Halal Foods List

Shoreline School District Food and Nutrition Services

SHORELINE PUBLIC SCHOOLS — حلال Halal

Elementary Schools & Cascade K-8

Breakfast Items:

- Yami Yogurt (4 oz. cup)
- Waffles • Whole Grain Toast
- Orange Delight Fruit & Yogurt Smoothie
- Egg and Cheese Breakfast Sandwich
- Southwest Breakfast Burrito
- All Yogurt and Granola Parfaits
- Hard Boiled Egg • Pumpkin Bread
- Mini French Toast
- Cereal: Honey Nut and Multigrain Cheerios, Cocoa Puffs

Lunch Items:

- Yami Yogurt (4 oz. cup)
- Bean & Cheese Burrito
- Sunbutter and Jelly Sandwich
- Vegan Garden Burger
- Cheesy Baked Potato
- Harvest Muffin
- Tater Puffs • String Cheese
- Southwest Shaker Salad
- Cheese Quesedilla
- Vegan Protein Pack

Middle Schools

Breakfast Items:

- Blueberry Bagel
- Southwest Breakfast Burrito
- Cereal: Cinnamon Rice Chex, Cinnamon Toast Crunch, Cocoa Puffs
- Cheddar Cheese Omelet
- Whole Grain Toast
- Egg and Cheese Breakfast Sandwich
- Pumpkin Bread

Lunch Items:

- Cheesy Baked Potato
- Vegan Protein Pack
- Alaskan Pollock Fish Burger
- Plant Based Tacos
- Impossible Burger
- Vegan Garden Burger
- Sunbutter and Jelly Sandwich
- Grilled Cheese Sandwich

High Schools

Breakfast Items:

- Blueberry Bagel
- Southwest Breakfast Burrito
- Egg and Cheese Breakfast Sandwich
- Cereal: Cinnamon Rice Chex, Cinnamon Toast Crunch, Cocoa Puffs

Lunch Items:

- Mini Cheese Calzones
- Vegan Protein Pack
- Black Bean and Rice Burrito Bowl
- Tater Puffs •Black Bean Burger
- Sunbutter and Jelly Sandwich
- Blue Raspberry Lemon Sorbet
- Plant Based Tacos
- Vegetarian Taco Pizza
- Grilled Cheese Sandwich
- Vegetarian Chili
- Vegetarian Sausage Sliders
- Impossible Burger
- Alaskan Fish Burger

Acceptable Fruit & Vegetable Offerings:

- ✓ Apple
- ✓ Applesauce
- ✓ Banana
- ✓ Canned
- ✓ Peaches
- ✓ Canned Pears
- ✓ Cherry Craisins
- ✓ Garbanzo Beans
- ✓ Yellow Sweet Corn
- ✓ Green Peas
- ✓ Edamame
- ✓ Salad Bar
- ✓ Side Salad

Acceptable Beverages:

- ✓ Apple Juice
- ✓ Nonfat Chocolate Milk (lunch only)
- ✓ Nonfat White Milk
- ✓ 1% White Milk

Acceptable Condiments:

- Barbecue Sauce
- Hummus • Ketchup
- Maple Syrup • Mayo
- Marinara Sauce
- Golden Itallian Dressing
- Philidelphia Cream Cheese
- Sour Cream

Updated by Nicole Adams, University of New England Dietetic Intern, 8/2023. Approved by Jessica Jandayan, Director of Food Services. Information provided is true to the best of our knowledge.

Caution:
Vegetarian Foods with Haram Ingredients

Apple Cinnamon Bear Paw	Whey & Mono-Diglycerides
Buttermilk Biscuit	DATEM & Whey
Cheese Rippers	L-Cysteine
Cheesy Breadstick	Whey(uncertain if halal approved) & DATEM
Chipotle Ranch (Taco Salad)	Whey
Cookies (All Types)	Vanilla Extract
Croutons (Salad Bar)	Sodium Stearoyl Lactylate
Dutch Waffle	Mono-Diglycerides
Frosted Cinnamon Roll	Whey(not halal), Mono-Diglycerides, DATEM, Sodium Stearoyl Lactylate, & Vanilla Extract
Garden Vegetable Lasagna	Whey (uncertain if halal approved), Sodium Caseinate, & Rennet
Garlic Bread/Garlic Toast	Whey(uncertain if halal approved), DATEM, & Mono-Diglycerides
Garlic Breadstick	Monoglycerides
Grab & Go Breakfast Bars (All Flavors)	Whey
Hand Iced Donut Bars	Whey(unsure if halal approved), Mono-Diglycerides, Sodium Stearoyl Lactylate, & Vanilla Extract
Lucky Charms Cereal	Gelatin, Yellow 5, & Yellow 6
Blue berry and Banana Chocolate Chip Muffins	Vanilla Extract
Orange Smoothie	Yellow 5 & 6 (without Halal certification)
Pickles	Yellow 5 (without Halal certification)
Pirate Cake	Vanilla Extract (in frosting)
Pizza (Elementary/MS)	DATEM
Pizza (HS)	DATEM
Ranch Dressing	Whey
Scrambled Eggs	Whey
Soy Milk	No Halal Certification (unclear if alcohol was used for flavoring or processing Carrageenan)

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