

SCHOOL COUNSELING

AT

EARL ELEMENTARY





WHAT WE DO

COUNSELING SERVICES

- *Individual Counseling
- *Small Group Counseling
- *Classroom Guidance Lessons
- *Crisis Intervention
- *Consultation with Parents and Teachers
- *Coordination and Referrals for Outside Services

COMMON TOPICS:

- *Anxiety
- *Anger Management
- *Conflict Resolution
- *Divorce/Trauma
- *Executive Functioning Skills
- *Friendship Issues
- *Managing Strong Feelings
- *Sadness/Depression
- *Stress Reduction
- ...and many more.



NOW DO STUDENTS BENEFIT FROM SCHOOL COUNSELING?

- *Children learn best when they feel good about themselves
- *Reducing stress can help students maintain focus in the classroom.
- *Children who understand their feelings are better able to control their own emotions.





CONNECT WITH US!

USE THE QR CODE TO ACCESS OUR STUDENT SUPPORT REFERRAL

Mary Duffy:, M.Ed, PPS: School Counselor mduffy@turlock.k12.ca.us

Nichole Cunningham, LCSVV, PPSC ncunningham@turlockk12.ca.us



