

School Meals for the 2023-24 School Year

There will be no change to student meal pricing for the 2023-2024 school year. Pricing for school meals will be as follows:

Meal Prices for the 2023-2024 School Year		
	Breakfast	Lunch
Elementary	\$2.25	\$3.75
Secondary	\$2.50	\$4.00
Adult	\$3.75	\$5.50
*There will be no charge for those eligible for free or reduced price meals		

There will be no charge for those eligible to receive benefits for free or reduced meals who have a current application on file. (Reduced price subsidy for both breakfast and lunch at all levels will be paid by the state). To receive meal assistance benefits for the 2023-24 school year, a new application for free and reduced meals will need to be filled out, please see [application information](#). We strongly encourage all families who might be eligible for benefits to submit an application. Applications for the 2023-2024 school year are available to complete online (preferred method) through [MySchoolApps - Home Page](#), or by manually filling out an application found on the district website: [Application](#). If you currently have an application on file, you will receive seamless meal benefits through October 16, 2023, at which time you will need to have a new application on file. The application takes less than 10 minutes to complete, and parents only need to provide one application per family or household.

Purchasing meals made easy

Pre-pay for meals in advance with MySchoolBucks!

MySchoolBucks (MSB), Lake Washington School District's online meal account system, can be found at [MySchoolBucks.com](#). MSB provides you with an easy way to pre pay for your student's meals and allows immediate access to information about your child's meal purchases. With MSB, you can securely:

- Add money to your child's meal account using your Visa, MasterCard, Discover or debit card
- Monitor student's meal history
- Set up recurring/automatic monthly payments
- Set low balance alerts
- Download the app— access your student's account on your phone
- Utilize MSB services whether you deposit money online or with check/cash at your child's school

Sign up and use MySchoolBucks:

1. Go to [MySchoolBucks.com](#) and click SIGN UP TODAY. Select the state and school district and complete the personal information requested. Click CREATE ACCOUNT
2. ADD A STUDENT using your student's name, school, and date of birth. Click FIND STUDENT
3. Select the Meal Payment option you would like.
4. If you have questions about MSB, please call their customer support center at 1-855-832-5226 Mon-Fri between 8 a.m. - 5 p.m.

For all other questions, contact the Nutrition Services office at 425-936-1393 or email NutritionServ@lwsd.org.

Additional Benefits for Free and Reduced:

Students that are eligible for Free and Reduced meals are also eligible to receive fee waivers for athletics, extracurricular activities, and ASB cards. In order for the district to waive these fees, you must provide consent to share your Free and Reduced eligibility status for this purpose. You can provide consent on the Free and Reduced application. If you are already qualified for free and reduced meals or you are directly certified through the State, you can complete the [Consent to Share Form](#) on the [Nutrition Services Webpage](#) and email it to F-RMeals@lwsd.org. For more information about fee waivers, please visit our website: [How to Waive Extra-Curricular Fees - Lake Washington School District \(lwsd.org\)](#)

School Counselors can also help connect you with benefits that you may be eligible for if you qualify for free and reduced meals.

Health and Wellness

Through input from students, parents, and staff, The Lake Washington School District has established a [Nutrition, Health, and Physical Fitness \(Wellness\) Policy](#) that includes goals for nutrition education, physical activity, and other school based activities. Also included are nutrition guidelines for all foods sold and available on campus during the school day with the objective of promoting student health and wellness. We review the policy regularly and welcome feedback from all stakeholders. Questions, comments, or input regarding the LWSD's Wellness Policy can be emailed to: NutritionServ@lwsd.org

Additional Information about the District's Nutrition Services Program including: Menus/Nutrition, Meal Prices/Payment, Free & Reduced Meals, Special Diets, Meal Charge Procedure, and Student Wellness can be found on the district website at <https://www.lwsd.org/students-families/breakfast-and-lunch-menus>.

Families should contact Nutrition Services for the following:

- If you do not want your child to purchase a la carte foods, an alert can be placed on your student's account.
- If you need assistance with payment options to address school meal charges.
- Questions regarding negative school meal balances.
- Comments or input regarding the LWSD Wellness Policy

NutritionServ@lwsd.org

Phone: 425-936-1393

Office Hours: Mon.-Fri., 7:30 a.m.-3:30 p.m.