

September

2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 ✓ Assorted Cereal & String Cheese ✓ Plain Bagel Assorted Fruit
4 HAPPY LABOR DAY	5 ✓ Assorted Cereal & String Cheese ✓ Maple Mini Waffles Assorted Fruit	6 ✓ Assorted Cereal & String Cheese ✓ Egg & Cheese on a Biscuit Assorted Fruit	7 ✓ Assorted Cereal & String Cheese ✓ Wake Up Yogurt Parfait English Muffin Sunflower Seed Butter Assorted Fruit	8 ✓ Assorted Cereal & String Cheese ✓ Blueberry Breakfast Smoothie Assorted Fruit
11 ✓ Assorted Cereal & String Cheese ✓ Blueberry Topped Pancakes Assorted Fruit	12 ✓ Assorted Cereal & String Cheese ✓ Wake Up Yogurt Parfait Assorted Fruit	13 ✓ Assorted Cereal & String Cheese ✓ Egg & Cheese on a Bagel Assorted Fruit	14 ✓ Assorted Cereal & String Cheese ✓ Fresh Baked Muffin Assorted Fruit	15 ✓ Assorted Cereal & String Cheese ✓ Strawberry Smoothie Assorted Fruit
18 ✓ Assorted Cereal & String Cheese French Toast Minis Assorted Fruit Sunflower Seed Butter	19 ✓ Assorted Cereal & String Cheese ✓ Strawberry Wake Up Parfait Assorted Fruit	20 ✓ Assorted Cereal & String Cheese Sausage, Egg & Cheese on an English Muffin Assorted Fruit	21 ✓ Assorted Cereal & String Cheese ✓ Wake Up Yogurt Parfait Assorted Fruit	22 ✓ Assorted Cereal & String Cheese ✓ Banana Bread Assorted Fruit
25 ✓ Assorted Cereal & String Cheese ✓ Yogurt & Grahams Assorted Fruit	26 ✓ Assorted Cereal & String Cheese ✓ Bagel & Cheese Stick Assorted Fruit	27 ✓ Assorted Cereal & String Cheese ✓ Egg & Cheese on a Biscuit Assorted Fruit	28 ✓ Assorted Cereal & String Cheese ✓ Waffles Assorted Fruit Cream Cheese Cup	29 ✓ Assorted Cereal & String Cheese Muffin Minis Assorted Fruit Cream Cheese Cup

All meals are served with a variety of fruit, vegetable and milk.