

# Middle School Lunch Menu

Meal Price \$3.05

Milk without Meal - .40ea

# September

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

September  
Total  
\$54.90



**Additional  
Entree Options  
Chef Salad  
Deli Sandwich**

French Bread Pizza <sup>1</sup>  
Tossed Salad, Carrots,  
Celery, Apple Slices,  
Milk

4

5

6  
Country Steak  
Mashed Potatoes, Gravy,  
Green Beans, Dinner Roll,  
Fruit Cocktail, Carrots,  
Milk

7  
French Toast Sticks  
Scrambled Eggs, Potato  
Bites, Juice Blend,  
Cinnamon Apples, Milk


8  
Sloppy Joe  
Baked Beans, Potato  
Wedges, Carrots, Frozen  
Treat, Milk

11  
Chicken Nuggets  
Mashed Potatoes, Gravy,  
Steamed Broccoli, Cookie,  
Pears, Milk

12  
Tater Tot Casserole  
Steamed Peas & Carrots,  
Dinner Roll, Fruit  
Cocktail, Milk

13  
Chicken & Cheese Crisпитos  
Mexican Beans, Steamed  
Corn, Carrots, Banana,  
Milk

14  
Grilled Cheese Sand.  
Chicken Noodle Soup,  
Carrots & Celery,  
Pineapple, Milk

15  
 Pizza  
Tossed Salad, Breadstick,  
Red Peppers, Grapes,  
Milk

18  
Mac & Cheese  
w/meat balls, Fresh  
Broccoli, Carrots, Fruit  
Cocktail, Milk

19  
Pancake Sandwich  
Potato Bites, Yogurt Cup,  
Juice Blend, Orange,  
Milk

20  
Popcorn Chicken  
Mashed Potatoes, Gravy,  
Green Beans, Red  
Peppers, Wheat Roll,  
Peaches, Milk

21  
Cheeseburger  
French Fries, Lettuce,  
Tomato, Baked Beans,  
Carrots & Celery, Apple  
Slices, Milk


22  
Calzone  
Tossed Salad, Carrots,  
Cucumbers, Frozen Treat,  
Milk

25  
Chicken & Noodles  
Mashed Potatoes,  
Steamed Broccoli,  
Peaches, Dinner Roll,  
Milk

26  
Biscuits & Gravy  
Beef Sticks, Tri Taters,  
Juice Blend, Fruit  
Cocktail, Milk

27  
Fajita Chicken Salad  
Mexican Beans, Steamed  
Corn, Diced Tomato,  
Banana, Milk

28  
Hot Ham & Cheese  
Chips, Cucumber Slices,  
Carrots, Mandarin  
Oranges, Milk

29  
 Pizza  
Tossed Salad, Breadstick,  
Carrots, Apple Slices, Milk