

September

High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5	6	7	8
	Breaded Chicken Sandwich (Regular and Spicy) Chips Alternate	Brunch For Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties Alternate	Mozzarella Cheese Sticks with Marinara Garlic Toast Alternate	Poppin' Flavored Popcorn Chicken Day (Southern OR Nashville Hot) Cornbread BBQ Baked Beans Alternate
	Orange Chicken Lo Mein	Italian Dunker with Marinara Sauce Caesar Salad	Beef Chili Cheese Fries Garlic Toast Fritos (1oz)	Rotini Grilled Chicken Alfredo Garlic Breadstick
	Ginger Stir-Fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Spicy Roasted Chickpeas	Steamed Peas Fresh Fruit Assorted Fresh Vegetables
11	12	13	14	15
Mini Chicken Corndogs Chips Alternate	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll Alternate	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast Alternate	Chicken Wing Day Salted Pretzel with Cheese Sauce Alternate	Beef or Chicken Gryo Alternate
Spaghetti with Beef Meat Sauce Garlic Breadstick	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Fiesta Black Beans	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	General Tso Chicken White Rice Chicken Potsticker	Chicken Tenders (Regular and Spicy) Cornbread
Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables BBQ Baked Beans	Sidewinder Fries Fresh Fruit Assorted Fresh Vegetables Fresh Baked Chocolate Chip Cookie
18	19	20	21	22
Beef Walking Taco White Rice Alternate	Breaded Chicken Sandwich (Regular or Spicy) Chips Alternate	Brunch for Lunch French Toast Sticks Chicken Sausage Links Hashbrown Patties Alternate	Build your own Chicken Nachos Jalapeno Cheese Sauce Fiesta Black Beans Alternate	Poppin' Flavored Popcorn Chicken Day (Southern and Nashville Hot) Fritos (1oz) Alternate
Thai Sweet Chili Chicken Lo Mein Noodles	Hearty Beef Lasagna Garlic Toast Caesar Salad	Italian Dunker with Marinara Sauce Caesar Salad	BBQ Pulled Turkey Sandwich on Pretzel Bun Onion Rings	Rotini Grilled Chicken Alfredo Garlic Breadstick
Ginger Stir-fry Vegetable Fresh Fruit Assorted Fresh Vegetables	Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Cauliflower with Soy Sauce Fresh Fruit Assorted Fresh Vegetables	Steamed Peas Fresh Fruit Assorted Fresh Vegetables	Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables BBQ Baked Beans
25	26	27	28	29
Chicken Wing Day Salted Pretzel with Cheese Sauce Alternate	Mini Chicken Corndogs Curly Fries Alternate	Chicken Bites Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll Alternate	Cheesy Chicken Philly Fritos (1oz) Alternate	Chicken Tenders (Regular and Spicy) Garlic Breadstick Caesar Salad Alternate
Sweet and Sour Chicken Fried Rice	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice	Spicy Honey Chicken White Rice Chicken Potsticker	Cheesy Beef Totchos Breadstick Fritos (1oz)	Pizza (BBQ Chicken or Cheese) Caesar Salad
Steamed Carrots Fresh Fruit Assorted Fresh Vegetables	Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Fiesta Black Beans	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Steamed Green Beans Fresh Fruit Assorted Fresh Vegetables	Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables

Offered Daily

Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich	Grab and Go: Managers Choice Salad and Sandwich
Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers	Grill Line: Burgers, Hotdogs, Black Bean Burgers

IN SCHOOL OFFERED DAILY:

A milk will incur a cost unless taken as part of a school meal.

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.