

# BREAKFAST MENU

Breakfast is Free | Menu is subject to change | For more information, email [hmielnicki@oneida-boces.org](mailto:hmielnicki@oneida-boces.org)

## SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>01</b>
<b>04</b> LABOR DAY!	<b>05</b> NO SCHOOL	<b>06</b> NO SCHOOL	<b>07</b> Whole Grain Bagel with Cream Cheese	<b>08</b> Whole Grain Muffin Top
<b>11</b> Snackin' Waffles	<b>12</b> Mini Cinni	<b>13</b> Assorted Whole Grain Muffins	<b>14</b> Nature Valley Oatmeal Round	<b>15</b> Fruit Frudel
<b>18</b> Whole Grain Bagel with Cream Cheese	<b>19</b> Whole Grain Muffin Top	<b>20</b> Snackin' Waffles	<b>21</b> Mini Cinni	<b>22</b> Assorted Whole Grain Muffins
<b>25</b> Nature Valley Oatmeal Round	<b>26</b> Fruit Frudel	<b>27</b> Whole Grain Bagel with Cream Cheese	<b>28</b> Whole Grain Muffin Top	<b>29</b> Snackin' Waffles



### Available Daily:

- Whole Grain Toast (1 or 2 slices as an entrée)
- Yogurt – 1 with or without toast as an entrée
- Assorted Cold Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

### Local Items this Month:

Milk, Yogurt, Meatballs, Hot Dogs, Corn, Carrots, Green Beans, Black Beans, Watermelon, Cauliflower, Pears, Corn on the Cob, Miss Milla's Cookies.

\*Local items are indicated in bold on the menu\*

