

WHEN IS YOUR CHILD TOO SICK FOR SCHOOL?

SEND ME TO SCHOOL IF...

I have a runny nose or just a little cough but no other symptoms.

I haven't taken any fever-reducing for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had diarrhea for 24 hours.



KEEP ME HOME IF...

I have a fever temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.



MONTEREY—
COUNTY
OFFICE *of* EDUCATION



CALL THE DOCTOR IF...

I have had a temperature higher than 100 degrees for more than two days.

I've been throwing up or have had diarrhea for more than two days.

I've had the sniffles for more than two weeks and they aren't getting better.

I have asthma symptoms after using my asthma medicine. (Call 911 if I'm having trouble breathing after using an inhaler.)



WHEN IN DOUBT, ALWAYS SEEK MEDICAL ADVICE FROM YOUR DOCTOR