

## **ASB EXTRA-CURRICULAR ACTIVITIES**

### **Our Mission**

The ECA Program is aligned with the mission and vision at ASB and strives to provide a multitude of opportunities to students throughout the academic year. The students' participation depends on their interests and the availability of an interested or skilled teacher or classroom assistant to offer particular activities. The ECA Program is in addition to the educational program that takes place within the regular school day, all students are given opportunities to participate in a range of fun and interesting activities sponsored by the school that encourage them to maintain a well-balanced healthy lifestyle. Some activities are run by outside professionals and will involve a cost to parents.

### **Rationale**

By providing students with an extensive Extra Curricular Activities (ECA) program, students will learn new skills, share learned skills with their peers and develop social skills while participating in developmental and age-appropriate activities that are not offered at home or within the context of the regular teaching and learning program. The instructor will be active and be working with the students during each lesson.

### **What your child will get from participating in ECAs**

- Learn new skills not taught in the classroom setting
- Develop social skills
- Learn life skills such as communication, risk taking, commitment, teamwork among many others

### **Course Offered in ASB's ECA Program**

- Competitive Sports Program
- General interest courses offered by ASB staff
- General interest courses offered by external providers
- Performing Arts courses
- Service Learning courses

### **Categories of ECAs on Offer**

All ECA's which include all activities that happen outside of the regular school day will fall into 4 categories

1. Leadership
2. Wellbeing
3. Creativity
4. Academic

## ECA Details

### Key Dates

Block 1	September to November
Block 2	December to February
Block 3	April to June

### Times

Sundays to Thursdays from 3:00 pm – 4:00 pm and 4:00 pm - 5:00 pm  
**(ECAs will not run on holidays, PTC and PD days)**

### Enrollment

ECAs are open to all students from Grade 1 to Grade 12 in Block 1. KG 2-G12 students can enrol in Block 2 ECAs and KG1-G12 students can enrol in Block 3 ECAs.

### Sign Ups

All sign ups will take place on our Schools Buddy sign up system.

Once you log into Schools Buddy, do the following;

1. Click on click on Activities and Clubs
2. You will see Categories of Activities are on Offer (one category for ECAs 3-4pm, one category for ECAs 4-5, one category for competitive sports. You need to click each one separately.
3. Click the Category to see what activities are offered to your child
4. Remember to select activities for the whole week for each of your children before submitting.
5. Once you have selected all activities for each of your children, click Submit to School and you will receive an email with your selections
6. Once you submit to school, any change will need to be done by the ECA Office after you Submit to School. You are not able to go back into the system to make changes to your child's selections

### Competitive Sports

ASB is part of the BSSL which is a sports league made up of schools in Bahrain and part of OASIS which is an international league made up of schools within the region. We also will participate in invitational events with ESOL schools.

#### Season 1 Teams

- U13, U13, U19 Volleyball
- U11, U13, U13, U19 Swimming
- U13, U13, U19 Tennis
- U13, U13, U19 Table Tennis
- U11 Football

#### Season 2 Teams

- U11 Basketball
- U13, U15, U19 Football
- U13, U15, U19 Badminton
- U11, U13, U15, U19 Track and Field

Season 3 Teams  
- U13, U15, U19 Basketball

**Available to students in Grade 2 to 12.**

## Year Long ECAs

The following activities require a year long commitment from students:

SR Choir  
Jr Choir  
Band

## Transportation

We will provide a bus for students who are registered and paid for the ASB bus service at 4:10pm. If you are interested in using the bus service please contact [Transport@asb.bh](mailto:Transport@asb.bh) (note: you must enrol in the AM and PM buses. It is not possible to enrol just one way). Parents will need to provide private transportation for activities that finish after 4:10pm and for all home and away games in our competitive sports program.

## Payment

Some courses offered by ASB staff will have a material fee and all courses offered by external providers will have a fee associated with them. Payment needs to be made in full by the end of the first week of ECAs in each block.

1- ASB Teacher led courses- all courses offered by ASB staff will be free of charge for parents. However, any materials will need to be paid for by parents. Any material cost will be included in the course information and all payments will be made directly to the school. Please be sure to include "payment for ECA course materials followed by the course name"

2- External Providers - parents will pay external providers directly. The course fee information and payment details will be listed in the course description in Schools Buddy. Be sure to include the following in the description so payments can be tracked easily "Student Name, Course Name, Day of Week and ASB"

Withdrawing From An ECA - parents are permitted to withdraw their children from an ECA during the first week ONLY. Once a child attends the second ECA class they will be required to make full payment for that ECA course.

## HEALTH & SAFETY PROTOCOLS

Staff (ASB staff and external providers) have a duty to take reasonable care for the safety and welfare of students whilst students are involved in school activities or are present for the purposes of a school activity. In "*Loco Parentis*". This duty is to take such measures as are reasonable in all circumstances to protect students from risks of harm that can reasonably be foreseen. This requires not only protection from known hazards, but also protection from harm that could foreseeably arise and against which preventative measures can be taken.

In discharging their duty of care responsibilities, staff must exercise their professional judgement to achieve a balance between ensuring that students do not face an unreasonable risk of harm and encouraging students' independence and maximising learning opportunities.

At ASB we have a number of policies and procedures we follow;

1. We have an evacuation policy in case students and staff need to exit indoor spaces.
2. We have a lockdown procedure in case there is a threat outside of the campus.
3. We monitor the weather and take action based upon weather conditions. We monitor the following;
  1. UV
  2. Heat
  3. AQI
  4. Lightning

## Child Safeguarding

ASB has a rigorous Child Safeguarding program. All teachers, instructors, ECA Providers, External Coaches/teachers have to go through a Child Safeguarding course offered at ASB or an externally recognized course. Additionally, all staff sign a Code of Conduct.