

# Free Counseling Resources for Military Families



## Lackland ISD School Counselors

### Lackland Elementary

Judith Aguilar PK-2nd  
aguilar.j@lacklandisd.net  
Jennifer McCollum 3rd-5th  
mccollum.j@lacklandisd.net

### Stacey High School

Mike Flores 6th-8th  
flores.m@lacklandisd.net  
Genevieve Medellin-Keller 9th-12th  
medellin-keller.g@lacklandisd.net

## Lackland ISD Military & Family Life Counselors

### Lackland Elementary

Aaron Castillo PK-2nd  
(210)439-8673  
Molly Lewis Ogle 3rd-5th  
(210)540-5027

### Stacey High School

Jasmyn Henderson  
(210)540-5034

Kenny Garza  
(210)851-5150



Saeed Rasool  
(210)202-7464



## Community Resources

- [Military One Source](#)
- [Steven A. Cohen Military Family Clinic](#)
- [The Ecumenical Center for Education, Counseling & Health](#)
- [Texas Health & Human Services](#)
- [Family Advocacy Program](#)
- [Children's Bereavement Center](#)
- Strong Families/Strong Forces In-Home Counseling Services:  
(210) 906-0855, [aguajardo@family-service.org](mailto:aguajardo@family-service.org)

## Crisis Situations

### Emergency Dept (BAMC)

(210)916-0808

### Connect with a Crisis Counselor

Text HOME to 741741

### Suicide & Crisis Lifeline

Dial 9-8-8

### Center for Healthcare Services

(210)223-7233

### JBSA Domestic Abuse Victim Advocate

24/7 Hotline Number

(210) 367-1213