

DAILY OPTIONS:  
GRAB & GO COLD SANDWICHES  
OR  
CAFÉ' EXPRESS OPTION POSSIBILITIES:  
CHICKENWICH  
CHEESEBURGER  
HOT DOG OR CORN DOG



LUNCH

# SEPTEMBER 2023

## NORTH TAPPS MIDDLE SCHOOL

SERVED WITH ALL MEALS:

- FRUIT VARIETY
- VEGETABLE VARIETY
- CHOICE OF MILK

Monday

Tuesday

Wednesday

Thursday

Friday



**THIS INSTITUTION  
IS AN EQUAL  
OPPORTUNITY  
PROVIDER**

CHICKEN TENDERS  
MASHED POTATOES  
GRAVY  
ROLL

CHEESE-STUFFED  
BREADSTICKS  
WITH MARINARA SAUCE

NACHOS  
WITH MEAT AND CHEESE

**MENU SUBJECT  
TO CHANGE**

MACARONI & CHEESE  
ROLL

TACO TUESDAY  
REFRIED BEANS

FISH NUGGETS  
FRENCH FRIES

CHICKEN/POTATO BOWL  
(Popcorn Chicken, Mashed  
Potatoes, Corn, Gravy)

PIZZA FRIDAY

BRUNCH FOR LUNCH:  
French Toast Sticks  
Strawberry Cup  
Sausage Patty  
Hash Browns

CHICKEN NUGGETS  
BAKED BEANS  
GOLDFISH CRACKERS

TOASTED CHEESE  
SANDWICH  
TOMATO SOUP

ORANGE CHICKEN  
BROWN RICE

PIZZA FRIDAY

CORN DOG  
SWEET POTATO FRIES

TOT'CHO'S  
REFRIED BEANS

RIB-B-QUE SANDWICH  
FRENCH FRIES

SPAGHETTI WITH MEAT  
SAUCE  
BREADSTICK

PIZZA FRIDAY

FREE AND REDUCED MEAL APPLICATIONS AVAILABLE ONLINE AT [WWW.DIERINGER.WEDNET.EDU](http://WWW.DIERINGER.WEDNET.EDU). YOU'LL FIND THE APPLICATIONS UNDER THE "CHILD NUTRITION" DEPARTMENT TAB. APPLICATION MAY ALSO BE OBTAINED AT ANY DIERINGER SCHOOL OFFICE. FOR MORE INFORMATION PLEASE CONTACT KELLY FOLEY AT [KFOLEY@DIERINGER.WEDNET.EDU](mailto:KFOLEY@DIERINGER.WEDNET.EDU) OR 253-826-7108