Mental Health Center of North Central Alabama

Providing the highest quality treatment, education and assistance to people affected by mental health and substance use issues.

Does your child need counseling? Help is available.

Counseling and psychiatric services are available for elementary, middle, and high school students. Services include: on-site counseling at area schools, off-site counseling at local clinics, psychiatric assessment and medication prescription, crisis intervention, consultation with teachers and parents, referrals for other services and more.

How to know if your child may need counseling. *Is Your Child*….

- Having difficulties at home or at school?
- Experiencing depression, changes in mood, anxiety or increased stress?
- Getting in trouble?
- Acting differently? Have you observed changes in behavior such as isolation, regression, changes in sleep patterns, drastic changes in appetite?
- Exhibiting self-destructive behaviors?
- Talking about death or dying?
- Easily distracted and jumping from activity to activity?
- Not listening or paying attention when spoken to?
- Acting without regard for consequences, blurting things out?



If you believe your child may need counseling or psychiatric services, please call ACCESS at (256) 355-5904 or toll-free at (800) 365-6008.

ALL CALLS ARE CONFIDENTIAL.

Accepting All Kids, Medicaid, *Blue Cross Blue Shield (BCBS), and others.

* School system employees, State employees, and some federal employees

www.mhcnca.org

@MentalHealthNCA

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A United Way Agency

Decatur-Morgan Counseling Center
4110 Hwy. 31 South
Decatur, AL 35603

Albany Clinic Children's Services
1315 13th Avenue SE
Decatur, AL 35601

Administrative Offices
1316 Somerville Rd., SE, Ste. 1
Decatur, AL 35601

Moulton-Lawrence Counseling Center
295 Hospital Street
Moulton, AL 35650

Athens-Limestone Counseling Center
1307 East Elm Street
Athens, AL 35611