



FREE LUNCH MEALS FOR ELIGIBLE STUDENTS –  
 APPLY ONLINE @ [WWW.MTSD.ORG](http://WWW.MTSD.ORG)  
 CHECK OUT OUR ONLINE MENUS @  
[WWW.NUTRISLICE.COM](http://WWW.NUTRISLICE.COM) OR [WWW.MTSD.ORG](http://WWW.MTSD.ORG)

# August 2023

## NOTES

Daily Breakfast Entrée Choices: Assorted Cereals, Muffins, Pop Tarts, & Breakfast Bars  
 Daily Milk Choices: 1% White Milk or Skim Chocolate Milk  
 Daily Fruit Choices: Fresh Fruit, Canned Fruit  
 • 100% Fruit Juice is offered Monday through Friday @ Breakfast  
 • 100% Fruit Juice is offered Tuesday and Thursday @ Lunch  
 Daily Vegetable Choices: Fresh Cut Cold Vegetables, Hot Vegetable Dujour

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21 Welcome Back! First Day of School is August 28 <sup>th</sup>	22	23 Student Meal Prices: Breakfast: FREE Lunch: Paid Lunch - \$2.55	24	25 Breakfast Meal Includes: Entrée, Fruit (2), & Milk Lunch Meal Includes: Entrée, Fruit (1), Vegetable (2), & Milk
28 BKFS: Benefit Bar Grill: Grilled Cheese Melt Entree: Cheese Pizzadilla Salad: Ham Chef Deli: Smucker's PBJ & String Cheese	29 BKFS: Strawberry Parfait Entree: "Chick-fil-a" Style Sandwich & Waffle Fries Tortilla: Cheese Quesadilla Deli: Ham & Cheese Sandwich Smucker's PBJ & String Cheese	30 BKFS: Powdered Donut Grill: Tyson Chicken Nuggets w / Freshly Baked Breadstick Entree: Pasta & Meatballs Salad: Vegetable Baja Deli: Smucker's PBJ & String Cheese	31 BKFS: Breakfast Pizza Grill: Mini Corn Dogs Entree: Waffles & Sausage Links Deli: Turkey & Cheese Sub Smucker's PBJ & String Cheese	