



Student Meal Prices:
 Breakfast FREE
 Paid Lunch \$2.70

FREE LUNCH MEALS FOR ELIGIBLE STUDENTS –
 APPLY ONLINE @ WWW.MTSD.ORG
 CHECK OUT OUR ONLINE MENUS @
WWW.NUTRISLICE.COM OR WWW.MTSD.ORG



**MIDDLE
SCHOOL**

Meal Includes:
 Entrée, Fruit (1), Vegetable (2), & Milk Selection

AUGUST 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
					<p>Daily Favorites: Breaded Chicken Sandwich Cheese Pizza Pepperoni Pizza Specialty Pizza Smucker's Uncrustable</p> <p>Fruit Selections: Fresh Whole Fruit - Daily Canned Fruit - Daily 100% Fruit Juice - Daily @ Breakfast Offered Tuesday & Thursday for Lunch</p> <p>Vegetable Selections: Daily Rotation of Assorted Fresh Veggies - Red/Green Peppers - Baby Carrots - Cucumber Slices - Fresh Broccoli - Tomatoes - Side Salad</p> <p>Milk Selections: Skim Chocolate Milk 1% White Milk</p> <p>Daily Breakfast Selections: Assorted Cereals, Muffins, Pop Tarts, & Breakfast Bars</p> <p>Stop down for a FREE delicious breakfast every morning!</p>
21	22	23	24	25	
Breakfast: Chicken & Cheese Muffin Lunch: Popcorn Chicken w/ Lo Mein Noodles Steamed Broccoli Veggie Baja Salad	Breakfast: Glazed Cinnamon Roll Lunch: Chick-fil-A Style Chicken Sandwich Waffle Fries Ham & Cheese Sandwich	Breakfast: Cheesy Ham & Tater Tot Strata Lunch: Pasta w/ Meatballs Seasoned Green Beans Egg Chef Salad	Breakfast: Sausage Breakfast Pizza Lunch: Waffles w/ Turkey Sausage Links Hashbrown Turkey & Cheese Sub		
28	29	30	31		