anxiety, PTSD, trauma, bipolar, substance use, psychological testing
Hampton Mental Health Associates 757-826-7516 hamptonmentalhealth.com	Medication management services, certified sex offender therapy provider, substance use, eating disorders, trauma, loss/grief, mood disorders, depression, anxiety, ADHD
Hampton-Newport News Community Services Board 757-788-0300 www.hnncsb.org	Psychiatric services, individual/family therapy, case management
Langley AFB-Family Advocacy 757-764-8840	Parenting classes for active and retired military families
Crisis Contacts	
Colonial Behavioral Health York County and Williamsburg Residents 757-378-5555 https://www.colonialbh.org/	Crisis Assessment
Hampton-Newport News Community Services Hampton and Newport News Residents 757-788-0011 757-315-3650 www.hnncsb.org	Crisis Assessment
Newport News Behavioral Health Center 757-888-0400 1-800-697-0999 www.newportnewsbhc.com	Brief therapy approach for stabilizing crisis situations in children 8-17, Open 24 hours/7days, Individual/Group/Family counseling
REACH DD Region V Eastern REACH Hotline: (888)255-2989; Adult and Children's REACH Director: Brandon Rodgers; dbhds.virginia.gov/developmental-services/Crisis-services/	24/7 mobile crisis intervention program that provides crisis support to individuals with a Developmental Disability who are experiencing mental health or challenging behavioral needs.

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Riverside Behavioral Health Center Hampton 757-827-1001 www.riversideonline.com/rbh	Acute and residential care for adolescents, crisis assessment
Hotline Numbers	
National Suicide Prevention Lifeline Contact info: 1-800-273-TALK (8255)	24/7 connection with crisis counselors
Substance Abuse and Mental Health Services Administration Hotline Contact Info: 1-800-662-HELP (4357)	24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders