

Lunch Menu

FEB 01 - FEB 02

FEB 06 - FEB 09

FEB 13 - FEB 16

FEB 20 - FEB 23

FEB 27 - FEB 28

**MONDAY
CHICKEN**

Starter

Main Regular

Main Vegetarian

Dessert



Sweet Corn

Teriyaki Chicken and Broccoli with Pilaf Rice

Teriyaki Tofu with Pilaf Rice

Cranberry Flapjack Bar

Beetroot Salad

Sweet and Sour Chicken with Asian Rice

Eggplant Lasagne

Honey Flapjack Bar

Roasted Courgette

Chicken and Mushroom Lasagne

Vegetarian Lasagne

Date Flapjack Bar

Cauliflower

Butter Chicken with Basmati Rice

Tripple Bean Stew with Basmati Rice

Raisin Flapjack Ba

**TUESDAY
BEEF**

Starter

Main Regular

Main Vegetarian

Dessert



Sauteed Snow Peas / Homemade Soup

Beef Burger with Oven Fries

Veggie Burger with Oven Fries

Fruit Yogurt

Hummus / Homemade Soup

Beef Stew with Barley

Seasonal Veggie Stew with Barley

Fruit Yogurt

Cheese and Crackers / Homemade Soup

Beef Stuffed Potato

Bean Stuffed Potato

Fruit Yogurt

Mozzarella and Tomato Toastie / Homemade Soup

Braised Beef with Bulgur

Cauliflower Gratain with Bread Roll

Fruit Yogurt

**WEDNESDAY
VEGGIE**

Starter

Main Vegetarian

Dessert

Steamed Broccoli

Pumpkin Mac n Cheese / Pasta Bar

Fruit Salad

Roasted Pumpkin

Meat-free Spagnetti Bolonese / Pasta Bar

Fruit Salad

Baby Carrots

Penne with Broccoli Sauce / Pasta Bar

Fruit Salad

Green Beans

Baked Pasta / Pasta Bar

Fruit Salad



**THURSDAY
THEME DAY**

Starter

Main Regular

Main Vegetarian

Dessert

Corn on the Cob

Chicken Burrito

Veggie Burrito

Tres Leches



Papadum with Dal

Butter Chicken with Basmati Rice

Paneer Curry with Basmati Rice

Gulab Jamun



Spring Roll

Prawn Green Curry with Sticky Rice

Veggie Green Curry with Sticky Rice

Coconut Pudding



Edamame

Teriyaki Salmon with Japanese Rice

Teriyaki Tofu with Japanese Rice

Matcha Cake

