

## WE GO FURTHER

Hands-on and discussion-based classes

Students who are challenged to inquire and problem solve

Curriculum and learning opportunities that are authentic and rigorous

An environment that celebrates discovery and intellectual risk-taking

Recognition that diverse perspectives spark greater intellectual growth

Passionate and expert teachers

Small classes, individual attention, and abundant leadership opportunities

Cutting-edge facilities for innovation and growth



# Middle School

FRIENDS' CENTRAL SCHOOL  
1845



Friends' Central's Middle School is a dynamic, challenging, and nurturing place for eager young learners to grow into critical and creative thinkers. We encourage new ideas and the intellectual risks inherent in reaching higher levels of social and academic excellence. We are ever mindful of students' growing understanding of themselves in a larger world. We work to build self-awareness, empathy, and kindness – all of which reinforce confidence, motivation, and courage.

The success of our Middle School is rooted in relationships. Friends' Central teachers understand and delight in the opportunities and challenges that come with guiding children into adolescence. The strength of these foundational relationships allow our students to thrive and achieve.

The individual attention our teachers devote to each student's intellectual, spiritual, and ethical selves sets our Middle School apart.

# We dig deeper

**Opportunities help Middle School students grow into themselves and into the world.** Our Middle School program includes a curriculum rich with opportunities to develop as individuals, as team members, and as leaders. Clubs, affinity groups, service learning, advisory groups, and Meeting for Worship complement academic, artistic, and athletic choices. We provide our students with abundant skill-building, character-building, and leadership opportunities in and out of the classroom.

**By design, there is a balance of self-confidence and intellectual bravery.** Middle School students become bold thinkers when they are encouraged to consider new ideas and take intellectual risks. At Friends' Central, we champion trial and error, discovery, and intellectual courage in all areas of the curriculum. This approach gives students the self-confidence and academic skills they need to succeed in Upper School and beyond.

**The experience is extraordinary because teachers and students are in it together.** Our advisory system is central to student success and well-being. Each student has an advisor who oversees their overall academic progress and social-emotional growth. Advisory time is intentionally built into each day so that students and their advisors have plenty of opportunity to establish this key relationship. Students begin and end each day with their advisory.







# Program Highlights

## **Trips**

Middle School teachers use the surrounding area as an extension of the classroom, including visits to our local watershed and to the rich historical and cultural offerings of Center City. Grade-wide travel further afield includes Echo Hill Outdoor School, Washington, D.C., and College Settlement.

## **Mini-Courses**

In this signature once-a-year program, teachers design three-day interdisciplinary and cross-grade courses that each involve a special field trip related to the subject.

## **Affinity Groups**

Middle School students participate in affinity groups based on particular aspects of their identity, such as race, gender, or religion. Affinity groups meet regularly to discuss common experiences, develop skills related to identity-formation, and engage in courageous conversations.

## **Assemblies**

The Middle School gathers together weekly for an engaging and spirited assembly. The programming is often crafted by our students, as clubs and organizations give presentations on everything from Black History Month to Climate Change.

## **Student Leadership**

Whether they participate in the Assembly Committee, athletics, or the arts, students are encouraged to take on greater responsibility and lead their peers both inside and outside the classroom.

## **DEI Conference**

Middle Schoolers host a bi-annual Diversity Conference inviting students from local schools to join our community. The day features workshops led by FCS teachers, with discussions facilitated by FCS students.

## **Innovation & Design**

The newly renovated Audrie Gardham Ulmer '37 Center for Design and Innovation (CID) opened in the fall of 2024. The 6,800 square-foot space contains state-of-the-art technology and studios for design and prototyping, fabrication, technology, and robotics.

## **Grade 8 Showcase**

Each spring, grade 8 students complete a capstone project which showcases a special interest or skill.

## **Guest Speakers/Community Engagement**

FCS is incredibly fortunate to be a part of an extended community of scholars, artists, activists, and professionals. Over the course of the year, our students are introduced to a wide variety of topics from outside speakers.

## **Student Voice & Student Choice**

The Middle School provides an abundance of hands-on learning experiences and fosters student engagement through a wide array of activities that students self select. These opportunities help students to develop their voices and find or follow their interests. All students are able to select a semester-long club and service project. Students also choose specific electives in grade 8, including creative writing, drama, art, music, and robotics – all in service of students building confidence and discovering new passions.





“Friends’ Central Middle School provides students with space to grow and thrive. We have created an intentional program designed for young learners to foster critical thinking, creativity, and collaboration. We also have a lot of fun in the process.”

**ANDY WHITE '03**  
MIDDLE SCHOOL PRINCIPAL



# Curriculum Overview

The **English curriculum** inspires students to love literature and to appreciate the power of words in helping us understand ourselves and the world. Texts are selected to include a variety of voices and perspectives and to help students confront moral and ethical questions. Assignments are designed to foster analytical thinking and creativity, with students writing essays, personal narratives, speeches, fiction, poetry, and more.

The **math curriculum** provides a strong foundation in mathematics with challenging classes that highlight fundamental operations and an understanding of how math works in the real world. Emphasis is placed on problem-solving, clearly communicating mathematical concepts, and collaborating during class to determine strategies and solutions.

The **history curriculum** helps students to understand the past and its relationship today, while preparing them to live in a complex, interconnected world. Through writing, reflecting, and role play, students are able to connect historical events to issues that impact our daily lives. Students learn to research effectively, decode primary sources, and write about history.

In the **science curriculum**, students hone their observation, predictive, and interpretational skills as they proceed through their emergent studies of life, physical, and earth sciences. Our teachers cultivate student curiosity about the world around them through a hands-on approach to science – from conducting experiments in our labs and Center for Innovation & Design to using our campus and nearby parks as outdoor labs.

The **World Language curriculum** strives to prepare students to be global citizens and to understand how language and culture are intertwined. Students gain confidence in their ability to express themselves; speaking, reading, and writing in their chosen language. Students can choose from Spanish, French, Latin, or Mandarin.

Throughout their Middle School years, students are introduced to and participate in many forms of **artistic expression**. Through their exposure to the performing and visual arts, students are encouraged to tap into their creativity; learning to express themselves through the disciplines of art, drama, and music. The Middle School puts on two plays every year. Students have the opportunity to sing in chorus or play an instrument in our jazz ensemble.

**Learning through service** and instilling a commitment to serving the community are as essential to daily life at Friends' Central School as they are to our broader mission and values. All Middle School students participate in weekly service projects. Through a broad range of projects on and off campus, our students learn to be comfortable in new situations, to find commonalities with people different from themselves, and, most importantly, they learn that they can make a difference in the School community and beyond.

## **STEAM at FCS Middle School**

Middle School students experience the fields of Science, Technology, Engineering, Arts, and Mathematics, both in and outside of the classroom. They have opportunities to learn about robotics and computer programming. In the grade 7 design course, students engage in spontaneous quests to understand how objects can be created to meet the needs and preferences of individuals. They experiment with various materials and use both speculative and empirical problem-solving approaches. As part of the curriculum, Middle School students have regular access to explore and create in our newly renovated Audrie Gardham Ulmer '37 Center for Innovation & Design (the CID), a state-of-the art facility offering circuitry and Arduino technology, wood-working tools, sewing machines, 3-D printers, and more.

# Grade 6 Overview

For all students entering grade 6, Middle School is a new realm. For most, the transition includes a change from self-contained classrooms with a single teacher to navigating the demands of a changing schedule and increasing academic expectations. Guiding students through this process is an important aspect of every grade 6 teacher's role.

Grade 6 is a year of tremendous academic growth. Students build upon strong elementary school foundations and begin to acquire new, more sophisticated skills essential to their success in Middle School and beyond. Some examples include reading for more than plot, inferring authors' messages, and noticing literary techniques; drawing on prior knowledge and making predictions; learning the difference between working in a group and active collaboration; and developing plans to manage long-term assignments.

# Grade 7 Overview

Students entering grade 7 are mastering the transition to Middle School and are working to manage the responsibility that comes with increasing independence. They are beginning to ask more of themselves, taking on some leadership roles in Middle School, preparing to step into the many demands of grade 8.

Grade 7 is an important year in our students' academic development. They move from the important lessons of grade 6 to increasingly abstract and independent thinking, viewing their world and the greater world through an evolving analytical lens. Some examples of this include working effectively within a group by helping the group to problem solve, supporting a point of view with textual evidence, using prior knowledge to ask pertinent questions, and challenging assumptions thoughtfully and carefully. Grade 7 students are learning to understand their own thought processes and the way they learn.

# Grade 8 Overview

Grade 8 is a critical year in our students' preparation for Upper School and beyond. With the help of expert teachers, grade 8 students have come to know themselves as learners. They understand how to approach different aspects of their education – how to study for tests, how to manage longer-term projects, how to work effectively in groups – to ensure future success. They know how to use the resources around them effectively – advisors, teachers, support staff, family, and friends. They understand how to safely and appropriately take risks, whether intellectual or otherwise. They learn to create and support an original argument, making increasingly sophisticated connections between and among different disciplines. They become self-directed learners, planning their own approaches to projects and mapping out their academic goals.





Founded in 1845, Friends' Central School is a Quaker, co-educational, college preparatory school for students in Nursery to grade 12. Our easily accessible Middle and Upper School campus is set on 28 beautiful acres on City Avenue in Wynnewood. Students in Nursery through grade 5 are on our idyllic 18-acre Lower School campus on Old Gulph Road in Wynnewood.

#### MIDDLE SCHOOL BY THE NUMBERS

**16**

Affinity groups  
available  
to students

**32**

Middle School  
sports teams

**255**

Service learning  
hours per student  
each year

**7,400**

Advisory program  
minutes per student  
each year

**30**

Community service  
organizations & clubs

**13**

Average  
Class size

Want to learn more? Contact us!  
610-645-5032  
[admissions@friendscentral.org](mailto:admissions@friendscentral.org)

[FRIENDSCENTRAL.ORG](http://FRIENDSCENTRAL.ORG)



Friends' Central Middle School  
Grades 6-8  
1101 City Avenue  
Wynnewood, PA 19096