

# Lunch Menu

**MONDAY  
CHICKEN**

Starter

Main Regular

Main Vegetarian

Dessert

MAR 01 - MAR 02



MAR 06 - MAR 09

Green Peas with Salted Butter

Chicken Stew with Crushed Potato

Veggie Moussaka

Date Flapjack Bar

MAR 13- MAR 16

Steamed Broccoli

Stir Fry Chicken with Egg Noodles

Cauliflower and Chickpea Curry with Steamed Rice

Raisin Flapjack Bar

MAR 20 - MAR 23

Roasted Pumpkin

Chicken Meat Balls with Mushroom Sauce with Barley

Crispy Veggie Balls with Mushroom Sauce with Barley

Apricot Flapjack Bar

MAR 27 - MAR 30



**TUESDAY  
BEEF**

Starter

Main Regular

Main Vegetarian

Dessert



Cucumber Sticks / Homemade Soup

Meat Balls with Tomato Sauce with Steamed Rice

Quinoa Balls in Tomato Sauce with Steamed Rice

Fruit Yogurt

Lettuce Salad / Homemade Soup

Mild Chilli con Carne with Brown Rice

Vegetarian Chilli with Brown Rice

Fruit Yogurt

Cherry Tomatoes / Homemade Soup

Japanese Beef Curry with Brown Rice

Vegetarian Curry with Brown Rice

Fruit Yogurt



**WEDNESDAY  
VEGGIE**

Starter

Main Vegetarian

Dessert

Shredded Carrots

Pasta Caprese / Pasta Bar

Fruit Salad

Edamame

Zucchini Mac n Cheese / Pasta Bar

Fruit Salad

Steamed Vegies

Penne with Tomato and Spinach Sauce / Pasta Bar

Fruit Salad

Roasted Courgette

Creamy Spinach and Tomato Spaghetti / Pasta Bar

Fruit Salad



**THURSDAY  
THEME DAY**

Starter

Main Regular

Main Vegetarian

Dessert

Lentil Salad

Beef Burguignon Stew with Mashed Potato

Mushroom Quiche with Garden Salad

Éclair



Caprese Salad

Chicken Milanese with Spaghetti Pomodoro

Gnocchi with Tomato Sauce

Tiramisu



Cheese Roll

Beef Kofta with Baked Potato

Vegetable Kofta with Baked Potato

Turkish Sweets



Potato and Leek Soup

Shepherd's Pie with Steamed Vegetables

Veggie Wellington with Steamed Vegetables

Sponge Cake with Lemon Pudding

