# Student Activities Presentation

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## Athletics \*

### **Athletic Eligibility**

• Complete Athletic Clearance Registration

- 3 Step Process (also found on website)
  - Step 1: Registration
  - Step 2: Upload documents
    - Family Physical Form
    - Doctor Physical
    - Proof of Insurance
  - Step 3: Concussion Baseline Test

 Quick walkthrough video found on school website (chs.fuhsd.org - student life athletics - athletic clearance registration!

### **Fall Season Sports**

- Cross Country Boys + Girls
- Field Hockey
- Football
- Golf Girls
- Tennis Girls
- Volleyball Girls
- Water Polo Boys
- Water Polo Girls



#### Winter Season Sports

- Basketball Boys
- Basketball Girls
- Soccer Boys
- Soccer Girls
- Wrestling Boys and Girls



#### **Spring Season Sports**

- Badminton Boys + Girls
- Baseball
- Golf Boys
- Gymnastics Girls
- Softball
- Swimming Boys + Girls
- Tennis Boys
- Track and Field Boys + Girls
- Volleyball Boys



#### **Navigating the Website**

First, go to **chs.fuhsd.org** 

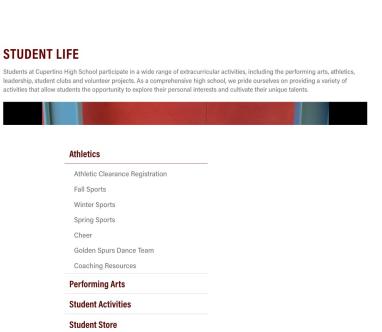
**ACADEMICS** 

**ABOUT US** 

Second, click **Student Life** 

Third, click Athletics

Fourth, look at resources!



**GUIDANCE & STUDENT SUPPORT** 

STUDENT LIFE

**Athletics** 

Performing Arts

**Student Activities** 

Student Store

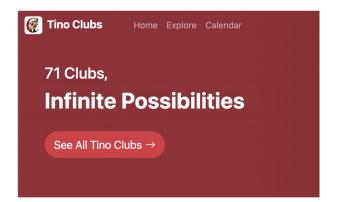


#### How can you join clubs?

#### We offer a variety of clubs that cater to our student body

- Clubs Showcases/Clubs Faires
- Look to our website for contact info/meeting timings
- Listen to announcements for upcoming club events

#### **Clubs Website**



- tinoclubs.com
- Displays over 70+ clubs on campus
- Contains details about the club, contact info, and meeting timings

