

### **Background**

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. Most members must be parents who are not employed by the district. Texas law [*Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004*] requires the establishment of a SHAC for every school district. The SHAC is required to meet at least four times each year.

The SHAC assists the district in ensuring that local community values are reflected in health education instruction. Additionally, the SHAC plays an important role in strengthening the connection between health and learning. The group can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

The Texas Department of State Health Services has developed a guide titled- *School Health Advisory Council: A Guide for Texas School Districts*. This document provides school staff and members of the community basic information about the value of the SHAC to create a healthy school environment for students. The Kennedale ISD SHAC utilizes this document to help reach district goals.

### **SHAC Organization**

Kennedale ISD has designated the Lead Nurse to coordinate the district SHAC. Lead Nurse Araceli Chavez, RN, works closely with multiple members of the school district to ensure that SHAC is meeting the standards as set forth in BDF (LEGAL) and compliant with all SHAC related policies and mandates.

Nurse Chavez schedules SHAC meetings, creates agendas, assists SHAC leadership, and ensures that all necessary information is posted to the SHAC webpage in a timely manner.

SHAC leadership consists of the elected Chair, Co-Chair, and Secretary. During meetings or events, the Lead Nurse serves in consultative roles to ensure that meetings and events are fulfilling the needs of the district and are policy compliant. The Director of Child Nutrition and the Public Information Officer also assist SHAC leadership as needed.

### **2022-2024 SHAC Membership**

There has been a decreased interest in the 2022-2024 SHAC term. The final composition of SHAC membership complies with district policy BDF (LEGAL) which states: *The board shall appoint at least five members to the SHAC. Most members must be persons who are parents of students enrolled in the district and who are not employed by the district. One of those members shall serve as chair or co-chair of the SHAC.*

The current SHAC consists of 18 members, seven of which are parents of KISD students. Additionally, one parent member (not employed by the district as outlined in the policy) was elected to serve for the current term, Rossana Farish, **Chair**.

Nurse Chavez, RN, served as the SHAC Coordinator who was responsible for logging meeting attendance, the documentation of meeting minutes, and other documentation as necessary. Nurse Chavez worked with the Communications + Marketing coordinator to ensure necessary SHAC information was posted to the SHAC website in a timely manner.

In addition to the previously identified SHAC leadership member and the Lead Nurse, the following listed individuals are members of the 2022- 2024 KISD SHAC (alphabetical order):

Kristen Callihan	Parent: Delaney
Araceli Chavez	KJHS Nurse/SHAC Coordinator
Thad Cone	KJH Coach
Beau Raven Hughes Corbitt	Parent: Kennedale High School
Maria Douglas	Parent: Kennedale High School/ Delaney
Rossana Farrish	Parent: Kennedale High School / Patterson
Kimberly Knotts	Delaney Nurse
Sommer Lapitsky	Parent: Kennedale Jr. High
Aaliyah Leja	Student: Kennedale High School
Allowyne Madison	Student: Kennedale High School
Rebecca Moss	Parent: Kennedale High School / Patterson
Ericka Powell	Community Member
Charity Simmons	KJH Counselor
Larisa Trickey	Parent: Kennedale High School
Helen Delois Waiters	Community Member
Katherine Wheatley	Patterson Nurse
Sherry Williams	Community Member/Tarrant County Worker

### **SHAC Webpage**

The SHAC has a district webpage maintained by KISD. The page can be found under the district's Health Services tab at <https://www.kennedaleisd.net/Page/5718>.

The page provides required information, resources available to the district community, mitigation plans and immunization information. SHAC meeting attendance records, recorded minutes, and recorded audio/video are also posted on the page in addition to SHAC bylaws and meeting dates.

### **Annual Reporting Criteria**

According to BDF LEGAL of the District's wellness plan, the SHAC shall submit to the board at least annually, a written report that includes the following:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board.
2. Any suggested modification to a SHAC recommendation previously submitted to the board.
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report.
4. Any recommendations made by the physical activity and fitness planning subcommittee.

### **Required BDF (LEGAL) Board Updates**

#### **1. Update Requirement** | SHAC Recommendations to the Board

Regarding board update requirement number one, "*Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board,*" KISD SHAC 2022-2023, is moving forward with the recommendation to continue the use of Play it Safe!®, a program that meets all requirements in Senate Bill 9. SB 9 requires schools to provide education on prevention related to child abuse, family violence, dating violence, and human trafficking.

#### **2. Update Requirement** | Modifications to Previous Recommendations

Regarding board update requirement number two, "*Any suggested modification to a SHAC recommendation previously submitted to the board,*" KISD SHAC 2022-2023 did not wish to make any modifications to the recommended health curriculum material that was recommended to the board during the SHAC 2021-2022 annual report.

#### **3. Update Requirement** | Detailed Explanation of Activities

Regarding board update requirement number three, "*A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report,*" Please see the following subsections for activities related to this year's SHAC activities.

#### **4. Update Requirement** | Recommendations by Physical and Fitness Subcommittee Regarding board update requirement number four, "*Any recommendations made by the physical activity and fitness planning subcommittee,*" there were no recommendations made to the school board during the 2022-2023 school year.

### **Meeting Dates**

The KISD School Health Advisory Council met on four occasions during the 2022-2023 school year as required by district policy BDF (LEGAL) and Texas Education Code 28.004(a). The four meeting dates were as follows:

- October 25, 2022
- December 1, 2022
- February 15, 2023
- May 16, 2023

### Accomplishments and Activities

- SHAC members had an opportunity to convene for the purpose of recommending curriculum material that aligned with the updated Health TEKS and Legislative requirements.
- SHAC members voted and approved on the use of Unassigned Medication throughout all KISD campus.
- Epi-Pens were purchased through a prescription for the district and distributed throughout all four campuses based on SHAC recommendations.
- Narcan Nasal Sprays were purchased as a preventative measure and distributed throughout the secondary campus based on SHAC recommendations.
- SHAC participated in its 1<sup>st</sup> Community Resource Fair.
- The SHAC website was continuously updated to comply with FFA (LOCAL) and BDF (LEGAL).
- SHAC focused on re-establishing along with the rules and regulations that govern a SHAC.
- SHAC began brainstorming additional activities for 2023-2024.

### Conclusion

SHAC achieved its main goal for the school year 2022-2023, which was to provide board recommendations based on Senate Bill 9 requirements. The KISD SHAC is in a re-building phase under new leadership which will continue to work with parents and community members in attempt build stronger partnerships.

#### Goal #1

KISD SHAC will provide board recommendations that align with the Senate Bill 9 requirements for the instruction/education on presentation related to child abuse, family violence, dating violence, and human trafficking.

#### Goal #2

Continue to Build stronger community partnerships through SHAC for purposes of expanding the school district's role in health education throughout the community. As an example, this year's SHAC had to opportunity to participate in its 1<sup>st</sup> Community Resource Fair which was held at the Kennedale Public Library.

#### Goal #3

SHAC will assist with health and wellness messaging within the community. Meetings will incorporate a general informational area wherein positive as well as potentially wellness averse information will be shared with members of the committee to help educate a larger portion of the community using social media. The current cadre of SHAC membership is dedicated to creating a sustainable group of involved parents and community members to not only meet policy standards, but to improve the quality of health and wellness for our students.

**This concludes the 2022-2023 report.**