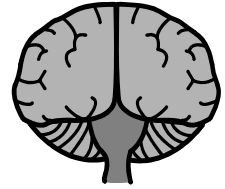


# Whole Body Listening

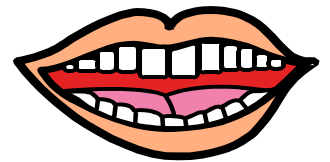
You listen with your brain by thinking about what the other person is saying.



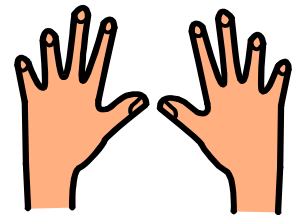
You listen with your eyes by looking at people's faces and eyes when they are talking to you.



You listen with your mouth by keeping it quiet when others are talking and only talking about what the other person is talking about.



You listen with your hands by not distracting other people or yourself. Hands should be quiet.



You listen with your ears by hearing what other people are saying.



You listen with your feet by keeping them still and flat on the floor.



You listen with your chest by keeping it turned toward the person who is talking.



