

SPORTS TEAM SCHEDULE 2023-24

Grades	Sport	Season weeks	Practice days	Tournaments dates Venues
CISSA Sports (Grade 4-8)				
Grade 4-8	Cross Country	Wk 2 - 8	Mon & Thu	CISSA: 14 Oct ISNAC: 11 Nov
Grade 4-6	Table Tennis	Wk 2 - 8	Wed & Fri	ISNAC: 11 Oct. CISSA: 13 - 14 Oct
Grade 4-6	Football Junior	Wk 8 - 16	Mon & Wed	ISNAC Fest: 3 Nov ISNAC: 2 Dec CISSA: 8 - 9 Dec
Grade 4-8	Badminton	Wk 18 - 25	Wed	ISNAC: 27 Feb CISSA: 15 - 16 Mar
Grade 4-6	Volleyball Junior	Wk 18 - 26	Mon	ISNAC Fest: 1 Feb CISSA: 22 - 23 Mar
Grade 4-8	Softball	Wk 23 - 34	Fri	ISNAC: 7 May CISSA: 23 - 24 May
Grade 4-8	Track & Field	Wk 23 - 32	Mon & Wed	ISNAC: 20 Apr CISSA: 11 - 12 May
Grade 4-6	Basketball Junior	Wk 25 - 34	Mon & Thu	ISNAC Fest: 11 Apr ISNAC: 11 May CISSA: 24 - 25 May
SCISAC Sports (Grade 7-9)				
Grade 7-9 (under 15)	Football	Wk 5 - 14	Mon & Wed	ISNAC Fest: 3 Nov SCISAC: 23 - 25 Nov TIS ISNAC: 2 Dec CISSA: 8 - 9 Dec
Grade 7-9 (under 15)	Volleyball	Wk 15 - 26	Tue & Thu	ISNAC Fest: 1 Feb SCISAC: 29 Feb - 2 Mar NIS ISNAC: 16 Mar CISSA: 22 - 23 Mar
Grade 7-9 (under 15)	Basketball	Wk 25 - 34	Mon & Thu	ISNAC Fest: 11 Apr SCISAC: 2 - 4 May YCIS CQ ISNAC: 11 May CISSA: 24 - 25 May
ACAMIS Sports (Grade 7-12)				
Grade 9-12	Volleyball	Wk 2 - 11	Tue & Thu	ISNAC Fest: 22 Sep ACAMIS: 2 - 4 Nov NIS ISNAC: 14 Oct
Grade 4-12	Cross Country	Wk 4 - 14	Mon & Thu	ISNAC: 11 Nov ACAMIS: 23 - 25 Nov LIS Chengdu
Grade 7-12	Table Tennis	Wk 3 - 13	Mon & Wed	ISNAC: 7 Nov ACAMIS: 16 - 18 Nov Keystone BJ
Grade 9-12	Basketball	Wk 12 - 20	Tue & Thu	ISNAC Fest: 10 Nov ISNAC: 16 Jan ACAMIS: 24 - 27 Jan HBJ Beijing
Grade 9-12	Badminton	Wk 19 - 29	Mon & Wed	ISNAC: 15 Apr ACAMIS 18 - 20 Apr NIS
Grade 9-12	Football	Wk 22 - 29	Tue & Thu	ISNAC Fest: 1 Mar ISNAC: 23 Mar ACAMIS: 18 - 20 Apr TIS Macao
Grade 4-12	Track & Field	Wk 23 - 32	Mon & Wed	ISNAC: 20 Apr ACAMIS: 2 - 4 May SSIS Suzhou
Grade 2-12	Swim Squads (SSL/ACAMIS)	all year	see schedule	Senior: 7 - 9 Dec ISB Beijing Junior: 14 - 16 Mar XLIS Xian