



BREAKFAST @SCHOOL

For first-class learning!

River Valley High School Breakfast



**BREAKFAST MENU FOR
AUGUST & SEPT. 2023**

This institution is an equal opportunity provider.



**Every complete meal we serve comes with
your choice of lowfat or nonfat milk!**

First things First

**Choose at least ONE
serving of FRUIT and at
least THREE items TOTAL
so your meal counts as a Complete Breakfast!**

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**Featuring Healthy
Fruits & Grains!**

Mon: Early Risers Potato, Egg & Cheese, Patty Banana Bread Slice, Blueberry Munchkins, Banana Choc Chip Benefit Bar, Cinnamon Toast Bar, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

Tue: Breakfast Sandwich, Pumpkin Bread Slice, French Toast Benefit Bar, Toaster Pastry, Asst. Cereal Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

Wed: Breakfast Pizza, Chocolate Mini's, Oatmeal Raisin Benefit Bar, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

Thursday: Breakfast Sandwich, Blueberry Bread Slice, Apple Blueberry Benefit Bar, Asst. Cereal, Elf Grahams, Fruit & or Fruit Juice, Milk Choice.

Fri: Dutch Waffle or French Toast Sticks, Apple Turnover or Cherry Muffin, Powdered Munchkins, Asst. Cereal, Elf Grahams, Cinnamon Roll, Fruit & or Fruit Juice, Milk Choice.



OUR CAFETERIA FOLKS ARE AWESOME! THANK YOU!!!

**We never stopped
cooking for you.**

School Meals
We serve education every day™

RIVER VALLEY SCHOOL FOOD SERVICE