

SEPTEMBER | 2023



LAKWOOD LOCAL SCHOOLS HIGH SCHOOL AND MIDDLE SCHOOL

Chef Salad Offered Every Day

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Carrotenies are served daily as a second vegetable choice</p>	<p>29 Creno's Pizza Schedule LHS-09/06/2023 LMS-09/013/2023 JIS-09/20/2023 HB-09/27/2023</p>	<p>30</p>	<p>31</p>	<p>1 #1 Bosco Stix w/ Marinara #2 P.B. & Jelly Pocket Steamed Green Beans Fruit Milk</p>
<p>4 NO SCHOOL</p>	<p>5 #1 Chicken Strips and Waffle #2 P.B. & Jelly Pocket Tater Tots Fruit Juice Milk</p>	<p>6 #1 Pizza #2 P.B. & Jelly Pocket Carrotenies w/Ranch Fruit Milk</p>	<p>7 #1 Hot Italian Sub #2 P.B. & Jelly Pocket Tossed Romaine Salad Fruit Milk</p>	<p>8 #1 Pulled Pork Sandwich #2 P.B. & Jelly Pocket Steamed Corn Fruit Rice Krispie Treat Milk</p>
<p>11 #1 Lancer Chicken Bowl w/ Dinner Roll Mashed Potatoes Fruit Milk</p>	<p>12 #1 Walking Taco #2 P.B. & Jelly Pocket Refried Beans Fruit Cookie Milk</p>	<p>13 #1 Pizza #2 P.B. & Jelly Pocket Tossed Romaine Salad Fruit Milk</p>	<p>14 #1 Buffalo Chicken Dip w/ Tortilla Chips #2 P.B. & Jelly Pocket Celery w/ Ranch Fruit Milk</p>	<p>15 #1 Mini Mac Burger #2 P.B. & Jelly Pocket Baked French Fries Fruit Milk</p>
<p>18 #1 Chicken Wrap #2 P.B. & Jelly Pocket Steamed Green Beans Fruit Milk</p>	<p>19 #1 Deli Sub #2 P.B. & Jelly Pocket Carrotenies Fruit Ice Cream Milk</p>	<p>20 #1 Pizza #2 P.B. & Jelly Pocket Cucumbers w/ Ranch Fruit Milk</p>	<p>21 #1 Macaroni & Cheese Dinner Roll #2 P.B. & Jelly Pocket Steamed Broccoli Fruit Milk</p>	<p>22 #1 Bosco Stix w/ Marinara #2 P.B. & Jelly Pocket Steamed Corn Fruit Milk</p>
<p>25 #1 Chicken Patty Sandwich #2 P.B. & Jelly Pocket Baked French Fries Fruit Milk</p>	<p>26 #1 Nachos and Cheese #2 P.B. & Jelly Pocket Steamed Green Beans Fruit Cookie Milk</p>	<p>27 #1 Pizza #2 P.B. & Jelly Pocket Carrotenies w/ Ranch Fruit Milk</p>	<p>28 #1 Spaghetti w/ Breadstick #2 P.B. & Jelly Pocket Tossed Romaine Salad Fruit Milk</p>	<p>29 #1 Hot Dog #2 P.B. & Jelly Pocket Baked Beans Fruit Milk</p>

MEAL PRICES
 Student Lunch-\$3.00
 Adult Lunch-\$4.00
 Student Breakfast- \$1.50
 Adult Breakfast-\$2.00
 Extra Milk-\$.50
BREAKFAST MENU
DAILY CHOICES MAY INCLUDE:
 Eggo Pancakes/Waffles
 Tony's Breakfast Pizza
 Egg and Cheese
 Omelet/Toast
 Assorted Kellogg
 Cereals
 Whole Grain Pastries
 Whole Grain Pop Tarts
 Cereal Bars
 Warm Breakfast
 Sandwiches
 Cheese Stick
 Yogurt Cup
 Cocoa bar
 Texas Toast
 Fruit, Milk and Juice are offered with all breakfast entrees.
 Students who eat breakfast are more likely to maintain a healthy weight and are able to concentrate better in class. Feed your body the right fuel to perform your best!!