EBS:

EFFECTIVE BEHAVIOR SUPPORTS

Charles F. Tigard ELEMENTARY SCHOOL

Charles F. Tigard Staff EBS HANDBOOK

TIGARD-TUALATIN SCHOOL DISTRICT 23J

Charles F. Tigard Elementary Staff EBS Handbook

Washington Elementary PBIS Team created this handbook in consultation with Dr. Dale R. Myers and Dale R Myers & Associates, LLC, during the 2008-09 school year. The purpose of this handbook is to guide and support Charles F. Tigard staff as we implement PBIS in our school. Our goal is to provide all of our students with safe and effective school environments where they can experience academic and social-behavioral success.

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Section

EBS: Background Information

is an acronym for Effective Behavior Support. The goal of EBS is to prevent the development and establishment of problem behaviors and to <u>maximize academic</u> success for all.



A YEAR OF

POSSIBILITIES

171 days of possibilities

1,026 hours of possibilities

61,560 minutes of possibilities

3,693,600 seconds of possibilities

- A systems approach to building capability in students and staff
- A continuum of behavior supports
- Prevention focused efforts
- Instructionally focused
- Empirically sound practices
- Assessment information analyzed and used on a frequent basis

"Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction, and skillful execution; it represents the wise choice of many alternatives."

Willa A. Foster

EBS-School-Wide has 5 Critical Components

- 1. <u>Clear Expectations</u>
 - \star As defined in the rules matrix
- 2. Explicitly Taught
 - \star Each area in the matrix is accompanied by a lesson plan.
 - \star A schedule for teaching and re-teaching behaviors is used.
- 3. <u>A system for encouraging appropriate behavior</u>
 - ★ Reward or recognition system, including a Reinforcement Menu for encouraging positive and appropriate behaviors.
- 4. A system for discouraging inappropriate behavior
 - ★ A Correction Menu for how to respond to and correct Level One, Level Two, and Level Three behaviors.
- 5. A data collection system
 - ★ Answering two important questions. Are we...
 - 1) Doing what we said we would do?
 - 2) Achieving the student outcomes we said we would achieve?
 - ★ The data collection system analyzes data gathered from the school's Behavior Tracking Forms to monitor and adjust adult responses and school focus in responding to student behavior.

The Five Big Ideas of EBS



- 1. All children can learn and are always learning!
 - ★ Children are learning all the time. If you work around children, you are a teacher.
- 2. School is responsible for preparing students for life.
 - \star Schools should teach important life lessons.
- 3. School expectations must be explicit, and taught to *all* children.
- 4. The only way to change student behavior is to change *adult* behavior.
 ★ We create the environments in which behaviors arise.
- 5. Things aren't always as they appear!
 - \star Human perception is often flawed. It is important to use data.

Section

2

CLEAR EXPECTATIONS

If you want it, teach it. Teach it where you want it. If you want to see it, look for it. If you see it, recognize and reward it.

- Dale R. Myers

ur school rules are:

Be Safe Be Responsible **Be Respectful**

Good Rules are Important

- They reveal the values of the school or district. • (Our school values Safety, Respect and Responsibility)
- They provide guidelines for success. We teach students the desired behavior, rather than • telling students what not to do.
- They are critical lower order social skills. They are the basic building blocks of • successful relationships and communities.
- They can increase staff consistency. •
- They can reduce problem behavior. •
- They can increase school safety. •

What Makes Good Rules

Good rules are:

Г

- \star Simple: easy to remember and easy for everyone to understand.
- \star Positively stated: What we want.
- ★ Applicable to everyone, staff and students.
- \star Monitored and enforced by all.
- \star Consistently applied.

MATRIX of School Expectations

Our matrix serves two purposes:

- 1. Helps the school community "get on the same page"
- 2. Serves as the basis for writing school expectation lesson plans

School Expectations: Guidelines for Success				
	Be Safe	Be Respectful	Be Responsible	
School- Wide: All the time, everywhere	 Keep hands, feet and objects to yourself Stay in assigned area Report problems to adults 	 Use positive and appropriate language (No put downs or swearing) Be polite, using words like "please" and "thank you" Use a voice and volume that fits the place 	 Follow adult directions the first time asked Put trash in trash can Leave toys and electronics at home 	
Restrooms	 Keep feet on floor and hands to self Keep water in toilet and sink 	 Respect privacy: knock before entering, wait your turn. Use a quiet voice 	 Use the restroom quickly and go back to class Flush Put paper towels 	

	 Wash & dry your hands 		in the garbage can ■ Report problems to an adult
Café Charles	 Walk facing forward in a single file line Eat and touch your own food Sit on your bottom with both feet on the floor 	 Use an indoor voice Talk only with those in your "conversation square" Use polite words 	 Choose only what you ordered Clean up after yourself Wait to be excused before going outside.
Hallway	 Walk on right side, facing forward Keep hands, feet and objects off of the walls Hold head up and look where you're going 	 Use quiet voices Give others space Pause the line to allow others to pass through 	 Keep hallways clean Return to class quickly
Recess & Playground	 Slide down the slide feet first, one at a time Stay inside the fence at all times Chase only on the grass Leave bark chips and rocks on the ground Do not jump off the play structure or moving swings. 	 Use equipment on the field or the blacktop Include everyone Take turns Encourage others 	 Ask for a pass to use restroom or go to the office Line-up quickly when the whistle blows Gather equipment and put back in bag. Return bag to cafeteria Wait quietly to go inside

Coming & Going	 Walk on the right Keep your head up and face forward Hold onto bikes and skateboards; do not ride them. Use crosswalks to cross the parking lot 	 Keep hands, feet and objects to self Use appropriate language Greet others 	 Arrive and leave on time
Bus	 Sit "seat to seat, back to back" Stay seated while the bus is moving. 	 Use inside voice Use respectful words Keeping body to self 	 Keep the bus clean Save food and drink for later Bring belongings with you
Office & Health Room	 Keep hands to yourself and away from office supplies Avoid blocking doorways 	 Wait for staff to finish conversations before speaking to them Say hello, state your business and wait for instructions Say "please" and "thank you" 	 Check in with adults in the office before you enter or leave the health room Only come with a pass from a teacher
Assemblies	 Keeps hands and feet to yourself Sit criss-cross on the floor 	 Use active listening Be polite and give the speaker your attention 	 Provide your neighbors with space Sit with your class

Section 3

Explicitly Taught Expectations

EBS: Teaching Behaviors

wo main rules around behavior:

- 1. If you want it, teach it.
- 2. We get more of what we pay attention to.

How do we teach social behavior?

We teach behavior the same way we teach academics.

- 1. Create clear behavioral expectations.
- 2. Communicate clearly to students what we want.
- 3. Explicitly model desired behavior and provide practice opportunities.
- 4. Monitor student behavior.
- 5. Provide performance feedback.

When do we teach behavior?

- ★ At the beginning of school year or activity
- \star Often enough to achieve and maintain desired behaviors
- \star Before times when problem behaviors tend to increase
- \star Ongoing throughout the year
- \star At teachable moments

Where do we teach behavior?

- ★ Where you want the behavior performed
- \star Everywhere in the school
- ★ Integrated into other academic activities

Why do we teach behavior skills?

- ★ Behavior skills are necessary for success in life.
- \star Many students arrive at school without these important skills.
- \star They are the basis for a positive and safe climate.
- \star Doing so increases opportunities to teach other skills.

PBIS: Lesson Plans

The following pages contain lesson plans for:

- 1. All the Time/Everywhere
- 2. Restrooms
- 3. Café Charles
- 4. Hallway
- 5. Playground
- 6. Coming & Going
- 7. Bus
- 8. Rainy Day Recess
- 9. Office & Health Room

SCHOOL-WIDE: EVERYWHERE, ALL THE TIME

Step 1: Introduce Rule					
Tell	THE TIME. This is important because we should be safe respectful and responsible wherever we go on school grounds.				
	Step 2: Introc	luce Examples			
Teach	Safe	Respectful	Responsible		
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Report problems to adults Keep hands, feet and objects to yourself Stay in assigned area 	 Use positive and appropriate language (No put downs or swearing) Follow adult directions the first time asked Be polite, using words like "please" and "thank you" Use a voice and volume that fits the place (indoor or quiet) 	 Follow adult directions the first time asked Put trash in trash can Encourage/help others to follow the rules Leave toys and electronics at home 		
S	tep 3: Introduce exam (The teacher models non-e	ples and non-examplexamples, not the students!			
Ask ()	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?		
Is an example of being? Am I being when I?	 Swinging your backpack around Running in the breezeway Seeing broken glass and telling your teacher 	 Doing what the teacher asked Bumping into someone and saying, "Sorry" with eye contact Shouting in the hall Telling someone his new hair cut looks stupid 	 Picking up a wrapper on the floor Bringing a video game to school Taking your jacket with you to recess Wearing your hat inside the school 		
Step 4: Review examples , briefly					
Ask Is an example of being (safe respectful, responsible)? • Am I being (safe respectful, responsible) when I? • Finish this sentence: To be (safe respectful, responsible) everywhere,					

	all the time, I will			
 Show an example of being (safe respectful, responsible) when 				
	Step 5: Student activities			
Model for the students the expected behavior.1. Teacher models giving a direction and the student practices saying, "Okay," and does it. 2. Model stopping the line for others to pass through. 3. Model and have students practice using a voice volume appropriate for walking in the hall, ie., quiet voice for hallways, indoor voice for cafeteriaTest the students by asking them to model correct examples.Teacher: Constantly give feedback to students when you notic students meeting expectations.				
	Step 6: Restate the rule			
TellIt is important to be Safe, Respectful, and Responsible EVERYWHERE, ALL THE TIME. This is important because we should be Safe, Respectful, and Responsible wherever we go on school grounds.				
	Step 7: Sentence Frame Review			
Review	An example of being(safe respectful, responsible) all the time and everywhere is			
Comments, thoughts or questions for the next time the lesson is taught:				
Focus Lesson Review: Everywhere, All the Time				
Expectations for being safe respectful, and responsible are a way of saying that we will do the right thing even if nobody is looking. When we are safe we stay in our assigned area, leave dangerous items at home and keep our hands, feet and objects to ourselves. Can anyone think of another way to be safe? When we are respectful, we follow directions, use respectful words, and treat others the way we would want to be treated. What is another way to show respectfulness to our school and to others? When we show responsibility, we do our best to clean up after ourselves and keep our school clean. Can you think of other ways to show responsibility? School is a safe happy place when we follow the expectations" – Be Safe Be Respectful, Be Responsible Everywhere, All the Time .				

Review of EVERYWHERE, ALL THE TIME Procedures

W- Wildcats follow directions

- A-Always stay to the right
- L- Low, soft voices
- K- Keep hands to yourself

RESTROOMS

Step 1: Introduce Rule				
Tell It is important to be Safe, Respectful, and Responsible when using the restroom. This is important because we want our restrooms to be clean, safe places where people are considerate to one another. Step 2: Introduce Examples				
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Keep feet on floor and hands to self Keep water in toilet and sink Wash & dry your hands 	 Respect privacy Use a quiet voice 	 Use the restroom quickly and go back to class Flush Put paper towels in the garbage can Report problems to an adult 	
Si	tep 3: Introduce exam (The teacher models non-e			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being? Am I being when I?	 Climbing on the stalls Standing on the toilet Washing your hands Splashing water on the floor 	 Using a quiet voice Peeking at others while they are using the restroom Shaking the stall door Waiting your turn quietly 	 Playing and pushing in the restroom Wasting time Flushing the toilet Putting paper in the trash 	
Step 4: Review examples, briefly				
Ask Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) in the restroom, I will Show an example of being (safe respectful, responsible) when				
Step 5: Student activities				
Model for the students 1. Practice washing hands, keeping the water in the sink.				

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the expected behavior.	2. Practice using quiet voices in the restroom		
	3. Practice throwing towels in the garbage.		
Lead the students as	4. Practice saying the steps to using the restroom: Go, flush, wash,		
they practice and	dry, get back quickly.		
expected behaviors			
	Teacher: Constantly give feedback to students when you notice		
Test the students by	students meeting expectations.		
asking them to model			
correct examples.			
	Step 6: Restate the rule		
Tell	It is important to be Safe, Respectful, and Responsible when using the		
Tell	restroom. This is important because we want our restrooms to be clean,		
	safe places where people are considerate to one another.		
	Step 7: Sentence Frame Review		
Review	An example of being(safe respectful, responsible) while using the restroom is		
Comments, thoughts or questions for the next time the lesson is taught:			
Comments, thoughts or questions for the next time the lesson is taught:			
Focus Lesson Review: Restroom			
remember that your action Please remember to be a floor dry? What are som other Roadrunners who keep our restrooms clean trust your responsible b to report to an adult whe	is a private place where you might find yourself alone, we all need to ons in the restroom need to be Safe, Respectful, and Responsible. safe by keeping the floor dry. Can someone tell me one way to keep the ne other ways to be safe in the restroom? Please remember to respect use restrooms by keeping the restrooms clean. What is one way we can n? How else can we be respectful in the restroom? The adults at CFT behavior when you spend time in the restroom. One way to be responsible is n there isn't any soap left. Can someone tell me another responsible <i>v</i> minutes we are going to talk some more about the Safe, Respectful, and beded in restrooms.		

Review of **Restroom** Procedures

F- Flush

- L-Leave it clean
- U- Use soft voices
- S- Stay in your stall
- H- Hands washed & dried

CAFÉ CHARLES

Step 1: Introduce Rule			
Tell	It is important to be Safe, Respectful, and Responsible when you use the cafeteria for breakfast or lunch. This is important because we want our cafeteria to be a safe and comfortable place to eat and have conversations with our friends.		
	Step 2: Introd	uce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are 	 Walk facing forward in a single file line Eat and touch your own food Sit on your bottom with both feet on the floor 	 Use an indoor voice Talk only with those in your "conversation square" Use polite words 	 Choose only what you ordered Clean up after yourself Wait to be excused before going outside.
Step 3: Introduce examples and non-examples (The teacher models non-examples, not the students!)			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being? Am I being when I?	 Running to get the best table Carrying your tray with two hands Touching someone's food 	 Turning around and talking to the people behind you Shouting to a friend to come and sit by you Making positive conversation 	 Leaving wrappers on the table Taking four scoops of fruit Raising your hand to be dismissed Cleaning your tray and stacking it
Step 4: Review examples, briefly			
Ask	 Ask Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) in the cafeteria, I will Show an example of being (safe respectful, responsible) when 		
Step 5: Student activities			
Model for the students1. Enter the cafeteria, single file using a quiet voice.			

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the expected behavior.	Practice lining up, single file, leaving space.
	3. Wait your turn at the front, take only your own card.
Lead the students as	Walk to the table and sit down, facing forward.
they practice and	Practice having a positive conversation: "What did you do last
expected behaviors	weekend?" "Do you have any pets?" "What's the funniest thing
	your pet ever did?"
Test the students by	5. Raise your hand to dump your tray.
asking them to model	Wait until your table is dismissed to go outside.
correct examples.	
	Teacher: Constantly give feedback to students when you notice
	students meeting expectations.
	Step 6: Restate the rule
Tell	It is important to be Safe, Respectful, and Responsible when using the
Ien	cafeteria. This is important because we want our cafeteria to be a safe
	and comfortable place to eat and have conversations with our friends.
	Step 7: Sentence Frame Review
Review	An example of being(safe respectful, responsible) while using the
	cafeteria is
	cafeteria is
Comments, thoughts or o	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles
Comments, thoughts or of Meal times are short and	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles there are many people to be served. It is important to be Safe, Respectful,
Comments, thoughts or of Meal times are short and and Responsible in the o	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles there are many people to be served. It is important to be Safe, Respectful, afeteria so that everyone can enjoy mealtime in a comfortable and
Comments, thoughts or of Meal times are short and and Responsible in the of enjoyable setting. Walk	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles I there are many people to be served. It is important to be Safe, Respectful, afeteria so that everyone can enjoy mealtime in a comfortable and ing and being aware of others around you are examples of being safe in the
Comments, thoughts or of Meal times are short and and Responsible in the of enjoyable setting. Walk cafeteria. What other wa	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles there are many people to be served. It is important to be Safe, Respectful, afeteria so that everyone can enjoy mealtime in a comfortable and ing and being aware of others around you are examples of being safe in the ays can we be safe in the cafeteria? Saying, "please" to the server is a way
Comments, thoughts or of Meal times are short and and Responsible in the of enjoyable setting. Walk cafeteria. What other wa to be respectful. Can yo	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles I there are many people to be served. It is important to be Safe, Respectful, afeteria so that everyone can enjoy mealtime in a comfortable and ing and being aware of others around you are examples of being safe in the bys can we be safe in the cafeteria? Saying, "please" to the server is a way u think of other ways to be respectful when you eat breakfast of lunch?
Comments, thoughts or of Meal times are short and and Responsible in the of enjoyable setting. Walk cafeteria. What other wa to be respectful. Can yo	cafeteria is questions for the next time the lesson is taught: Focus Lesson Review: Café Charles there are many people to be served. It is important to be Safe, Respectful, afeteria so that everyone can enjoy mealtime in a comfortable and ing and being aware of others around you are examples of being safe in the ays can we be safe in the cafeteria? Saying, "please" to the server is a way

Review of CAFÉ Procedures

E- Eat your own food A- Always sit in your spot T- Take time to clean up S- Soft voices, please

HALLWAY

Step 1: Introduce Rule				
Tell	It is important to be Safe, Respectful, and Responsible when using the HALLWAY . This is important because we want to travel from place to place safely and to be quiet and respectful of others who are working in their offices and classrooms.			
	Step 2: Introd	uce Examples		
Teach	Safe	Respectful	Responsible	
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Walk on right side, facing forward Keep hands, feet and objects off of the walls Hold head up and look where you're going 	 Use quiet voices Give others space Pause the line to allow others to pass through 	 Keep hallways clean Return to class quickly Following these rules at all times – even at dismissal 	
SI	Step 3: Introduce examples and non-examples (The teacher models non-examples, not the students!)			
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?	
Is an example of being? Am I being when I?	 Walking backwards Keeping your head up and looking where you are going Swinging your coat or backpack Walking on the left side of the hall 	 Talking loudly Bumping into someone on purpose Allowing others to pass Walking with your hands at your sides 	 Dropping a wrapper in the hall Slowly meandering back to class Taking your coat to PE because you'll be excused from PE to head directly out to recess Jumping up to touch the door jam 	

Step 4: Review examples, briefly			
Ask	 Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) in the hallway, I will Show an example of being (safe respectful, responsible) when Step 5: Student activities 		
Model for the students the expected behavior. Lead the students as they practice and expected behaviors Test the students by asking them to model correct examples.	 Practice walking on the right side of the hall Practice using a quiet voice Practice keeping your hands to your side Practice walking with your head up, looking where you are going Practice thinking about what you will need in the place you are going: pencil, notebook, jacket, and take those items with you Teacher: Constantly give feedback to students when you notice students meeting expectations 		
	Step 6: Restate the rule		
Tell	It is important to be Safe, Respectful, and Responsible when using the hallway . This is important because we want to travel from place to place safely and to be quiet and respectful of others who are working in their offices and classrooms.		
	Step 7: Sentence Frame Review		
Review	An example of being(safe respectful, responsible) while using the hallway is		
Comments, thoughts or	questions for the next time the lesson is taught:		
	Focus Lesson Review: Hallway		
This week we will be rev to be Safe, Respectful, a	I rules are to Be Safe Be Respectful, Be Responsible. What are our rules? iewing why it is important to follow these rules in the hallway. It is important and Responsible in the hallway because we want to travel safely from place		

to place; and to be respectful of others who are working in offices and classrooms as we pass by. When we are in the hall we walk on the right side to be safe. Can you think of another way to be safe? When we walk in the hall we use quiet voices to be respectful. Can someone tell me another way to be respectful? We also return to class quickly to be responsible. Who can think of another way to be responsible? Let's all work together this week and remember to be Safe, Respectful, and Responsible in the hallway. Review of **HALLWAY** Procedures

H- Hands to side

- A- Always stay on the right
- L- Look forward
- L-Low, soft voice

Step 1: Introduce Rule			
Tell It is important to be Safe, Respectful, and Responsible when using the PLAYGROUND so that everyone can be safe and have fun.			
	Step 2: Introd	uce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Slide down the slide feet first, one at a time Stay inside the fence at all times Run and chase only on the grass Leave bark chips and rocks on the ground Do not jump off the play structure or moving swings. 	 Include everyone Take turns Encourage others 	 Ask for a pass to use restroom or go to the office Line-up quickly when the whistle blows Gather equipment and put back in bag. Return bag to cafeteria Wait quietly to go inside
Si	ep 3: Introduce exam (The teacher models non-e	ples and non-examplex examples, not the students!)	
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being? Am I being when I?	 Climbing up the slide Asking a teacher before retrieving a ball from the parking lot or street Chasing on bark chips 	 Including a classmate in a game Grabbing the ball from someone Calling someone a name 	 Continuing to play when the whistle blows Dropping your equipment on the ground and walking to the line Picking up a jump rope and putting it in the bag
Step 4: Review examples , briefly			

PLAYGROUND

Ask	 Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) on the playground, I will Show an example of being (safe respectful, responsible) when Step 5: Student activities 		
	Step 5. Student activities		
Model for the students the expected behavior. Lead the students as they practice and expected behaviors Test the students by asking them to model correct examples.	 Demonstrate sliding down the slide feet first Walk the boundaries of the playground Role play "Include Everyone" at recess Role play sharing a ball Practice lining up at the whistle Practice putting a piece of equipment in the bag <i>Teacher: Constantly give feedback to students when you notice students meeting expectations.</i> 		
	Step 6: Restate the rule		
Tell	TellIt is important to be Safe, Respectful, and Responsible when using the playground so that everyone can be safe and have fun.		
	Step 7: Sentence Frame Review		
Review	An example of being(safe respectful, responsible) while using the playground is		
Comments, thoughts or questions for the next time the lesson is taught:			
Focus Lesson Review: Playground			
When we think about using the playground, we want to remember the three important rules: Be Safe, Be Respectful and Be Responsible. Let's talk about some examples. When we walk on the bark chips, we are being safe in an area that could hurt us if we run into someone or something. Give some other examples of being safe on the playground. It is respectful to include everyone when playing a game. What are some other ways of being respectful on the playground. When the whistle blows we walk to the line and wait quietly for our teacher. Name some other ways of being responsible on the playground			

Review of **PLAYGROUND** Procedures

- R- Rules are followed
- E- Everyone is included
- C- Correctly use and return equipment
- E- Everyone lines up quickly at whistle
- S- Stay in view of adults
- S- Sportsmanship counts

Coming & Going

Step 1: Introduce Rule			
Tell It is important to be Safe, Respectful, and Responsible when coming to school or leaving school. This is important because we want everyone to arrive and leave on time safely.			
	Step 2: Introd	uce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Walk Keep your head up and face forward Hold onto bikes and skateboards; do not ride them. Use crosswalks to cross the parking lot 	 Keep hands, feet and objects to self Use appropriate language 	 Arrive and leave on time
Si	tep 3: Introduce exam (The teacher models non-e		
Ask	Isan example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being? Am I being when I?	 Running Following your teacher in a line Riding your bike in the road 	 Pushing and shoving Swinging arms and backpacks around Telling adults "good morning" or "see you tomorrow." 	 Getting to school by 8:10 Talking with your friends instead of eating at breakfast Hanging out in the hallways before school
Step 4: Review examples , briefly			
Ask Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) when I arrive at school or leave school, I will Show an example of being (safe respectful, responsible) when			
Step 5: Student activities			

Model for the students the expected behavior. Lead the students as they practice and expected behaviors Test the students by asking them to model correct examples.	 Demonstrate walking inside the building in the morning with hands to self, giving others space. Practice saying hello or good morning to others Demonstrate and practice holding onto backpack the right way. <i>Teacher: Constantly give feedback to students when you notice students meeting expectations.</i> 		
	Step 6: Restate the rule		
Tell	It is important to be Safe, Respectful, and Responsible when arriving and leaving school. This is important because we want everyone to arrive and leave on time safely.		
	Step 7: Sentence Frame Review		
Review An example of being(safe respectful, responsible) when coming to school is An example of being (safe respectful, responsible) when leaving school is Comments, thoughts or questions for the next time the lesson is taught:			
Focus Lesson Review: Coming and Going			
Our three school rules at CFT are to Be Safe, Be Respectful and Be Responsible. Who can tell me the three rules? Let's say them together: "Be Safe, Be Respectful and Be Responsible."			
This week we will be focusing on our three rules when coming and going. When I see you walk out to the busses, you are being safe. Who can tell me another way to be safe? When I see you greeting others with hello or good morning, you are being respectful. Who can tell me another way to be respectful? When I will see you arriving at 8:10, you are being responsible by coming to school on time! Who can tell me another way to be responsible?			

Review of **COMING & GOING** Procedures

- S- Say "hello" to others
- A- Arrive by 8:10
- F- Follow your teacher in a line
- E- Eyes open and paying attention
- L- Leave on time
- Y- You are safe, respectable, and responsible

BUS

Step 1: Introduce Rule			
Tell	It is important to be Safe, Respectful, and Responsible when using the BUS . This is important because we want students to get to their destination safely.		
	Step 2: Introd	uce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are 	 Sit "seat to seat, back to back" Stay seated while the bus is moving. 	 Use inside voice Use respectful words Keep body to self 	 Keep the bus clean Save food and drinks for later Bring belongings with you
	tep 3: Introduce exam (The teacher models non-e	xamples, not the students!	
Ask	Is an example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being? Am I being when I?	 Jumping from seat to seat Talking to the person next to you Wrestling with the person next to you 	 Singing loudly Calling others names Letting someone sit with you 	 Taking your belongings with you when you get off the bus. Writing on the seat in front of you Eating candy on the bus Brining a note if you are taking a different route home
Step 4: Review examples, briefly			
 Ask Is an example of being (safe respectful, responsible)? Am I being (safe respectful, responsible) when I? Finish this sentence: To be (safe respectful, responsible) when I am on the bus, I will Show an example of being (safe respectful, responsible) when 			

	Step 5: Student activities			
Model for the students	1. Demonstrate how to sit in a bus seat.			
the expected behavior.	2. Demonstrate the volume of an "indoor voice"			
Lood the students of	3. Model how to follow directions the first time given.			
Lead the students as they practice and	Teacher: Constantly give feedback to students when you notice			
expected behaviors	students meeting expectations.			
Test the students by				
Test the students by asking them to model				
correct examples.				
	Stop 6: Dostato the rule			
	Step 6: Restate the rule			
Tell	It is important to be Safe, Respectful, and Responsible on the bus because we want students to get to their destination safely.			
	Step 7: Sentence Frame Review			
Review	An example of being(safe respectful, responsible) when riding the bus is			
Comments, thoughts or questions for the next time the lesson is taught:				
	Focus Lesson Review: Bus			
It is important to be Safe, Respectful, and Responsible on the bus so that everyone gets to their destination safely. We will sit facing forward, stay in one place while the bus is moving, and use an indoor voice. We will be respectful to those sitting around us by using appropriate language and keeping out hands to ourselves. Now who can tell me how to be safe on the bus? Give me some examples of being respectful? How would we demonstrate being responsible on the bus?				

Review of **Bus** Procedures

B-Backpack closed, aisle clear U- Use soft voices

S-Seat to seat, back to back

OFFICE/HEALTH ROOM

Step 1: Introduce Rule			
Tell	It is important to be Safe, Respectful, and Responsible in the Office/Health Room. This is important because the Office/Health Room needs to be a safe place for students, parents and staff to conduct business and take care of health issues.		
	Step 2: Introd	uce Examples	
Teach	Safe	Respectful	Responsible
Examples of being SAFE are Examples of being RESPECTFUL are Examples of being RESPONSIBLE are	 Keep hands to yourself and away from office supplies Avoid blocking doorways 	 Wait for adults to finish conversations before speaking to them Say hello, state your business and wait for instructions Say "please" and "thank you" 	 Check in with adults in the office before you enter or leave the health room Only come with a pass
Si	tep 3: Introduce exam (The teacher models non-e		
Ask	Isan example of being SAFE?	Is an example of being RESPECTFUL?	Is an example of being RESPONSIBLE?
Is an example of being? Am I being when I?	 Staying on the front side of the counter or desk Hitting, kicking or throwing things Keep hands to yourself and away from supplies 	 Saying, "hello,""please," and "thank you." Yelling and swearing Waiting patiently Following directions 	 Coming to the office with a pass Saying you aren't feeling well to get out of class Entering the health room without telling an adult in the office
Step 4: Review examples , briefly			
Ask Is an example of being (safe respectful, responsible)? • Is an example of being (safe respectful, responsible)? • Am I being (safe respectful, responsible) when I? • Finish this sentence: To be (safe respectful, responsible) when I go to			

	 the Office/Health Room, I will Show an example of being (safe respectful, responsible) when
	· · · · · · · · · · · · · · · · · · ·
	Step 5: Student activities
Model for the students the expected behavior.	 Demonstrate asking for a tardy slip on other side of desk Show how to present a pass and state your business (need to call home for important reason, don't feel well, reporting a mess in the
Lead the students as	restroom)
they practice and	3. Role play waiting patiently without interrupting
expected behaviors	4. Show how to interrupt politely if you have an emergency5. Demonstrate coming inside the office without blocking the doorway
Test the students by asking them to model	
correct examples.	Teacher: Constantly give feedback to students when you notice students meeting expectations.
Step 6: Restate the rule	
Tell	It is important to be Safe, Respectful, and Responsible in the Office/Health Room. This is important because the Office/Health Room needs to be a safe place for students, parents and staff to conduct business and take care of health issues.
Step 7: Sentence Frame Review	
Review	An example of being(safe respectful, responsible) in the Office/Health Room is
Comments, thoughts or questions for the next time the lesson is taught:	
Focus Lesson Review: Office/Health Room	
The Office/Health Room is a small area that must accommodate students, parents and staff for business and health issues. It is important that it be a safe place where people are respectful and responsible. One way to be safe is to stand inside the office without blocking the door. What are some other ways to be safe in the Office/Health Room? It is respectful to wait until the office staff is off the phone before stating your business. What other ways can we show respect in the Office/Health Room? It is responsible to check in with the office staff before entering the health room? It is responsible to check in with the office staff before entering the health Room?	

room. Give some more examples of ways to be responsible when visiting the Office/Health Room?

Review of Office/Health Room Procedures

- O-Only quiet voices
- **F-Follow directions**
- F-Friendly faces
- I-Identify who you are
- C-Check-in and out with office staff
- E-Everyone is polite

Section

System for Encouraging Desired Behavior

Reinforcement Menu



esearch by Rath & Clifton (2004) indicates that individuals who receive regular recognition and praise

*Increase their individual productivity.

*Are more likely to stay with their organization. *Receive higher loyalty and satisfaction.

*Have better safety records

Small	Medium	Large
 Say "Thank you" Star sticker Verbal praise Pat on shoulder Smile High five Listen to them Note to student Eye contact 	 Give a PAW Give them 1:1 time Notice them Teacher's helper Line leader Extra game Extra choice time Points/marbles toward class reward 	 Principal phone call Positive referral to the office Raffle prizes Lunch leader School supplies Special computer time Teacher phone call or note to parents Lunch with principal or counselor

Refer to this Reinforcement Menu for ideas of how to recognize and reward students for following the rules on the matrix with small, medium, and large rewards.

	"PAWS"	
	Be Safe Be Respectful Be Responsible	
Name: Teacher:	Grade:	
Initials:		

Our Reinforcement Coupon:

How to use Reinforcement Coupons ("PAWS"):

- 1.. Who can give the PAWS out?
 - \star Any adult who has been trained in EBS use of reinforcements.
 - \star Any adult can give it to any student outside of their classroom.

2. Who are they given to?

- ★ Any student who is demonstrating any behaviors that are safe, respectful, or responsible.
- \star Staff will not give tickets to students who ask for them.

3. What may students do with the PAWS?

★ <u>There are a menu of reinforcements happening monthly at CFT:</u>

- I. Students can use PAWS in the classroom (Treasure Box, Class Prizes, etc.)
- II. Students who earn 50 PAWS go in the Wildcat Hall of Fame (and keep their PAWS)
- III. Students can choose to trade 50 PAWS for a Recess with the Principal each month
- IV. Students can choose to trade 75 PAWS for a monthly "EVENT" hosted by the Counselor
- V. Students trade their PAWS into a School wide (K-2 and 3-5) "bucket." When it is full, it triggers a K-2 or 3-5 Principal Hosted RECESS!!!
- VI. Four times a year (December, February, April and June) we will open the Wildcat PAW store in the cafeteria during lunch. Students can trade in their PAWS for "stuff."

Scripts for Giving PAWS***

1. Thank you for _____ (specific behavior). It shows that you have been _____ (Safe, Respectful or Responsible).

- 2. I just noticed that you _____ (specific behavior). That's a great example of being _____ (SRR).
- 3. I really appreciate how you _____. That's a wonderful example of being _____ (SRR).
- 4. By being _____ (specific behavior) in the library you show a good example of being _____ (SRR).
- 5. Well done, _____ (name) for _____ (specific behavior). That's showing _____ (SRR).
- 6. Way to go, _____ (name) for _____ (specific behavior). You're showing a good example of being _____ (SRR).

We never reward kids, we reward behaviors:

- ★ Bribery is an inducement to do something illegal, unethical, and immoral.
- ★ Manipulation: If adults are rewarding students for being still or quiet, that is not good for kids. Gotchas reinforce the specific behaviors we want to see for safe respectful, responsible behavior.
- \star Reinforcement is appropriate at school when it helps kids become successful at life.

***Staff turn in the last page of their PAWS pad (with their name on it) for a monthly drawing at the staff meeting.

Section 5

System for Discouraging Undesired Behavior

ur goal is to use positive feedback and acknowledgement when students follow the rules, and corrective feedback and consequences when they are not following the rules. We want to use rule violations as an opportunity to teach correct behavior and increase students' repertoire of possible appropriate responses.

Correction Menu

Refer to the Correction Menu for suggestions on how to respond to different levels of misbehavior. These levels are also articulated on the CFT Elementary Behavior Tracking Form.

Teacher Managed	Minors ("SCRATCH")	Majors (OFFICE DISCIPLINE REFERRAL)
 Restate direction Redirect to task Reteach Ignoring negative behavior while paying attention to what you want Nonverbal cue to task Notice Hand on shoulder Proximity Thank you to nearby student who is doing desired behavior "The Look" Clearly state choices/options 	 Time-out from positive reinforcement Conference with student Reteach w/overcorrection Problem-solving worksheet Restate direction + mild consequences Change seating Modify assignment Classroom Time-Out Alternative buddy class 	 Contact Office Immediately Student Escorted by Adult to Principal Administrator completes paperwork and assigns a consequence.

TEACHER-MANAGED

Definition	Examples	Procedures
 Behaviors that: 1. Do not require administrator involvement and 2. Are not more than a minor disruption to the learning environment and 4. Are not chronic (occur less than 3x per week) and 5. Are low severity and low frequency 	 Passive non- compliance/not following directions Crying or whining Using inappropriate level of voice Coming unprepared to class Talk outs/chatting Not paying attention in class Using inappropriate language (not directed towards a person) Wearing hats Gum Note-writing 	 Inform student of rule violated Describe expected behavior Use Small (Level 1) Corrective Menu: Redirect to task Reteach Differential Reinforcement (ignoring neg. behav., but reinforcing what you want) Nonverbal cue to task Notice Hand on shoulder Proximity Thank you for (desired behavior) The look Choices, etc. These behaviors may be documented in the classroom, but <u>not</u> on a Behavior Tracking Form.

	MINOR- "SCRATCH"	
Definition	Examples	Procedures
Behaviors that:1. Are a moderate disruption to the	 Active defiance & actively refusing to follow directions Arguing with 	1. Always complete Red Slip tracking form, before end of the day
learning environment	teacher/talking back/insubordination • Frequent talking out of	2. Notify the classroom teacher right away if writing a red slip for a
or	turn	child from another room
2. May require administrative involvement	 Inappropriate language or gestures directed at a person(s) Academic dishonesty 	2. Contact the parent by the end of the day. Leave a message if necessary
or	 Minor physical contact Property misuse	3. Submit Red Slip to office for data entry; file it when it is
 Are chronic "teacher managed" behaviors (3+x/wk) 	• Electronics violation	returned to you

MAJOR- OFFICE DISCIPLINE REF

Behaviors that:See list of Definitions of Major Behaviors1. Contact Office Immediately1. Pose a Danger to themselves and/or others• See list of Definitions of Major Behaviors1. Contact Office Immediately2. Are Illegal or• Possessing weapon or look-alike weapon• Student makes a specific and credible (target/method) threat to others1. Contact Office Immediately2. Are Illegal or• Purposefully hitting physically hurting a teacher or student3. Administrator completes paperwork and assigns a consequence.3. Are a Major Disruption to the Learning Environment• Throwing potentially dangerous objects at others• Self-inflicting wounds • Spitting or biting4. Are Chronic Level One Behaviors (3x/month+)• Racial, ethnic, religious, or sexual harassment• Wandalism that results in serious or permanent damage4. Are Chronic Behaviors (3x/month+)• Any act of fire starting, arson or any knowledge of plaving with fire• Any act of fire starting, arson or any knowledge	Definition	Examples	Procedures
 Stealing 	 Pose a Danger to themselves and/or others or Are Illegal or Are a Major Disruption to the Learning Environment or Are Chronic Level One Behaviors 	 <u>Major Behaviors</u> Possessing weapon or look-alike weapon Student makes a specific and credible (target/method) threat to others Purposefully hitting physically hurting a teacher or student Throwing potentially dangerous objects at others Self-inflicting wounds Spitting or biting Racial, ethnic, religious, or sexual harassment Bullying Vandalism that results in serious or permanent damage Any act of fire starting, arson or any knowledge of playing with fire, matches, etc. 	Immediately 2. Student Escorted by Adult to Principal 3. Administrator completes paperwork and assigns a

Our goal is to maximize instructional time. Students will go to the office if there is a serious safety threat or disruption. For other incidents, students may be sent later in the day but not during instructional time.

Scripts for Correction

"Thank You for Desired Behavior"

Try this: When a student is not meeting expectations, such as wearing a hat in the cafeteria, the adult can say, "Thank you for taking your hat off," looking at the student, smiling and walk away. Stop and look back. If the student has the hat off, you can say or mouth "Thank you."

Try this: When a student is talking too loudly in the library, the teacher can find another student nearby who is using appropriate volume and can say, "Thank you for using an indoor voice." If the first student then starts using an indoor voice, the adult can say "Thank you for using an indoor voice."

Script for "Reteach"

Try this: A student is talking during a lesson. The adult gives a reminder of the rule, "Please be responsible by paying attention to the lesson. Attention means being silent and listening." If active ignoring is not working, then teacher can say, "I expect that all the students will be responsible by giving full attention to this lesson. Attention means that students are listening and silent during the lesson. We will discuss this lesson together at a later point, if we need to. (Students name), what does giving attention to a lesson mean?" Student answers. Adult says, "Thank you, I am glad that we all understand this now."

Script for Correction Cycle

- 1. What are the rules?
- 2. Was your behavior safe respectful, and responsible?
- 3. What do you need to do?
- 4. Are you willing to do that? (if unwilling first time, it's then defiant)

Scripts for Redirecting:

- "What are you supposed to be doing right now? (Student is playing with sharpener and was directed to take out a book.)
- "We are on page 3, please read the first paragraph out loud" (Student's book fell on the floor and she is lost.)
- "Laura, please go to the board and show us how to do problem #12." (Laura KNOWS how to work the problem. We wouldn't ask her to go to the board if she couldn't work the problem. She was visiting with a neighbor. The teacher is attempting to engage her again.)
- Stand next to student and point to where you are in the book or on the page. (It is apparent that the student is on the wrong page.)
- "Stop. Look at me. What should you be doing right now?" (Student may have been directed once already but is still not following directions.)
- "Where are you supposed to be right now? Are you there? So what do you need to do now?"

(Student is out of her seat and may be disrupting others. The teacher may be repeating an earlier direction.)

Does Punishment Work?

- **1.** It is only effective in the presence of the punishing agent. Increased Covertness: When the adults are not present, then the students act out.
- 2. It requires greater resources to be effective: Results in increasing severity spiral, and requires constant vigilance.
- **3.** It may produce unintended negative consequences: Damage to relationship, anger and aggression, "mean world" syndrome.
- **4. You get more of what you pay attention to.** *Pay attention to desired behavior more often than undesired behavior.*

Schools & Risk Factors

Research by Roy Mayer and Beth Sulzer-Azaroff (1991, 1995) indicates that schools that only use a punishment-based behavior management system have increased rates of:

• AGGRESSION

• VANDALISM

TARDINESS

• TRUANCY

Section 6

Databased Decision Making

What is SWIS[™]?

he School-Wide Information System (SWIS) is a web-based information system designed to help school personnel to use Behavior Tracking Form data to design school-wide and individual student interventions. The three primary elements of SWISTM are:

- an efficient system for gathering information
- a web-based computer application for data entry and *report generation*
- a practical process for using information for *decision making*

These three elements give school personnel the capability to evaluate individual student behavior, the behavior of groups of students, behaviors occurring in specific settings, and behaviors occurring during specific time periods of the school day. SWISTM reports indicate times and/or locations prone to elicit problem behaviors, and allow teachers and administrators to shape school-wide environments to maximize students' academic and social achievements.

EVERY MONTH WE LOOK At the Big 2

- 1. Average Referrals per day per month
- 2. Referrals per grade level (Red Slips and ODRs)

CFT's Behavior Tracking Forms (Red Slips and ODR's)

MINOR-- Behavior Incident ("Scratch") CFT Elementary School

SCRATCH!

.

Not Responsible	Where		
O Disruptive	O Classroom		
O Not Following Rules	O Cafeteria		
O Noncompliant	O Hallway		
Not Respectful	O Library		
O Disrespectful to Adults	O Recess		
O Disrespectful to Other Students	O Gym		
Not Safe	O Coming/Going		
O Unsafe	O Other		
O Hands/Feet/Body Not to Self			
Given By: Date:			
Student Signature:			
Student's Teacher:			

Note: A "Scratch" or Office Discipline Referral form is NOT the consequence itself. It is simply the way we TRACK behavior.

Definitions for Level One Behavior tracking forms ("Scratches"):

Minor Problem Behavior	Definition
Inappropriate language	Low intensity instance of inappropriate language
Physical contact/ physical aggression	Non-serious, but inappropriate physical contact
Defiance/disrespect/ Non-compliance	Brief or low-intensity failure to respond to adult requests
Disruption	Low-intensity, but inappropriate disruption
Property misuse	Low-intensity misuse of property

Possible Motivation	Definition
Obtain Peer Attention	Student engages in problem behavior(s) to gain peer(s) attention
Obtain Adult Attention	Student engages in problem behavior(s) to gain adult(s) attention
Obtain Item/Activities	Student engages in problem behavior(s) to gain items and/or activities
Avoid Task/Activities	Student engages in problem behavior(s) to get away/escape from tasks and/or activities
Avoid Peer(s)	Student engages in problem behavior(s) to get away/escape from peer(s)
Avoid Adult(s)	Student engages in problem behavior(s) to get away/escape from adults(s)

Consequences	Definition
Conference with Student	Student meets with administrator, teacher, and/ or parent (in any combination).
Parent Contact	Parent communication by phone or email about the problem.
Loss of Privilege	Student is unable to participate in some type of privilege.
Restitution	Apologizing or compensating for loss, damage, or injury.
Time out/Detention	Student spending time in a specified area away from scheduled activities/classes.
Other	Consequence that is not listed above. Staff using this area will specify the consequence given.
Individualized Instruction	Student receives individualized instruction specifically related to the student's problem behavior.

Major Behavior Incident (Office Discipline Referral):

Charles F. Tigard- Office Discipline Referral Form (ODR)

An ODR is a "Major" violation of school rules. It is dealt with by multiple staff members and often results in the loss of instructional time, due to debrief or consequences.

Name:		LOCATION:	
Date:		Playground	Library
Time:		Cafeteria	Bathroom
Teacher:		Hallway	Arrival/Dismissal
Grade:	K 1 2 3 4 5	Classroom	Other
Referring Staff:			Specify:

Severe*	Serious
Weapons Urugs; alcohol, tobacco, illegal or prescription School Threat; threat of harm or destruction Threat/Intimidation; threat of harm or physical attack *May trigger Threat Assessment and involvement of our County partners.	Skipping (attendance violation) Physical Attack Disorderly Conduct (disruptive behavior) Fighting (mutual altercation) Harassment/Bullying Insubordination (disobedience) Theft (stealing personal or other property) Vandalism
Others involved in the incident: None Peers Possible Motivation(s); Hypothesis	Staff Teacher/Sub Other:
Obtain peer attention Obtain adult attention Obtain items/activities Misinterpreting social cues	Avoid peers Avoid adult(s) Avoid task or activity Other:
Administrative Decision	
Loss of privilege: Time out in office: Conference with student: Parent contact-Date:Time:	Restitution: In-school suspension: Out of school suspension: Other:

Definitions for <mark>Majors</mark>-(severe and serious on form) (Office Discipline Referrals):

Major Problem Behavior	Definition
Inappropriate Language/Profanity	Verbal messages that include swearing, name calling or use of words in an inappropriate way.
Property Misuse	Student is in possession of substances/objects readily capable of causing bodily harm and/or property damage (matches, lighters, firecrackers, gasoline, lighter fluid).
Property Damage/ Vandalism	Student participates in an activity that results in substantial destruction or disfigurement of property.
Use/Possession of Weapons	Student is in possession of knives or guns (real or look alike), or other objects readily capable of causing bodily harm.
School Threat/Threat of Harm or Destruction/Intimidation	Threats of harm to others, threatening behavior or acts of violence, including threats to severely damage school property
Skipping (Attendance Violation)	Administrator discretion
Disorderly Conduct (Disruptive Behavior)	Major disruption to the learning environment
Theft	Besides unauthorized use or possession of another person's belongings, theft may also include, for example: illegal downloading of software, music or copyrighted materials as well as using school equipment to reproduce and/or distribute software, music or movies.
Insubordination (Disobedience)	Refusal to follow adult directions, talking back and/or socially rude interactions that cause a major disruption to the learning environment.
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Fighting/ Physical Aggression	Actions involving serious physical contact where injury may occur (e.g. hitting, punching, hitting with an object, kicking, hair pulling, scratching, etc.)
Harassment/Bullying	Student delivers disrespectful messages (verbal or gestural) to another person that includes threats and intimidation, unwanted physical contact, obscene gestures, pictures, or written notes. Disrespectful messages include negative comments based on race, religion, gender, age, and/or national origin; sustained or intense verbal attacks based on ethnic origin, disabilities or other personal matters.
Drugs/Alcohol/Tobacco	Not to possess (physically or by consumption), use, distribute, attempt to distribute, or deliver or be under the influence of alcohol, tobacco, or controlled substances (narcotics, marijuana, and other dangerous drugs including vaping devices)

Consequences	Definition
In-School Suspension	A period of time spent away from scheduled activities/classes during the school day.
Out-of-School Suspension	A 1-5 day period when student is not allowed on campus.
Bus Suspension	A 1-30 day period when student is not allowed on the bus.
Conference with Student	Student meeting with administrator, teacher, and/ or parent (in any combination).
Loss of Privilege	Student being unable to participate in some type of privilege.
Individualized Instruction	Student receiving individualized instruction specifically related to the students problem behavior.
Parent Contact	Parent communication by phone about the problem.
Restitution	Student apologizing or compensating for loss, damage, or injury.
Time out/Detention	Spending time in a specified area away from scheduled activities/classes.
Time in Office	Student spending time in office away from scheduled activities/classes.
Expulsion	Student is expelled from school pending an expulsion hearing