

Community RESOURCES

September
2013

@ Rolling Hills Community Church | Wholeness

CELEBRATE RECOVERY

Wednesdays · 6:30-8:30 PM · Optional \$5 dinner at 5:30

PM! Faith-based 12-step recovery program for people struggling with addictions of all kinds (alcohol, sex, drugs, food), as well as issues like co-dependency, abuse history, anger, etc. For info, visit rollinghills.org/celebrate-recovery or contact Paulette · 503-638-5900 · paulette.jones@rollinghills.org

SUPPORT GROUP FOR WOMEN WITH YOUNG CHILDREN: HEARTS AT HOME

2ND Wed. of the month (Oct-May) · 9:30-11:15 AM Make friends with other moms of young children (and mentoring moms, too!) in a beautiful setting as you listen to practical and inspiring speakers. Cost: \$5 suggested donation. Must RSVP for free childcare at 503-638-5900 x314

BACK-TO-WORK HELP: DIVINE THREADS

Divine Threads is a non-profit group dedicated to helping disadvantaged women get ready to go back to work by providing a two-hour clothing consultation and three outfits, career guidance, interview preparation, make-up and hair services, and much more. Contact: divinethreadsinfo@gmail.com

TEEN MOMS GROUP: YOUNGLIVES

A ministry for teen moms and their babies, offering support and hope. Contact southportlandyounglives@gmail.com 503-367-8348

SINGLE & PARENTING

Wednesdays · Sept.11-Dec. 4 · 6:30-8:30PM Free Childcare (0-6th grade) available. This 13-week class for single parents is essential for anyone trying to parent alone. Cost: \$25 For more info or to sign up, contact Paulette · 503-638-5900 · paulette.jones@rollinghills.org

To receive quarterly updates, email paulette.jones@rollinghills.org



join us on facebook!
at facebook.com/rollinghillsc

ARMS

For women who have experienced abuse in an intimate relationship. armsonline.org 503-846-9284

GRIEF CLASS: GRIEF RELEASE

Thursdays · 6:30-8:30 PM · Fall Session 2013: Sept. 12, 19, 26, Oct. 3, 10 5-session class to help people deal with any type of loss. Facilitated by Joanne Smith Petrie, a nationally certified Bereavement Facilitator. Cost: \$10 for materials. For info, visit rollinghills.org/grief-release. To register, call Cammy Bauer · 503-544-9722

MARRIAGE CLASS: GOOD TO GREAT

Sundays · 9 AM · Sept.-May Drop in any Sunday morning (No RSVP required!) to learn about how to improve your marriage using Christian principles. Free programs for children available during class. Check us out at rollinghills.org/good-to-great

DIVORCECARE (Fall 2013)

Mondays · 6:30-8:30 PM · Sept. 9-Dec. 2 13-week faith-based program to help people get through the pain of separation or divorce, using biblical principals. Cost \$45 (some scholarship money available) For more info or to sign up, contact Paulette · 503-638-5900 · paulette.jones@rollinghills.org

DIVORCECARE4KIDS (Fall 2013)

Mondays · 6:30-8:30 PM · Sept. 9-Dec. 2 13-week faith-based divorce recovery support to help children (ages 5-12) heal from the pain caused by a separation or divorce. To sign up, contact Paulette · paulette.jones@rollinghills.org · 503-638-5900

HEALING WOUNDED HEARTS

Tuesdays · 7-8:30 PM · Oct. 8-Nov.12 This group, led by Dr. Kim Snow, is a good "first step" for those who have experienced sexual abuse, and want to start processing it. Cost: \$15 For more info or to sign up, contact Paulette · 503-638-5900 · paulette.jones@rollinghills.org

MARRIAGE CONFERENCE: Sex, Love & Communi-

cation Saturday, Oct. 5 · 9 AM-3:30 PM · Childcare Available Discover how to have a beautiful, passionate, lasting marriage. To sign up, contact Paulette · paulette.jones@rollinghills.org · 503-638-5900

ROLLING HILLS COMMUNITY CHURCH

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