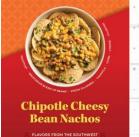


FREE LUNCH MEALS FOR ELIGIBLE STUDENTS – APPLY ONLINE @ <u>WWW.MTSD.ORG</u> CHECK OUT OUR ONLINE MENUS @ WWW.NUTRISLICE.COM OR WWW.MTSD.ORG



Try the Chipotle Cheesy Bean Nachos on September 19<sup>th</sup> & 21<sup>st</sup>!



MIDDLE SCHOOL

WWW.NUTRISLICE.COM OR WWW.MTSD.ORG					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<u>Student Meal Prices:</u> Breakfast FREE Paid Lunch \$2.70	<u>Meal Includes:</u> Entrée, Fruit (1), Vegetable (2), & Milk Selection			Breakfast: Cinnamon Chip Scone Lunch: Chicken Nuggets Fresh Baked Breadstick Baked Beans Chicken Chef Salad	Daily Favorites: Breaded Chicken Sandwich Cheese Pizza Pepperoni Pizza Specialty Pizza Smucker's Uncrustable
No School 4	Breakfast: Chocolate Eggo Waffles Lunch: Chicken Parmesan Flatbread Seasoned Green Beans Pretzel, Yogurt, & 5	Breakfast: Strawberry Apple Smoothie Lunch: Nacho Cheese Walking Taco Sweet Golden Corn Turkey ChefSalad	Breakfast: Pumpkin Spice Cinnamon ToastCrunch Donut Lunch: Bacon Cheeseburger Baked Beans Ham & Cheese Sub 7	Breakfast: Country Chicken Ham & Cheese Maple Flatbread Lunch: Cheese Quesadilla Curly Fries Popcorn Chicken Salad	Fruit Selections: Fresh Whole Fruit- Daily Canned Fruit– Daily 100% FruitJuice – Daily @ Breakfast Offered Tuesday & Thursday for Lunch
Breakfast: Cinnamon Biscuit Lunch: Chicken Patty Sliders Sweet Golden Corn Egg ChefSalad	Breakfast: Mixed Berry Scone Lunch: Pasta w/ Meatballs Seasoned Green Beans Three Cheese Sub 12	Breakfast: Glazed Cinnamon Roll Lunch: Chicken & Vegetable Dumpling w/ Fried Rice Seasoned Peas & Carrots Fruit & Yogurt Plate	Breakfast: Chicken & Cheese Biscuit Lunch: French Toast Sticks w/ Turkey Sausage Patties Hashbrown Turkey & Cheese Sandwich	Breakfast: Mini Cinni Breakfast Bar Lunch: Smith's Hot Dog Baked Beans All-American Salad	Vegetable Selections: Dailly Rotation of Assorted Fresh Veggies Red/Green Peppers Baby Carrots Cucumber Slices Fresh Broccoli
Breakfast: Chocolate Chip Breakfast Round Lunch: Mini Chicken Corn Dogs Fresh Baked Breadstick Green Beans & Carrots Ranch Chicken Salad	Breakfast: Chicken Snack Wraps Lunch: Chipotle Cheesy Bean Nachos Tater Tots Ham & Cheese Sub 19	Breakfast: Apple Orange Yogurt Smoothie Lunch: Popcorn Chicken Bowl Fresh Baked Breadstick Sweet Golden Corn Turkey Chef Salad	Breakfast: Turkey Pancake Wrap Lunch: Chipotle Cheesy Bean Nachos Refried Beans Turkey & Cheese Sub 21	Breakfast: Glazed Donut Lunch: Spicy Popcorn Chicken Fresh Baked Breadstick Mixed Veggies Ranch Chicken Salad	Tomatoes Side Salad Milk Selections: Skim Chocolate Milk 1% White Milk Daily Breakfast Selections: Assorted Cereals, Muffins,
Breakfast: Blueberry Muffin Square Lunch: Beef Soft Tacos Sweet Golden Corn Ham Chef Salad	Breakfast: French Toast Sticks Lunch: Mozzarella Pizza Crunchers Seasoned Green Beans Turkey & Cheese Sandwich 26	Breakfast: Sausage Breakfast Sandwich Lunch: Pancake Bites w/ Turkey Sausage Patties Tater Tots Chicken & Cheese Salad 27	Breakfast: Chocolate Filled Crescent Lunch: Kickin' Bean & Beef Rice Bowl Mexicali Corn Ham & Cheese Sub 28	Breakfast: Cinnamon Breakfast Round Lunch: Grilled Cheese Tomato Soup Baked Beans Egg ChefSalad 29	Assoried Cereals, Muttins, Pop Tarts,& Breakfast Bars Stop down for a <u>FREE</u> delicious breakfast every morning!

This institution is an equal opportunity provider.

Menus are subject to change daily without notice due to global supply chain shortages