



Spring-Ford HS Daily specials



September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BKFAST: Waffles 28 Grill: Hot Dog Entree: Veggie Fried Rice Salad: Chicken Caesar Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: White Pizza	BKFAST: Egg Cheese Muffin Grill: Bosco Sticks Entree: Lo Mein Tofu Bowl Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Asian Chicken Wrap Pizza: BBQ Chicken	BKFAST: Powder Sugar Donut Grill: Philly Cheesesteak Entree: Thai Chicken Tenders Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Chicken Caesar Wrap Pizza: Meatball Pizza	BKFAST: Breakfast Pizza Grill: Corn Dog Entree: Orange Chicken Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Hummus wrap Pizza: Chicken, Broccoli, Ranch	BKFAST: Egg Bagel 1 Grill: Pepperoni Sticks Entree: Chicken Lo Mein Bowl Salad: Chicken Caesar Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Cheeseburger Pizza
BKFAST: Pancakes 4 Grill: Hot Dog Entree: Vegan Sausage Penne Pasta Salad: Spring-Ford Salad Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Meat Lovers	BKFAST: Egg Muffin 5 Grill: Pizza Crunchers Entree: Spaghetti Carbonara Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Asian Chicken Wrap Pizza: Pepperoni Jalapeno	BKFAST: Cinnamon Sugar Donut 6 Grill: Spicy Popcorn Chicken Entree: Chicken Pasta Bake Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Chicken Caesar Wrap Pizza: Chicken Parm	BKFAST: Sausage Muffin 7 Grill: Meatball Sub Entree: Mac & Cheese Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Hummus Wrap Pizza: Chicken Mac Cheese	BKFAST: Bacon Egg Omelets 8 Grill: Maxx Sticks Entree: Beef Lasagna Salad: Spring-Ford Salad Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Sausage
BKFAST: French Toast 11 Grill: Hot Dog Entree: Veggie Fried Rice Salad: Chicken Caesar Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: White Pizza	BKFAST: Breakfast Pizza 12 Grill: Bosco Sticks Entree: Lo Mein Tofu Bowl Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Asian Chicken Wrap Pizza: BBQ Chicken	BKFAST: Powdered Sugar Donut 13 Grill: Philly Cheesesteak Entree: Thai Chicken Tenders Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Chicken Caesar Wrap Pizza: Meatball Pizza	BKFAST: Country Chicken Biscuit 14 Grill: Corn Dog Entree: Orange Chicken Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Hummus Wrap Pizza: Chicken Broccoli Ranch	BKFAST: Ham Egg Muffin 15 Grill: Pepperoni Sticks Entree: Chicken Lo Mein Bowl Salad: Chicken Caesar Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Cheeseburger Pizza
BKFAST: Waffles 18 Grill: Hot dog Entree: Sausage Penne Salad: Spring-Ford Salad Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Meat Lovers	BKFAST: Breakfast Pizza 19 Grill: Pizza Crunchers Entree: Spaghetti Carbonara Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Asian Chicken Wrap Pizza: Pepperoni & Jalapeno	BKFAST: Cinnamon Sugar Donut 20 Grill: Spicy Popcorn Chicken Entree: Chicken Pasta Bake Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Chicken Caesar Wrap Pizza: Chicken Parm	BKFAST: Ham Cheese Bagel 21 Grill: Meatball Sub Entree: Mac & Cheese Salad: Spring-Ford Salad Tortilla: Chicken Fajita Deli: Hummus Wrap Pizza: Chicken Mac & Cheese	BKFAST: Sausage Egg Taco 22 Grill: Maxx Sticks Entree: Beef Lasagna Salad: Spring-Ford Salad Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: Sausage
BKFAST: Pancakes 25 Grill: Hot Dog Entree: Veggie Fried Rice Salad: Chicken Caesar Tortilla: Totchos Deli: Buffalo Chicken Wrap Pizza: White Pizza	BKFAST: Egg Muffin 26 Grill: Bosco sticks Entree: Lo Mein Tofu Bowl Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Asian Chicken Wrap Pizza: BBQ Chicken	BKFAST: Powder Sugar Donut 27 Grill: Philly Cheesesteak Entree: Thai Chicken Tenders Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Chicken Caesar Wrap Pizza: Meatball Pizza	BKFAST: Bacon Egg Omelet 28 Grill: Corn Dog Entree: Orange Chicken Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Hummus Wrap Pizza: Chicken Broccoli Ranch	BKFAST: Pancake Bites 29 Grill: Pepperoni Sticks Entree: Chicken Lo Mein Bowl Salad: Chicken Caesar Tortilla: Chicken Fajita Deli: Buffalo Chicken Wrap Pizza: Cheeseburger Pizza