

# Snapshot of Dr. Axe and Family



*Figure 1 - Pictured left to right Brynn, Konnor, Jen, Dr. Axe, Caden*

Growing up in Ephrata I led a blessed life. My parents worked hard and we went from a rental apartment, to a half house, to a trailer on a friend's property that we eventually bought and built a home on. My parents and some of our friends from church along with our family built the home. I was young and just remember them building at all hours to complete our home. At the time I didn't realize how tirelessly my parents worked to provide as much as they could for us. I was surrounded by teachers, mentors, coaches, and a community that looked out for its children. My senior year of basketball in high school was interesting because at the time my brother made the team as a freshman, my mom was an assistant cheerleading coach, and my dad was the JV coach. My ENTIRE family was on the bus to away basketball games, glad we were close knit!

I met Jen when I was at Cocalico right after my brother's car accident in 1997. He got into his fiancée's car after that had been out in Lancaster. They should not have been driving. I have spoken at school assemblies, camps, and to a variety of groups about choices when it comes to drinking, getting behind the wheel and the impact poor choices have on the people left behind. Jen did not know Kurt so she was able to help me pull through and see that there is life after losing a loved one. While we lived in Denver, PA, we had Konnor, Brynn, and Caden. We moved to Landisville when I was selected as assistant principal at Hempfield. Jen also earned a teaching position at Centerville Middle School.

When I was offered the opportunity at Warwick we knew it was the right time for me to move on from Hempfield. Our oldest, Konner, was about to be a freshman in high school and I would have been his principal. Warwick provided incredible experiences for me personally and professionally in all aspects of the roles I have been afforded. Again, a blessing.

We have always invested in church and the activities our kids and family are involved in. We enjoy Ocean City, New Jersey, hiking, concerts, and socializing by our fire pit and pool. Through all the twists, turns, and challenges of life, we appreciate all that we have. We are excited about the prospect of being a part of the Manheim Central Baron Family and greatly appreciate the consideration.

Sincerely,

The Axe Family